



BREAKFAST

OCTOBER 2023

Leland School District
PreK-12

"This institution is an equal opportunity provider"

Monday

Sausage Patty **2**
Grits
Cheese Toast
Assorted Cold Cereal
Fresh Fruit
Fruit Juice
Milk

Breakfast Pizza **9**
Grits
Assorted Cold Cereal
Assorted Toaster Pastry
Fresh Fruit
Assorted Fruit Juice
Milk

FALL BREAK 16

NO STUDENTS

Bacon **23**
Grits
Biscuits
Assorted Cold Cereals
Fresh Fruit
Fruit Juice
Milk
Jelly

Grits **30**
Sausage
Toast
Fresh/Chilled Fruit
Jelly
Milk

Tuesday

Cereal or Toaster Pastry **3**
Bacon
Oatmeal
Cheese Toast
Chilled Fruit
Fruit Juice
Milk

Sausage Pancake on a Stick **10**
Assorted Cold Cereal
Fresh Fruit
Fruit Juices
Milk

Breakfast Bagel **17**
Grits
Fresh/Chilled Fruit
Assorted Cereal
Assorted Muffins/Breakfast Breads
Milk

Chicken patty **24**
Oatmeal
Cheese Toast
Chilled Fruit
Assorted Cold Cereal
Fruit Juice
Milk
Jelly

Cheese Omelet **31**
Bacon Strips
Croissant
Assorted Cold Cereals
Chilled Fruit
Jelly
Milk

Wednesday

Chicken patty **4**
Oatmeal
Cheese Toast
Chilled Fruit
Assorted Cold Cereal
Fruit Juice
Milk
Jelly

Bacon Strips **11**
Scrambled Egg Patty
Grits
Assorted Cold Cereal
Chilled Fruit
Assorted Fruit Juice
Milk

Sausage **18**
Biscuit or Croissant
Fresh/Chilled Fruit
Assorted Cereal
Milk

Breakfast Burrito **25**
Grits
Assorted Cold Cereal
Fresh Fruit
Chilled Fruit
Milk

Thursday

Breakfast Burrito **5**
Grits
Assorted Cold Cereal
Fresh Fruit
Chilled Fruit
Milk

Waffles w/syrup **12**
Chicken Pattie
Cold Cereals
Fresh Fruit
Fruit Juice
Milk

French Toast Stick **19**
Bacon or Ham
Fresh/Chilled Fruit
Milk
Syrup

Breakfast Bagel **26**
Toaster Pastry
Assorted Cold Cereal
Fruit Cup
Fresh Fruit
Milk

Friday

Cheese Omelet **6**
Bacon Strips
Croissant
Assorted Cold Cereals
Chilled Fruit
Jelly
Milk

Sausage Patty **13**
Hash brown
Egg Patty
Assorted Cold Cereal
Fresh Fruit
Fruit Juice
Milk

Breakfast Burrito **20**
Grits
Muffin Loaves
Assorted Cold Cereals
Fruit Juices
Fresh Fruit
Milk

Sausage and Biscuit **27**
Assorted Cold Cereal
Fruit Juices
Fresh Fruit
Jelly
Milk



"Menu subject to change without notice"