



"It Starts With Us."

Mobile County PUBLIC SCHOOLS

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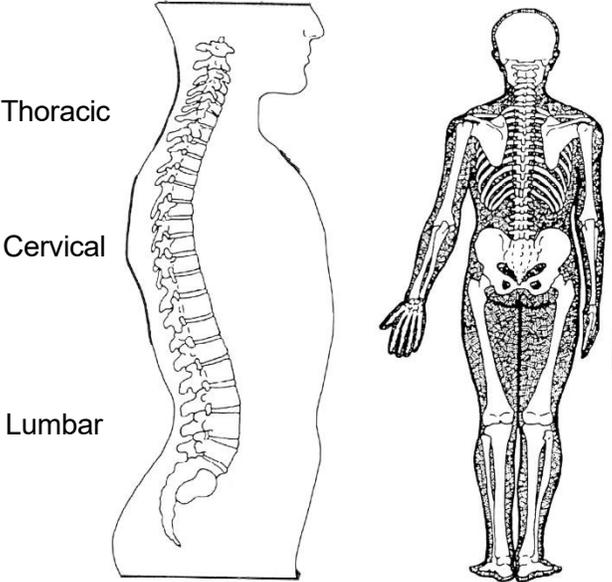
Superintendent Chresal D. Threadgill

SCOLIOSIS SCREENING PARENT INFORMATION

The Alabama State Department of Education and the Alabama Department of Public Health require that school districts in Alabama offer and provide scoliosis screening for all students in grade 5 through 9. The screening is performed by observing the uncovered spine while standing straight and while bending forward. If a spinal problem is suspected, parents will receive a letter suggesting that they see their physician for further evaluation. Girls and boys will be screened separately and privately. The students will be asked to remove their shirt, so girls should wear a tank top or bra. If your child is currently under treatment for a spinal deformity, please inform the school nurse. A consent form will be sent to parents prior to the screening.

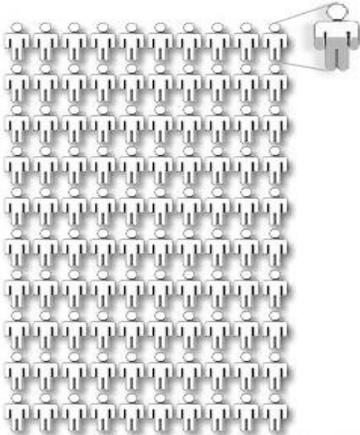
THE SCREENING WILL NOT BE PERFORMED WITHOUT YOUR CONSENT

Who Gets Scoliosis?



The Normal Spine

Scoliosis affects less than 1 in 100 of the general population.

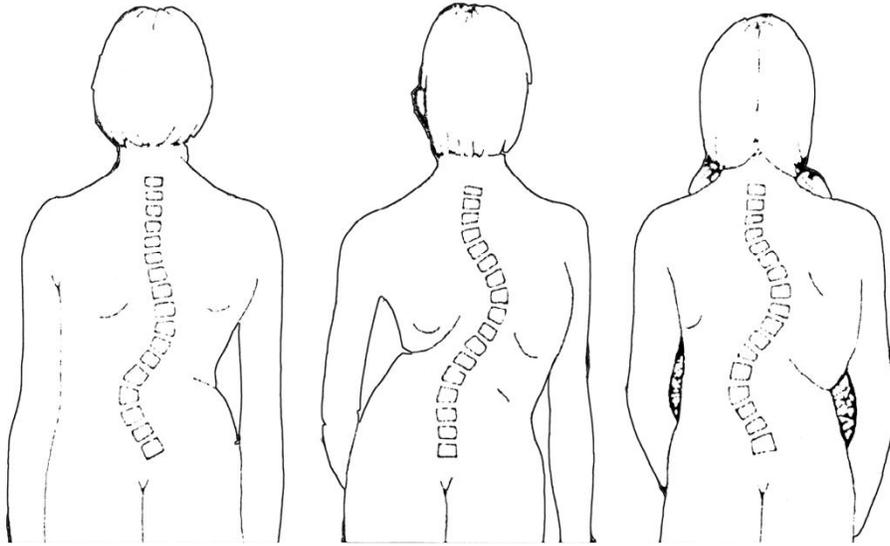


Girls are seven times more likely than boys to have a significant, progressive curve that would require treatment



What Is Scoliosis?

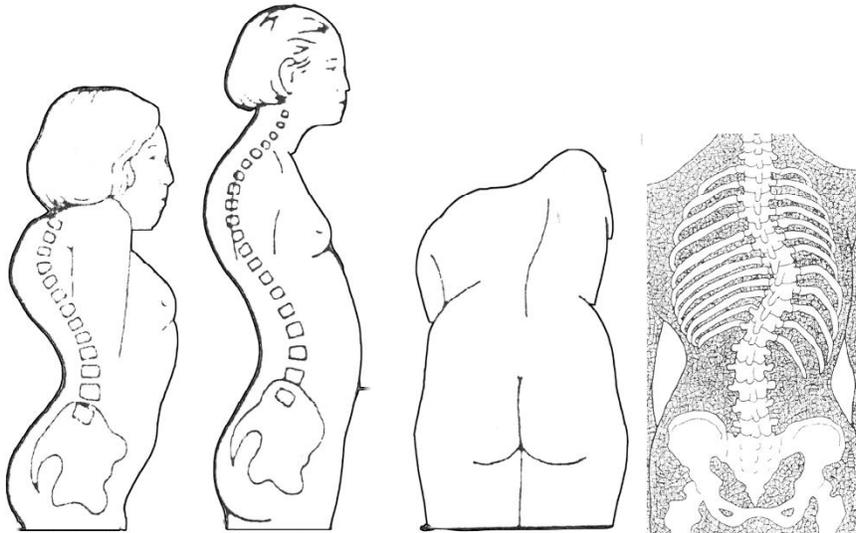
TYPICAL SCOLIOTIC CURVES



Left Lumbar Right

Thoracic

Double Major



Kyphosis (Humpback) Lordosis (Swayback)

Scoliosis (Rear Views)

Screening for Scoliosis

Adam's Forward Bend Test

FORWARD BENDING POSITION FOR SCREENING

Performing the Test: Have patient bend forward as far as possible. Look for one side of the rib cage to be higher than the other next to the vertebral column. The convex side is the one with the rib hump

