

November, 2022 Breakfast, Lunch & Supper

1st

BISCUITS & GRAVY OR
FRUIT STRUDEL

3-CHEESE CHICKEN BAKE
W/ GARLIC BREAD
MIXED VEGETABLES
SIDE SALAD
MANDARIN ORANGES

CHICKEN NACHOS
LETTUCE, TOMATO, SALSA
CHEESE SAUCE
FRUIT COBBLER

2nd

MINI PANCAKES W/ SYRUP

HOT HAM & CHEESE SANDWICH
BAKED BEANS
VEGETABLE BLEND
APPLE SLICES

OVEN-FRIED CHICKEN LEGS
SLICED BREAD & BUTTER
MASHED POTATOES W/ GRAVY
MIXED FRUIT SALAD

3rd

EGG & CHEESE BISCUIT

BEEF TACO SALAD
LETTUCE, TOMATO, SALSA
REFRIED BEANS
MEXICALI CORN
PEACHES
CHURROS

4th

BREAKFAST PIZZA

FISH NUGGETS
MACARONI & CHEESE
GREEN PEAS
MIXED FRUIT

7th

EGG & CHEESE
BREAKFAST BAR

SPAGHETTI & MEATSAUCE
W/ GARLIC BREAD
MIXED GREEN SALAD
GREEN BEANS
FROZEN JUICE CUP

BEEF HOT DOG ON BUN
BAKED BEANS
PEARS

8th

OATMEAL/MUFFINS

SLOPPY JOE
FRENCH FRIES
VEGETABLE BLEND
GRAPES

SWEET & SOUR CHICKEN
VEGETABLE FRIED RICE
EGG ROLL
PINEAPPLE

9th

FRENCH TOAST STICKS
W/ SYRUP

CHICKEN FRIED CHICKEN
MASHED POTATOES W/ GRAVY
PEAS & CARROTS
ORANGE SLICES

TATER TOT CASSEROLE
MIXED GREEN SALAD
MIXED VEGETABLES
TROPICAL FRUIT SALAD

10th

SAUSAGE EGG & CHEESE
ENGLISH MUFFIN

PEPPERONI PIZZA
MIZED GREEN SALAD
STEAMED BROCCOLI
PINEAPPLE

LOADED BAKED POTATO
W/ SLICED HAM, BACON BITS,
CHEESE, SOUR CREAM,
BROCCOLI, BLACK BEANS, SALSA
BROWNIE

11th

EGG & CHEESE BISCUIT

CHICKEN QUESADILLA
GOLDEN CORN
CHEESY REFRIED BEANS
PEACHES

14th

BREAKFAST PIZZA

CHEESEBURGER
WAFFLE FRIES
STEAMED CARROTS
GRAPES

FRENCH TOAST
SCRAMBLED EGGS
SAUSAGE
HASH BROWN TRIANGLES
PINEAPPLE

15th
EGG & CHEESE
BREAKFAST BAR

FRENCH BREAD PIZZA
GREEN BEANS
CORN
PINEAPPLE

CHICKEN TENDERS
MASHED POTATOES W/ GRAVY
COUNTRY BLEND VEGETABLES
STRAWBERRIES

16th
DONUT/OATMEAL

ROASTED TURKEY
FIXINS
PUMPKIN PIE

GRILLED CHEESE SANDWICH
FRENCH FRIES
FRUIT COCKTAIL

17th
PANCAKES W/ SYRUP

BEEF HOT DOG
TATER TOTS
MIXED VEGETABLES
APPLE SLICES

TAMALE PIE W/ CHEESE
GREEN BEANS
CORNBREAD
PEACHES
CHURROS

18th
EGG & CHEESE BISCUIT

LEMON PEPPER TILAPIA
DINNER ROLL
SAUTEED SPINACH
RED POTATOES
BANANA

21st
No School

22nd
No School

23rd
No School

24th
No School
Happy Thanksgiving

25th
No School

28th

BREAKFAST PIZZA

MANDARIN ORANGE CHICKEN
VEGETABLE FRIED RICE
STEAMED BROCCOLI
FRUIT COCKTAIL

EGG & CHEESE BEEF & CHEESE BURRITO
SALSA
MEXICAN RICE
REFRIED BEANS
PEARS

29th

BREAKFAST BAR

SALISBURY STEAK
ROLL
MASHED POTATOES W/ GRAVY
SAUTEED ONIONS & PEPPERS
MANDARIN ORANGES

OVEN-FRIED CHICKEN LEGS
SLICED BREAD & BUTTER
SCALLOPED POTATOES
MIXED FRUIT SALAD

30th

OATMEAL/MUFFINS

FIESTADA PIZZA
ROASTED CAULIFLOWER
GLAZED CARROTS
CINNAMON APPLES

MEATLOAF W/ ROLL
MASHED POTATOES W/ GRAVY
BROCCOLI
APPLESAUCE