

Grief & Loss

Many in our community are grieving due to the struggles we have experienced over the past two years. We might be grieving someone we knew and cared for, feeling sympathy for the family and loved ones, or being reminded of losses we have experienced. The TCSD extends its deepest sympathy and support to those struggling with grief.

Grief can appear differently for us all, depending on our age, experience with loss and relationships. Whatever you are experiencing, we want you to know that you are not alone and that support is available on campus and in our community.

If you are a student or a parent who has a student struggling with grief, please reach out to the guidance counselor at your school site or you can contact Mr. Paul Peavy our TCSD Mental Health Coordinator at paul.peavy@taylor.k12.fl.us or 850-838-2506.

If you are a parent of a TCSD student and are struggling with grief remember that the Taylor County School District has partnered with Care Solace to support our community's mental health.

Care Solace is a complimentary and confidential service provided to students, staff, and their families by Taylor County School District.

If you would like to use Care Solace to help you find a provider:

- Call 888-515-0595 available 24/7/365 in any language.
- Visit www.caresolace.com/taylorcounty and either search on your own , OR click "Book Appointment" for assistance by video chat, email, or phone.

In an emergency:

- Call 911 or and request a Crisis Intervention Trained (C.I.T.) response
- Go to the closest emergency room for support
- Text “Hello” or “Home” to 741741 to connect with support
- Trevor Lifeline LGBTQQ+ Crisis Support: 1-866-488-7386
- Call the National Suicide Prevention Lifeline at 1-800-273-8255
 - English: 800-273-TALK
 - Español: 888-628-9454
 - TTY: 800-799-4889
 - Online chat: [suicidepreventionlifeline.org](https://www.suicidepreventionlifeline.org)