NOVEMBER 2025 BREAKFAST Student Breakfast: FREE Adult Breakfast: \$2.84 Rappahannock County Elementary School Thursday Wednesday Friday Monday **Tuesday** Daily Offerings: Fresh Fruit **Fruit Juice** Milk Choice *Students Must Select 1/2 cup Fruit or Juice with Breakfast Sausage Egg Biscuit Panther Sandwich Sausage Gravy & Biscuit Ham, Egg, & Cheese Breakfast Pizza French Toast Sticks Muffin & Yogurt Muffin & Yogurt Fruit & Yogurt Parfait Croissant Cereal & Grahams Cereal & Grahams Cereal & Grahams **Pancakes** Cereal & Grahams Cereal & Grahams 10 13 Sausage Egg Biscuit Sausage Gravy & Biscuit Ham, Egg, & Cheese Breakfast Pizza Panther Sandwich Muffin & Yogurt Croissant Muffin & Yogurt French Toast Sticks Fruit & Yogurt Parfait Cereal & Grahams **Pancakes** Cereal & Grahams Cereal & Grahams Cereal & Grahams Cereal & Grahams 18 20 Breakfast Pizza Sausage Egg Biscuit Panther Sandwich Sausage Gravy & Biscuit Ham, Egg, & Cheese Muffin & Yogurt Fruit & Yogurt Parfait Muffin & Yogurt French Toast Sticks Croissant Cereal & Grahams Cereal & Grahams Cereal & Grahams Cereal & Grahams **Pancakes**

Thanksgiving Holiday

Thanksgiving Holiday

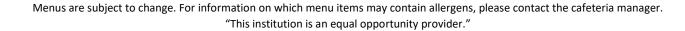
Thanksgiving Holiday

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Cereal & Grahams

Thanksgiving Holiday

Thanksgiving Holiday







NOVEMBER 2025

Rappahannock County Elementary School

Student Lunch: FREE Adult Lunch: \$4.82



 $Menus\ are\ subject\ to\ change.\ For\ information\ on\ which\ menu\ items\ may\ contain\ allergens,\ please\ contact\ the\ cafeteria\ manager.$

"This institution is an equal opportunity provider."

