



GHOLSON ISD
SEPTEMBER 2025 - BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. NO SCHOOL LABOR DAY	2. CHOCOLATE CHIP OATMEAL BAR CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	3. WAFFLES/SAUSAGE LINK CEREAL TOAST APPLESAUCE JUICE MILK	4. BREAKFAST PIZZA CEREAL TOAST MANDARIN ORANGES JUICE MILK	5. APPLE CINNAMON MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
8. CHICKEN BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	9. POWDER DONUTS CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	10. BAGEL CEREAL TOAST APPLESAUCE JUICE MILK	11. BREAKFAST POCKET CEREAL TOAST MANDARIN ORANGES JUICE MILK	12. CHOCOLATE DONUTS CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
15. HAM, EGG & CHEESE BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	16. HONEY BUN CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	17. PANCAKE ON A STICK CEREAL TOAST APPLESAUCE JUICE MILK	18. CINNAMON TOAST CEREAL TOAST MANDARIN ORANGES JUICE MILK	19. BLUEBERRY MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
22. SAUSAGE BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	23. CINNAMON ROLL CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	24. MINI PANCAKES W SAUSAGE LINK CEREAL TOAST APPLESAUCE JUICE MILK	25. BAGEL PIZZA CEREAL TOAST MANDARIN ORANGES JUICE MILK	26. CHOCOLATE MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
29. BACON, EGG & CHEESE BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	30. DONUT CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK			

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school.

For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable.

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