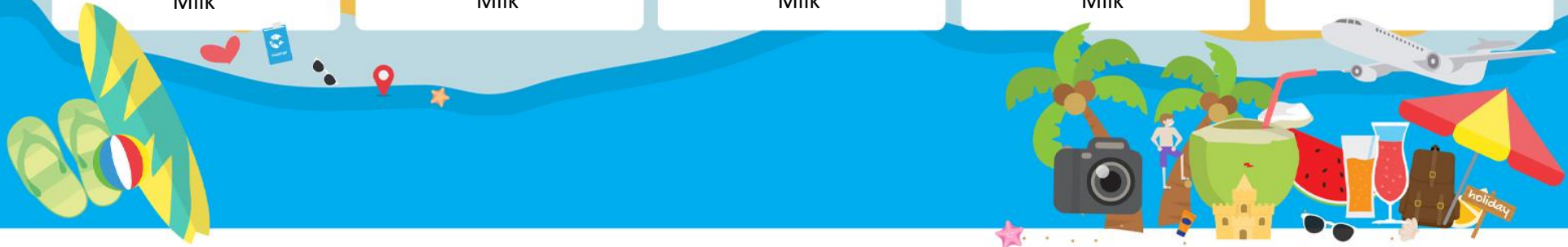


# JUNE 2024

Heron Lake Okabena #330

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Hamburger/ Bun Fries Veggies/Fruit Milk</p>	<p><b>4</b></p> <p>Chicken Strips Green Beans Veggies/Fruit Milk</p>	<p><b>5</b></p> <p>BBQ on Bun Baked Beans Veggies/Fruit Milk</p>	<p><b>6</b></p> <p>Soft Shell Beef Taco Corn Veggies/Fruit Milk</p>	<p><b>7</b></p>
<p><b>10</b></p> <p>Rib B Que/ Bun Baked Potato Veggies/Fruit Milk</p>	<p><b>11</b></p> <p>Hot Dog/ Bun Baked Beans Veggies/Fruit Milk</p>	<p><b>12</b></p> <p>Cheese Pizza Roasted Broccoli Veggies/Fruit Milk</p>	<p><b>13</b></p> <p>Chicken Nuggets Corn / Bread Veggies/Fruit Milk</p>	<p><b>14</b></p>
<p><b>17</b></p> <p>Chicken Patty / Bun Steamed Carrots Veggies/Fruit Milk</p>	<p><b>18</b></p> <p>Goulash Green Beans /Bread Veggies/Fruit Milk</p>	<p><b>19</b></p> <p>No Meal Today (Juneteenth)</p>	<p><b>20</b></p> <p>Pizza Crunchers Marinara / Peas Veggies/Fruit Milk</p>	<p><b>21</b></p>
<p><b>24</b></p> <p>Corn Dog Baked Beans Veggies/Fruit Milk</p>	<p><b>25</b></p> <p>Breaded Cheese Stix Marinara/ Green Beans Veggies/Fruit Milk</p>	<p><b>26</b></p> <p>BBQ on Bun Tater Tots Veggies/Fruit Milk</p>	<p><b>27</b></p> <p>Chicken Tacos/Hard Shell Corn Veggies/Fruit Milk</p>	<p><b>28</b></p>



This institution is an equal opportunity provider      MENU IS SUBJECT TO CHANGE  
 Allergy information: Menus may contain one or more of the following ingredients –  
 milk, eggs, soybeans, wheat, or tree nuts

*Our School District participates in the USDA Child Nutrition Programs. The U.S. Department of Agriculture (USDA) has developed a civil rights statement for use in its various programs. The purpose of the civil rights statement is to inform applicants, participants and potentially eligible persons of the policy of nondiscrimination and the procedure for filing a civil rights complaint to the USDA.*

**USDA Child Nutrition Programs Nondiscrimination Statement:**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- (1) **mail:** U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
- (2) **fax:** (833) 256-1665 or (202) 690-7442; or
- (3) **email:** [program.intake@usda.gov](mailto:program.intake@usda.gov)

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