



Monday

Tuesday

Wednesday

Thursday

Friday

1

Mexican Pizza
Tuna Salad on
Croissant Bun
Spanish Rice
Broccoli Salad
Krinkle Cut
Sweet Potatoes
Fresh Fruit Bowl
Flavored Raisins
Graham Crackers
Fat Free Milk

2

Bacon Cheese Burger
Fruit and Yogurt Plate
Tomatoes & Carrots w/Dip
Seasoned Green Beans
Chilled Peaches
Fresh Fruit Bowl
Mayonnaise
Mustard
Ketchup
Fat Free Milk

3

Chicken w/General Tso
Manager's Choice Salad
Baked Ranch Fries
Tossed Salad w/ Dressing
Fruit Slushes
Banana Berry Blend
Whole Wheat Roll
Ranch Dressing
Fat Free Milk

4

Country Fried Steak
Chef Salad
Carrot/Celery/Cucumber
w/Dressing
Mashed Potatoes
Fresh Fruit Bowl
Tropical Fruit
Whole Wheat Roll
Fat Free Milk

7

Baked Pork Chop
Managers Choice Salad
Fried Brown Rice
Carrots and Red Peppers
with Dip
Pinto Beans
Frozen Fruit Juice Cups
Fresh Fruit Bowl
Cornbread
Fat Free Milk

8

Corn Dog
Grilled Fajita Salad
Seasoned Potato Wedges
Tex Mex Style Beans
Pear and Kiwi Medley
Assorted Fruit Juices
Fat Free Milk

9

Cheesy Chicken Over/Rice
Tuna Salad on
Croissant Bun
Spinach Salad
Field Peas
Fresh Grapes
Frozen Fruit Juice Cups
Cornbread
Low Fat Milk

10

Baked Fish Scandia
Chef Salad
Tomatoes & Carrots w/Dip
Crinkle Cut Fries
Fresh Apples
Chilled Mandarin
Oranges
Hushpuppies
Fat Free Milk

11

Ham and Turkey
on Bun
Trimnings
Tuna Ranch Wrap M4355
Bake Chips
French Fries
Broccoli Salad
Tangerines
Calico Fruit
Mayonnaise
Mustard
Low Fat Milk

14

Hamburger Pie with Tater
Tots
Chef Salad
Vegetable Juice
Whole Kernel Corn
Flavored Raisins
Chilled Peach Slices
Fat Free Milk

15

Red Beans and Rice
with Sausage
Grilled Fajita Salad
Green Peas
Marinated Tomato and
Cucumber Salad
Pineapple Tidbits
Fresh Fruit Bowl
Whole Wheat Roll
Fat Free Milk

16

Chicken Baked BBQ M3000
Chef Salad
Steamed Broccoli Florets
Mashed Potatoes with
Cheese
Fresh Fruit Cup
Fruited Gelatin
Cornbread
Fat Free Milk

17

18

Beefy Nachos Grande
Managers Choice Salad
Criss Cut Sweet Potatoes
Cheesy California
Veggies
Chilled Peaches
Fresh Bananas
Fat Free Milk

21

Chicken Nuggets
Tuna Salad with Crackers
Spicy Fries
Spinach Salad
Fruit Slushes
Fresh Fruit Bowl
Yeast Roll
Variety of Dipping Sauce
Ketchup
Fat Free Milk

22

Hamburger Steak w/ Gravy
Managers Choice Salad
Steamed Rice
Italian Sliced Carrots
Mixed Vegetables
Fresh Fruit Bowl
Fresh Fruit Cup
Cornbread
Fat Free Milk

23

BBQ Pork Sandwich
Grilled Chicken Salad
Baked Beans
Confetti Coleslaw
Fresh Pears
Waldorf Fruit Salad
Low Fat Milk

24

Spaghetti & Meat Sauce
Chef Salad
Cheesy Broccoli
Raw Veggies with Dip
Fresh Oranges
Fresh Bananas
Whole Wheat Garlic Toast
Fat Free Milk

25

Sausage Pizza
Chicken Salad w/Crackers
Oven Baked Potato wedges
Steamed Carrots
Fresh Fruit Bowl
Assorted Fruit Juices
Fat Free Milk

28



29

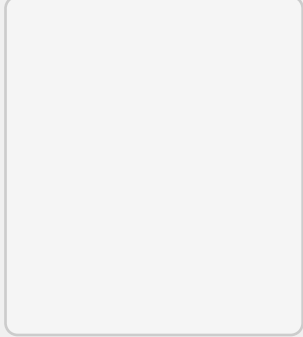
Mexican Pizza
Tuna Salad on
Croissant Bun
Spanish Rice
Broccoli Salad
Krinkle Cut
Sweet Potatoes
Fresh Fruit Bowl
Flavored Raisins
Graham Crackers
Fat Free Milk

30

Chicken w/General Tso
Manager's Choice Salad
Whole Green Beans
Tossed Salad w/ Dressing
Fruit Slushes
Fresh Fruit Cup
Whole Wheat Roll
Ranch Dressing
Fat Free Milk

31

Bacon Cheese Burger
Fruit and Yogurt Plate
Tomatoes & Carrots w/Dip
Baked Ranch Fries
Banana Berry Blend
Fresh Fruit Bowl
Mayonnaise
Mustard
Ketchup
Fat Free Milk



GPSD Pre-K School Lunch Menu
Menu Subject to Change

"This Institution is an Equal Opportunity Provider"