

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU

JUNE 2024

6/03-6/07



All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk or nonfat chocolate milk!

The Main Menu

Monday

Steak + Cheese on Ciabatta Roll



Oven Baked Potatoes

Tuesday

Taco Tuesday!
Seasoned Beef w/Lettuce/Tomato/Shredded Cheddar

Sour Cream + Salsa
Brown Rice
Refried Beans



Wednesday

Pasta w/Meat Sauce

Tossed Garden Salad with **Local Radishes from Hungry Reaper Farm!**



Thursday

Chicken Nuggets w/Whole Grain Biscuit

Roasted Vegetable

Friday

Last Day of School!

Pizza



Assorted Vegetables w/Rach Dip

Alternate Lunch

Pizza Crunchers

or

Chili Bowl w/Shredded Cheddar & Whole Grain Dinner Roll



Pizzeria Style Pizza

or

Lasagna or Ravioli



Smoothie w/Hot Pretzel

or

Hamburger or Cheeseburger on Whole Grain Bun



Spicy Chicken Patty on Whole Grain Bun

or

Hot Dog on Whole Grain Roll



Bosco Sticks w/Marinara Sauce

or

Hamburger or Cheeseburger on Whole Grain Bun



The SMS Deli

BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Mixed Pepper Strips, Onions, Olives



Salad of the Week:
Chef Salad



Other Options:
Yogurt Parfait, Pretzel Meal

FRESH SALADS & More




Free Summer Meals!
Comidas de Verano Gratis!

Kids and teens 18 and under
Niños y adolescentes de 18 años y menos

EHC! **NOKID HUNGRY** **CSDE**

FOR SITES NEAR YOU, CALL/LLAME **211**
TEXT **CTmeals** TO **877877**
www.CTSummerMeals.org

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

Food Service Department has Open Positions and is Hiring!
Please Contact (860)-354-3712 for further information.



Menu subject to change - This institution is an equal opportunity provider