

NOVEMBER 2025

Rappahannock County Elementary School

Student Breakfast: FREE
Adult Breakfast: \$2.84

Monday

Tuesday

Wednesday

Thursday

Friday

Daily Offerings:

Fresh Fruit
Fruit Juice
Milk Choice

***Students Must Select 1/2 cup Fruit or Juice with Breakfast**

3
Sausage Egg Biscuit
French Toast Sticks
Cereal & Grahams

4
Panther Sandwich
Fruit & Yogurt Parfait
Cereal & Grahams

5
Sausage Gravy & Biscuit
Muffin & Yogurt
Cereal & Grahams

6
Ham, Egg, & Cheese
Croissant
Pancakes
Cereal & Grahams

7
Breakfast Pizza
Muffin & Yogurt
Cereal & Grahams

10
Sausage Egg Biscuit
French Toast Sticks
Cereal & Grahams

11
Panther Sandwich
Fruit & Yogurt Parfait
Cereal & Grahams

12
Sausage Gravy & Biscuit
Muffin & Yogurt
Cereal & Grahams

13
Ham, Egg, & Cheese
Croissant
Pancakes
Cereal & Grahams

14
Breakfast Pizza
Muffin & Yogurt
Cereal & Grahams

17
Sausage Egg Biscuit
French Toast Sticks
Cereal & Grahams

18
Panther Sandwich
Fruit & Yogurt Parfait
Cereal & Grahams

19
Sausage Gravy & Biscuit
Muffin & Yogurt
Cereal & Grahams

20
Ham, Egg, & Cheese
Croissant
Pancakes
Cereal & Grahams

21
Breakfast Pizza
Muffin & Yogurt
Cereal & Grahams

24
Thanksgiving Holiday

25
Thanksgiving Holiday

26
Thanksgiving Holiday

27
Thanksgiving Holiday

28
Thanksgiving Holiday

Menus are subject to change. For information on which menu items may contain allergens, please contact the cafeteria manager.

"This institution is an equal opportunity provider."

NOVEMBER 2025

Rappahannock County Elementary School

Student Lunch: FREE

Adult Lunch: \$4.82

Monday

Daily Offerings:
Salad Bar
Baked Potato
PBJ
Fresh Fruit
Milk Choice

Tuesday

Wednesday

Thursday

Friday

***Students Must Select 1/2 Cup Vegetable or Fruit with Lunch**

3
Chicken Bacon Ranch Wrap
Potato Wedges
Green Beans

4
Nachos
Fiesta Corn
Refried Beans
Salsa

5
Fresh Baked Pizza
French Fries
Tomato Cucumber Salad

6
Vegetable Beef Soup w/
PBJ Sandwich
Rosemary Potatoes
Fresh Romaine Salad

7
Chicken Nuggets w/ Roll
French Fries
Carrots

10
Tangerine Chicken
Vegetable Fried Rice
Broccoli

11
Sloppy Joe
Potato Rounds
Fresh Coleslaw

12
Fresh Pizza
French Fries
Fresh Bell Peppers

13
Cheese Ravioli
Breadstick
Carrots

14
Chicken Tenders w/
Roll
French Fries
Baked Beans

17
Chicken Sandwich
Potato Wedges
Carrots

18
Tacos w/
Lettuce, Tomato, & Cheese
Fiesta Rice
Refried Beans

19
Thanksgiving Meal
Turkey with Stuffing
Mash Potatoes & Gravy
Green Beans & Corn Pudding
Fresh Applesauce
Pumpkin Pie

20
Tomato Soup w/
Grilled Cheese
Tater Tots
Fresh Romaine Salad

21
Corn Dog
French Fries
Baked Beans

24
Thanksgiving Holiday

25
Thanksgiving Holiday

26
Thanksgiving Holiday

27
Thanksgiving Holiday

28
Thanksgiving Holiday

Menus are subject to change. For information on which menu items may contain allergens, please contact the cafeteria manager.

"This institution is an equal opportunity provider."

Harvest of the Month – Cabbage