

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Bessemer City Schools

Month and year of current assessment: September 2024

Date of last Local Wellness Policy revision: July 2024

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: <https://content.myconnectsuite.com/api/documents/45fb87ea91eb467d90260ad61fa47f08.pdf>

Wellness Committee Information

How often does your district wellness committee meet? Annually

District Wellness Coordinator

Name	School	Job Title	Email Address
Sharon Sanders	CNP- BOE	CNP Director	shsanders@bessk12.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Sharon Sanders	CNP - BOE	CNP Director	shsanders@bessk12.org

District Wellness Committee Members

Name	School	Job Title	Email Address
Mildred Posey	Abrams ES	Principal	mposey@bessk12.org
Shayla McCray	Student Services	Director of Student Services	smmray@bessk12.org
Jennifer Gilbert	Federal Programs	Secretary	kgilbert@bessk12.org
Kimberly Gaston	Federal Programs	Parent Homeless Liaison	kgaston@bessk12.org
Stoney Pritchett	Bessemer City HS	Principal	sritchett@bessk12.org
Conswella Sager	AFT	AFT Rep	N/A
Katrina Underwood	Westhills	Math Specialist	kunderwood@bessk12.org
Mekko Williams	Hard ES	Media Specialist	mwilliams@bessk12.org
Patrick Evans	Jonesboro ES	Teacher	pevans@bessk12.org
Vicki May	BCMS	Teacher	vmay@bessk12.org

*See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- _____ Alliance for a Healthier Generation Model Policy
- X WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- _____ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

Bessemer City Schools is committed to developing and maintaining a comprehensive plan to implement and manage its Wellness Policy. To ensure alignment with best practices and federal guidelines, the **WellSAT 3.0** assessment tool was used to compare the Bessemer City Schools Wellness Policy to the USDA's Model Wellness Policy. This tool evaluates the comprehensiveness and strength of the policy across six key areas.

1. Nutrition Education
2. Standards for USDA Child Nutrition Programs and School Meals
3. Nutrition Standards for Competitive and Other Foods and Beverages
4. Physical Education and Physical Activity
5. Wellness Promotion and Marketing
6. Implementation, Evaluation and Communication

WellSAT 3.0 Scorecard Summary:

<u>Section</u>	<u>Comprehensiveness Score</u>	<u>Strength Score</u>
Nutrition Education	88	38
Standards for USDA Child Nutrition Programs & Meals	67	67
Nutrition Standards for Competitive & Other Foods	69	54
Physical Education and Physical Activity	69	50
Wellness Promotion and Marketing	42	8
Implementation, Evaluation, and Communication	100	8

Overall District Policy Score:

- **Comprehensiveness:** 73
- **Strength:** 51

Comprehensiveness scores refers to whether the policy addresses each component of school wellness. A higher comprehensive score indicates that the policy covers the important area of wellness, providing a broad framework for implementation.

The Strength score assesses how strongly the policy mandates or enforces the wellness activities it outlines. A higher strength score means that the policy uses definitive language, requiring compliance rather than merely suggesting or encouraging actions.

The assessment results indicated that while Bessemer City Schools has developed a comprehensive wellness policy, with an overall score of 73, there is significant room to strengthen certain area. The overall strength score of 51 suggest that while many wellness activities are addressed, they are not consistently mandated or enforced across all areas.

The detail breakdown of the wellness policy scored for the **WellSAT 3.0**.

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</p> <p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	<p>Describe progress and next steps:</p> <p>Bessemer City is in compliance with the USDA regulations for the National School Lunch and Breakfast program. Our CNP Staff receive ongoing training to ensure they understand the critical components of a reimbursable meal and maintain compliance with federal guidelines. To promote healthy practice across the district, we collaborate closely with our principals. Together, we work to encourage healthy fundraising activities and ensure adherence to the "1-hour rule" for foods sold during the school day. This rule helps regulate the timing of food sales to promote healthier eating habits during schools hours. Our school meals are planned in accordance with the USDA standards. Our staff are trained annually (at the beginning of each school year) on what constitutes a reimbursable meal. In the coming years, our focus will be on fostering a strong relationship between our CNP managers and principals. We recognize that effective communication and collaboration between these key groups will be essential in achieving our wellness and nutrition goals. Together, we believe we can accomplish more and create a healthier school environment for our students.</p>
--	---

<p>Access to free potable water on campus</p> <p><u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p> <p>Each school is different and this is assessed a minimum of (1) time a year during internal reviews by the CNP Director.</p> <ul style="list-style-type: none"> • Our schools use a variety of methods to offer water such as water fountains, water pitchers, etc.. 	<p>Describe progress and next steps:</p> <p>Bessemer City is in compliance with offering potable water to all students. This is monitored throughout the school year during internal administrative reviews. We will continue to monitor during the casual site visits.</p>
---	--

