## UNION HEIGHTS ELEMENTARY SCHOOL

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1FRENCH TOAST OR CEREAL <br> 1)LASAGNA ROLL 2) BBQ PORK TEXAS TOAST, CORN, BROCCOLI FLORETS, FRUIT, JUICE AND MILK CHOICE | 2 CHICKEN BISCUIT OR CEREAL <br> 1)CHICKEN TENDERS <br> 2)BAKED HAM ROLL, MASHED POTATOES, PEAS, FRUIT, JUICE AND MILK CHOICE | 3bLUEBERRY/ CHOCOLATE CHIP MUFFIN OR CEREAL <br> SAUSAGE, EGG, GRAVY, BISCUIT, TATER TOTS, TOMATOES, BAKED APPLES, JUICE AND MILK CHOICE | 4DUTCH WAFFLE OR CEREAL <br> 1)PIZZA <br> 2)CRISPY CHICKEN SANDWICH GREEN BEANS, FRESH VEGIES, FRUIT, JUICE AND MILK CHOICE | 5 SAUSAGE BISCUIT OR CEREAL <br> 1)FISH STICKS <br> 2)CORN DOG NUGGETS HUSHPUPPIES, MAC\&CHEESE, PINTO BEANS, FRUIT, JUICE AND MILK CHOICE |
| 8Pancakes or cereal <br> 1)Hamburger <br> 2)Hot dog <br> Sun chips, baked beans, fresh vegies, fruit, juice an milk choice | 9 Chicken biscuit or cereal <br> 1)Pork BBQ sandwich <br> 2)Cheese quesadilla Refried beans, corn, salsa, fruit, juice and milk choice | 10 Breakfast pizza or cereal <br> 1)Chicken enders <br> 2) Baked Ham Sister Schubert roll, mashed potatoes, peas, fruit, juice and milk choice | 11 Dutch waffle or cereal <br> 1)Pizza <br> 2)Crispy chicken sandwich Green beans, fresh vegies, fruit, juice and milk choice | 12 Sausage biscuit or cereal <br> 1)Fish sticks <br> 2)Pork Rib Patty Sister Schubert breadstick, fries, baked beans, fruit, juice and milk choice |
| 15 French toast or cereal <br> 1)2 mini chicken fillets <br> 2)Baked Ham <br> Sister Schubert roll, whole baby potatoes, corn, fruit, juice and milk choice | 16 Chicken biscuit or cereal <br> 1)Pizza <br> 2)Cheese stick w/marinara Sauce Green beans, fresh veggies, fruit, juice and milk choice | 17 Yogurt w/grahams or cereal <br> 1)Popcorn chicken <br> 2)Beef Teriyaki <br> Ramen noodles, sweet carrots, fresh steamed broccoli, fruit, juice and milk choice | 18 Pancakes or cereal <br> 1)Turkey/cheese sub <br> 2)Ham/cheese sub Chips, fresh vegies, fruit, juice and milk choice Cookie Sandwich toppings | 19 Managers choice or cereal <br> 1)Chicken sandwich <br> 2)Potluck choice French fries, fresh vegies, fruit, juice and milk choice |
| 22 Waffle or cereal <br> 1)Chicken tenders <br> 2)Cheese bites <br> Fresh steamed broccoli, whole baby potatoes, fresh veggies, fruit, juice and milk choice | 23 Chicken biscuit or cereal <br> 1)Soft pork taco <br> 2)Beef nachos Queso cheese, corn, refried beans, salsa, fruit, juice and milk choice | 24 French toast or cereal <br> 1)Turkey/cheese sub <br> 2)Ham/cheese sub Chips, baked beans, fruit, juice and milk choice <br> Cookie <br> Sandwich trimmings | 25 Dutch waffle or cereal <br> 1)Pizza <br> 2)Crispy chicken sandwich Green beans, fries, fresh vegies, fruit, juice and milk choice | 26 Managers choice or cereal <br> 1)BBQ Sandwich <br> 2)Pot luck choice Smiley fries, fresh vegies, fruit, juice and milk choice |
| 29 Sausage biscuit or cereal <br> 1)Popcorn chicken <br> 2)Beef Teriyaki Ramen noodles, sweet carrots, fresh steamed broccoli, fruit, juice and milk choice | 30 French toast or cereal <br> 1)Turkey/cheese sub <br> 2)Ham/cheese sub Chips, baked beans, fresh veggies, fruit, juice and milk choice Cookie Sandwich topping |  | Breakfast includes fruit and milk choices daily. Menu is subject to change due to product availability. | *In accordance with federal civil rights law and US Department of Agriculture CIVIL RIGHTS regulations and policies, this institution is prohibited from discriminating on the basis of race, color, sex (including gender identity and sexual orientation), disability, age or reprisal or retaliation for prior civil rights activity |

## NEWS

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A REIMBURSABLE MEAL.

