

Monday Tuesday Wednesday Thursday Friday

Grilled Fajita Salad
California Veggies
Confetti Coleslaw
Fresh Fruit Bowl
Fruit Cocktail
Oatmeal Raisin Cookie
Low Fat Milk
Chocolate Milk

7

14

21

Chili Cheese over Chips Mexican Pizza Grilled Cheese Sandwich Ham and Turkey Grilled Fajita Salad on Bun Chicken Tenders Salad **Trimmings** Bake Chips Whole Kernel Corn Broccoli Salad Fresh Bananas Fruit Cocktail Mayonnaise Mustard Low Fat Milk Chocolate Milk

8

Manager's Choice
Manager's Choice Salad
Spicy Fries
Spinach Salad
Fruit Slushes
Fresh Fruit Bowl
Ketchup
Tartar Sauce
Chocolate Milk
Fat Free Milk

Manager's Choice
Managers Choice Salad
Steamed Rice
Italian Sliced Carrots
Mixed Vegetables
Fresh Fruit Bowl
Fresh Fruit Cup
Cornbread
Chocolate Milk
Fat Free Milk

6

13

20

Manager's Choice
Fruit and Yogurt Plate
Criss Cut Sweet Potatoes
Confetti Coleslaw
Fresh Pears
Fresh Bananas
Chocolate Chip Cookie
Low Fat Milk
Chocolate Milk

Manager's Choice
Chef Salad
California Vegetables M5785
Raw Veggies with Dip
Waldorf Fruit Salad
Fresh Oranges
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

Manager's Choice Chef Salad Cheesy Broccoli Steamed Carrots Fresh Fruit Bowl Assorted Fruit Juices Fat Free Milk Chocolate Milk

Manager's Choice
Managers Choice Salad
Fried Brown Rice
Carrots and Red Peppers
with Dip
Green Peas
Frozen Fruit Juice Cups
Fresh Fruit Bowl
Whole Wheat Roll
Chocolate Milk

Fat Free Milk

Manager's Choice Chef Salad Vegetable Juice Baked Beans Flavored Raisins Chilled Peach Slices Chocolate Milk Fat Free Milk Manager's Choice
Managers Choice Salad
Whole Kernel Corn
Marinated Tomato and
Cucumber Salad
Pineapple Tidbits
Fresh Fruit Bowl
Yeast Roll
Chocolate Milk
Fat Free Milk
Brownies

Manager's Choice
Grilled Fajita Salad
Steamed Broccoli Florets
Black-Eyed Peas
Fresh Oranges
Fruited Gelatin
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

Manager's Choice
Managers Choice Salad
Criss Cut Sweet Potatoes
Cheesy California
Veggies
Chilled Peaches
Fresh Bananas
Fat Free Milk
Chocolate Milk

16

19

12

Manager's Choice
Chef Salad
California Veggies
Crinkle Cut Fries Baked M611
0
Fresh Fruit Bowl
Fruit Cocktail
Whole Wheat Roll

Low Fat Milk

Chocolate Milk

Manager's Choice
Tuna Salad with Crackers
Southern Mustard Greens
Field Peas
Fresh Grapes
Frozen Fruit Juice Cups
Cornbread
Low Fat Milk
Chocolate Milk

Manager's Choice
Manager's Choice Salad
Bake Chips
Baby Carrots with Dip
Tropical Flavor
Vegetable Juice
Fresh Bananas
Sliced Apples and Grapes
Snack Cookies
Low Fat Milk
Chocolate Milk

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GPSD High School Lunch Menu Menu Subject to Change

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