# September 2024

## **BREAKFAST MENU**

### Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
LABOR DAY				
9	10	11	12	13
	Croissant	Steak Biscuit	Cheese Toast	Grits
	w/Sausage, Egg &	Fruit	Sausage	Sausage Patty
	Cheese	Milk/Juice	Fruit	Fruit
	Fruit	Cereal/Milk	Milk/Juice	Milk
	Milk/Juice		Cereal/Milk	Juice
	Cereal/Milk			
16	17	18	19	20
Chicken Biscuit	Scrambled Eggs	Pancakes w/Syrup	Croissant w/Ham,	Grits
Fruit	Sausage	Sausage link	Egg and Cheese	Bacon
Milk/Juice	Yogurt	Fruit	Fruit	Fruit
Cereal/Milk	Milk/Juice	Milk/Juice	Milk/Juice	Milk/Juice
	Cereal/Milk	Cereal/Milk	Cereal/Milk	Cereal/Milk
23	24	25	26	27
Sausage Biscuit	Cheese Toast	Croissant	French Toast Sticks	Grits
Yogurt	Sausage	w/Sausage, Egg &	Syrup	Sausage
Milk/Juice	Fruit	Cheese	Fruit	Fruit
Cereal/Milk	Milk/Juice	Yogurt	Milk/Juice	Milk/Juice
	Cereal/ Milk	Milk/Juice	Cereal/Milk	Cereal/Milk
		Cereal/Milk		
30				
Steak Biscuit				
Fruit				Fruits Grains
Milk/Juice				Negotialist .
Cereal/Milk				Protein
				Choose <b>MyPlate</b> gov

## September 2024

## **LUNCH MENU**

#### Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
LABOR DAY	Hamburger French Fries Butter Beans Fruit Milk/Juice	Pork Chops Collard Greens Mashed Potatoes Roll Fruit Milk/Juice	Taco Salad Corn on the Cob Fruit Milk/Juice Cookies	Spaghetti w/Meat Salad Corn on the Cob Roll Fruit Milk/Juice
9	10	11	12	13
Beef Tips n Gravy Rice Broccoli w/ Cheese Roll Fruit Milk/Juice	Steak Nuggets Mashed Pot. Gravy English Peas Roll Fruit Milk/Juice	Hot Wings Oven Fries Green Beans Fruit Milk/Juice	Hamburger French Fries Butter Beans Fruit Milk/Juice	Baked Chicken Breast Baby Lima Beans Potato Wedges Roll Fruit Milk/Juice
16	17	18	19	20
Chicken Alfredo Salad Broccoli w/Cheese Roll Fruit/Jello Milk/Juice	Sausage Dog Peppers/Onions French Fries Whole Kernel Corn Fruit Milk/Juice	Beef a Roni Green Beans Salad Roll Fruit Milk/Juice	Pizza Whole Kernel Corn Salad Fruit/Jello Milk/Juice	Chicken Sandwich French Fries Cal. Blend Veg. Fruit Milk/Juice Cake
23	24	25	26	27
Chicken Bites Mac n Cheese Green Beans Roll Fruit Milk/Juice	BBQ Pork Sand. French Fries Green Beans Fruit/Jello Milk/Juice	Spaghetti w/Meat Corn on the Cob Salad Roll Fruit Milk/Juice	Turkey, Ham & Cheese Sub Lettuce/Tomato Nacho Chips Fruit Milk/Juice	Salisbury Steak Rice/Gravy Collard Greens Roll/Cornbread Fruit Milk/Juice Cookies
30				
Baked Chicken Breast Baby Lima Beans Potato Wedges Roll Fruit Milk/Juice				Choose My Plate gov