

FEBRUARY Breakfast Menu 2024

Health-e Pro 

MON	TUE	WED	THU	FRI
			1 Mini Waffles Strawberry Cup Grape Juice Milk	2 Scooby Doo Crackers/ Yogurt Sliced Peaches Blueberries Milk
5 Benefit Bar Dragon Punch Mixed Fruit Milk	6 Sausage Pattie French Toast Applesauce Fruit Punch Milk	7 2-Hour Late Start COOKS CHOICE Pineapple Fresh Orange Milk	8 Apple Filled Donut Peaches Apple Juice Milk	9 Breakfast Sausage Pizza Applesauce Pears Milk
12 Brekkie Bar Apple Juice Peaches Milk	13 Egg/Cheese Bagel Pears Grapes Milk	14 Mini Waffles Fresh Orange Strawberries Milk Syrup	15 Mini Pancake Wraps Apple Juice Pineapple Milk	16 Apple filled Donut Dragon Punch Pears Milk
19 NO SCHOOL	20 Sausage Breakfast Pizza Applesauce Fruit Punch Milk	21 Cereal Blueberries Pears Milk	22 Blueberry Waffles Pineapple Grape Juice Milk	23 Dutch Waffle Strawberry Cup Orange Juice Milk
26 Benefit Bar Dragon Punch Mixed Fruit Milk	27 Ham/English Muffin Pineapple Grape Juice Milk	28 Sausage French Toast Applesauce Fruit Punch Juice Milk	29 Egg/Cheese Bagel Strawberry Cup Grape Juice Milk	

ANNOUNCEMENTS

February 7-2 Hour Late Start
February 19th NO SCHOOL
 Breakfast requirements

Students must select at least 3 food items
 Fruit/Vegetable at least ½ cup- required
 Grains OR Meat/Meat Alternate OR Milk + }
 Students must select at least 3 food items

A food component is one of the required food groups (fruit/vegetable, grains, meat/ meat alternate and milk). A food item is a specific food offered. Some menu items may be planned to count as two items. For example, a large muffin may count as two grain items. Another example, breakfast pizza may count as a grain and a meat/meat alternate.

MEAL PRICES

Students receive
Free Breakfast

This institution is an equal
 opportunity provider.

FEBRUARY Lunch Menus 2024

Health-e Pro 

MON	TUE	WED	THU	FRI
			1 Macaroni & Cheese Broccoli Garden Salad Peaches, Kiwi Bread Milk	2 Chicken & Cheese Quesadilla Garden Salad Cooked Carrots Salsa Grapes, Apple Milk
5 Chili/Cheese Corn Bread Garden Salad Celery Baby Carrots Applesauce Mango Frozen Juice Cup Milk	6 ^{WG} Chicken Pattie/Bun Garden Salad Baked Beans Red Pepper Apple Slices Pineapple Milk	7 Pepperoni French Bread Pizza Garden Salad Corn Grapes, Pears Milk	8 Cream Chicken/Biscuit Garden Salad Green Beans Strawberries Applesauce Milk	9 Cheeseburger/Bun Garden Salad French Fries Mandarin Orange Mixed Fruit Milk
12 Pulled Pork/Bun Garden Salad Cole Slaw, Baked Beans Pineapple Pears Milk	13 Beef Nachos/Chips Garden Salad Salsa Red pepper Mixed Fruit Apple Milk	14 French Bread Garlic Cheese Pizza Garden Salad Marinara Dip Corn Mango Frozen Juice Cup Peaches Milk	15 ^{PK-2} Chicken Fillet/ 3-12 Sweet & Sour Chicken/Rice Garden Salad Cucumber Stir Fry Vegetables Applesauce Grapes Milk	16 K-2 Pull apart cheesy Bread 3-12 Bosco Sticks Tomato Soup Garden Salad Celery Strawberries Mandarin Oranges Milk
19 NO SCHOOL	20 Sloppy Joe Tater Tots Garden Salad Pickle Mixed Fruit Mandarin Oranges Milk	21 Chicken Nacho Garden Salad, Tomato Red Pepper Chips Peaches Strawberries Milk	22 Beef Gravy/Mashed Potatoes Garden Salad Green Beans Applesauce Pears Bread, Milk	23 Pizza Crunchers Garden Salad Baked Beans Marinara Sauce Mandarin Oranges Grapes Milk
26 Hot Dog/Bun Garden Salad Baked Beans Watermelon, Peaches Milk	27 ^{National Strawberry Day!} Beef Taco Bar/Cheese Garden Salad, Tomato Refried Beans Strawberries, Mandarin Oranges Chips Milk	28 Crispito/Cheese Garden Salad, Broccoli Salsa Mixed Fruit, Kiwi Bread Milk	29 ^{PK-2} -Popcorn Chicken 3-12-Mandarin Orange Chicken Rice Pilaf Garden Salad Stir Fry Vegetables Cucumber Applesauce, Grapes Milk	

ANNOUNCEMENTS

February 7th-2 hour Late Start
February 19th No School
Lunch Requirements Students
must select at least 3 food

items

Fruit/Vegetable Required

Grains

Meat/Meat Alternate

Milk

Students must select at least 3
food components

MENU SUBJECT TO CHANGE

This institution is an equal
opportunity provider.

MEAL INFORMATION & PRICES

School Lunches-Free
Served Daily

Grades 3-12-Offered:
Salad Bar

Grades 7-12 Offered:
Chef Salad

Parfait

Cold Sandwich

All items include Fruit ,Vegetable,
Grain & Milk

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