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

<p>Guidelines for other foods and beverages available on the school campus, but not sold</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guide and Implementation.</p>	<p>We have the "1 hour" rule written in our wellness policy for our school district. We remind principals twice a year about the "Smart Snack Standards" and implementation guidance procedures via email. We also check a minimum of one time a year for compliance during our internal administrative reviews. We will continue to monitor for compliance during our routine visits to the school.</p>

<p>Marketing and advertising of only foods and beverages that meet Smart Snacks</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p> <p>All a la carte items are listed on the Child nutrition website and are posted in the Cafeteria.</p>	<p>The CNP Director monitors for compliance during internal administrative reviews.</p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p> <p>Bessemer City School offers several physical activity program during and after schools.</p> <ul style="list-style-type: none"> • Physical activity course is required for at least 30 minutes for K-12. Example: PE, Recess, and Life Fitness. • BCMS and BCHS offers after school physical activities such as Football, Basketball, Band, JROTC, Cheer. 	<p>The current wellness policy addressed physical activity goals during school.</p> <p>Additional goals will be to specify goals for before and after school.</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> <p>Nutrition information is available on our website.</p>	<p>Our school sytem strives to promote positive wellness messages. Our staff received continuing education opportunities promoting overall wellness. Our students and staff are encouraged daily in the cafeteria, and other school settings to make positive lifestyle choices. We could promote this more via social media message.</p>

Section 2. Progress towards Goals continued


*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p>	<p>The current wellness policy can be strengthened by defining goals by age/grade group that integrate wellness activities across the school environment with a specific commitment to activities in the classrooms, physical activity promotions and other activities offered by the district.</p>

CHECKLIST:

Triennial Assessment was made public:	Date: <u>1/9/2025</u>
Updated Wellness Policy received Board approval: (if applicable)	Date: _____
Wellness Policy was made public:	Date: <u>7/24/2024</u>

SIGNATURES:


 District Wellness Assessment Leader

PRINT NAME: Sharon Sanders MS RDN LD
 DATE: 9/24/2024


 District Wellness Coordinator

PRINT NAME: Sharon Sanders MD RDN LD
 DATE: 9/24/2024

 Superintendent

PRINT NAME: Dr. Dana Arreola
 DATE: 9/24/2024

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Greenwood Elementary

Date: November 5, 2024

School Wellness Leader: Angela Bedgood

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> <ul style="list-style-type: none"> All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	✓			
	✓			
	✓			

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> <ul style="list-style-type: none"> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	✓			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with ALSDE:</u></p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. 	✓			
<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	✓			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	✓			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X	X		
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	✓			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 	✓ ✓			<p>Every four weeks, the P.E. Teacher engage students in HEAL Lessons.</p>
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 				<p>All students are encouraged to participate in the school breakfast and lunch program.</p> <p>Students are expected to participate in P.E.</p> <p>The ALSDE Physical Fitness Assessment is given in the spring.</p> <p>HEAL Lessons promote healthy living.</p>

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	✓			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 	✓			
<p>List school wellness activity goals in this section:</p>				<p>SEL: Weekly lessons provided by the school counselor.</p> <p>Counseling support provided for individual students as needed</p> <p>Daily physical activity 30 minutes Physical Education</p> <p>Monthly Family and Community Engagement Meetings</p> <p>HEAL Lessons monthly</p>



Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (*i.e., Nutrition Education, Physical Education/Activity*)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: Sharon Sanders

DATE: 11/15/2024

School Wellness Leader: Norman Williams, P.E. Teacher

DATE: 11/15/2024

Principal: Angela Bedgood

DATE: 11/15/2024

If applicable, list additional school goals below:				
--	--	--	--	--

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with ALSDE:</p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. 	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:

<p><u>To be compliant with the USDA final rule:</u> • Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.</p>	x			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Goal(s)	Physical Activity	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>		x			
<p>Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i></p>		X			
<p>List school goals in this section: Our physical education goals are as follows: 1) To provide students with the skills, knowledge and</p>					

<p>motivation to become physically active in their everyday lives.</p> <p>2) To create a fun, safe environment where students can participate in daily activities</p> <p>3) Develop a positive attitude of sportsmanship and fair play in all activities</p> <p>4) Develop and build confidence and self esteem through acquired skills and activities.</p> <p>5) Enhance mental knowledge of the activities as well as develop locomotive skills.</p>				
--	--	--	--	--

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	x			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 	x			
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	x			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	x			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 				
<p>List school wellness activity goals in this section:</p> <p>Counseling program partnership with ACE and Bridgeway</p> <p>Male mentorship program partnership with Malik Temple 270</p> <p>Peer Helpers</p> <p>Project Wisdom</p> <p>Mental Health Support through the District and J.R. Moore and Associates</p>				



Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (*i.e., Nutrition Education, Physical Education/Activity*)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures: 

District Wellness Assessment Leader: DATE: 1/9/25 School Wellness Leader: DATE: _____

Principal: DATE: _____

Page 12

Local Wellness Policy: Triennial Assessment



Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with ALSDE:</p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. 	X			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p>To be compliant with the USDA final rule:</p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			Whole grain and 6 gram of sugar or less.
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			Physical education structured and unstructured play.
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X	X		
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>				N/A
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 			X	National School Lunch/School Breakfast Week promotion
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 				Summer Food Service Outreach

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>		X		Afterschool tutoring
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 				
<p>List school wellness activity goals in this section:</p>				



Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: _____

DATE: 11/9/25

School Wellness Leader: _____

DATE: 10/01/24

Principal: _____

DATE: 10/01/2024



Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: J.S. Abrams Elementary School

Date: 12/4/2024

School Wellness Leader: Darryl Bowyer

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	<p>✓</p> <p>✓</p> <p>✓</p>			

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	<p>✓</p>			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with ALSDE:</u></p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. 	✓			
<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	✓			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	✓			
<p>Examples:</p> <ul style="list-style-type: none"> Physical education: (structured and un-structured play) Our school prohibits withholding activities/recess as a punishment. 	X	X		
<p>List school goals in this section:</p> <ul style="list-style-type: none"> Physical Education (structured + unstructured) We DO NOT withhold P.E. from students. 				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	✓			
<p>Examples:</p> <ul style="list-style-type: none"> Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year National School Lunch/School Breakfast Week promotion 				
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> School Breakfast Outreach Summer Food Service Outreach 				

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	✓			
<p>Examples:</p> <ul style="list-style-type: none"> • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement 				
<p>List school wellness activity goals in this section:</p> <ul style="list-style-type: none"> • Mental Health Services • Behavior Interventions • Social Emotional Services • Community Involvement • PTA • Student/Parent Conferences • Health Services • Medical Services • School Safety Team • Employee (After school) Wellness Opportunities 				



Request for Resources and Support


Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

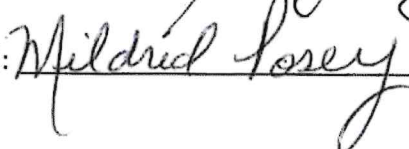
Signatures:

District Wellness Assessment Leader: 

DATE: 11/9/24

School Wellness Leader: 

DATE: 12/4/24

Principal: 

DATE: 12/4/24



Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: C.F. Hard Elementary School

Date: 12/3/24

School Wellness Leader: Adriene C. Evans

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with ALSDE:</u></p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. 	X			
<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X	X		
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 				
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	x			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 				
<p>List school wellness activity goals in this section:</p>				



Request for Resources and Support


Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (*i.e., Nutrition Education, Physical Education/Activity*)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: 

DATE: 1/9/25

School Wellness Leader: Adriene C. Evans

DATE: 12/3/24

Principal: Adriene C. Evans

DATE: 12/3/24

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Bessemer City High

Date: 12/3/2024

School Wellness Leader:

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> <ul style="list-style-type: none"> All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X X X			

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> <ul style="list-style-type: none"> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with ALSDE:</u></p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. 	X			
<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • Physical education: (structured and un-structured play) • Our school prohibits withholding activities/recess as a punishment. 	X	X		
<p>List school goals in this section:</p> <p>Physical Educat Test Health Class P.E</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year • National School Lunch/School Breakfast Week promotion 				
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 				
<p>List school wellness activity goals in this section:</p> <p>Wellness Screening</p> <p>Physical Fitness Test</p> <p>Promote Healthy Eating habits</p>				



Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.


Signatures:

District Wellness Assessment Leader: 

DATE: 1/9/25

School Wellness Leader: 

DATE: 12/3/24

Principal: 

DATE: 12/3/24



Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Bessemer City Middle School

Date: 12/10/2024

School Wellness Leader: Lisa Warren

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report continued

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with ALSDE:</u></p> <ul style="list-style-type: none"> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. 	X			
<p>If applicable, list additional school goals below:</p>				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. 	X			
<p>If applicable, list additional school goals below:</p>				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and un-structured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X	X		
<p>List school goals in this section:</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i> 				
<p>List school goals in addition to the required outreach included in this section:</p> <ul style="list-style-type: none"> • School Breakfast Outreach • Summer Food Service Outreach 	X X			

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>	X			
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 				
<p>List school wellness activity goals in this section:</p>	X			

Request for Resources and Support


Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: 

DATE: 1/9/25

School Wellness Leader: Principal

DATE: 1/9/25

Principal: 

DATE: 12/10/2024