



October 31, 2025

Dear St. Anne School Families,

Another month has come to a close at St. Anne, and with the arrival of crisp fall temperatures, we prepare to turn our clocks back one hour this weekend as we welcome the shorter days of November. As the seasons change, we are reminded of the many blessings that fill our school - our dedicated teachers, hardworking students, and supportive families who together make St. Anne such a special place to learn and grow.

We would like to extend a heartfelt *thank you* to all of the parents and guardians who joined us for Parent-Teacher Conferences this week on Wednesday, Thursday, or Friday. It was truly wonderful to see so many of you in the building and to have the opportunity to connect in person. Our teachers greatly enjoyed sharing the many amazing things your children are learning and accomplishing each day. Your continued partnership, encouragement, and support mean so much and play an essential role in your child's success at St. Anne School.

As we look ahead, a friendly reminder that winter uniforms begin on Monday, November 3. All students are expected to be in full winter uniform. Please ensure your child is dressed neatly, comfortably, and appropriately for the season. Full uniform guidelines can be found in the school handbook on our website.

Our next early dismissal will take place on Friday, November 7, with dismissal at 11:45 a.m. November will also be filled with several special events. On Tuesday, November 11, we will gather as a school community for our annual Veterans Day Assembly to honor and thank those who have served our country. On Friday, November 14, students will take part in the PSA-sponsored Dance-a-Thon - always a fun and energetic day that supports our school. The first trimester concludes on Friday, November 21, a wonderful time to celebrate how much our students have grown and achieved since the start of the year.

Throughout the month, students will attend Mass on November 7, 14, and 21. As we approach Thanksgiving, please note that school will be closed from Wednesday, November 26 through Monday, December 1. Classes will resume on Tuesday, December 2.

As we move into this season of gratitude, we are thankful for the many ways our families contribute to the life of our school. Your kindness, generosity, and support create the strong sense of community that makes St. Anne such a joyful and faith-filled place for our students to learn and grow.

With appreciation and prayer,

A handwritten signature in black ink that reads "Gregory T. Fries".

Gregory T. Fries

St. Anne, pray for us.

LEARN

SUCCEED

LEAD

■ HOMEWORK HELP CLUB ■

When: Mondays & Wednesdays — 3:00 to 4:00 PM

Where:

Grades 3 & 4: Mrs. Costenbader's Room

Grades 5 & 6: Mrs. McMenimen's Room

Description:

Students are invited to join the **Homework Help Club** each week to work on their homework in a quiet and supportive environment. This program encourages students to **complete their work independently** while having access to assistance if needed. Several **older student assistants** will be available to walk around and offer help, but please note — **this is not a one-to-one tutoring program.**

This is a great opportunity for students to:

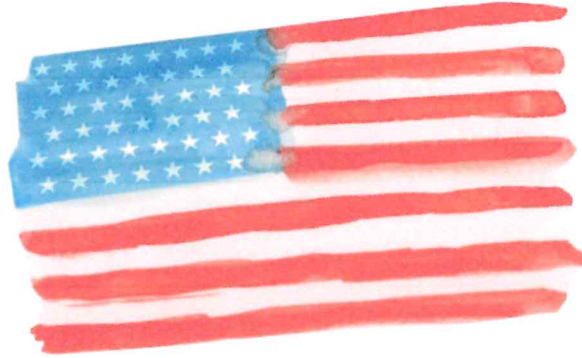
- ✓ Get homework done before heading home
- ✓ Build responsibility and independent study habits
- ✓ Ask questions and get guidance as needed

—■ Sign-Up Section

Student Name:	_____
Grade:	_____
Days Attending:	☐ Monday ☐ Wednesday ☐ Both
Parent Signature:	_____
Contact Email or Phone:	_____

JOIN ST. ANNE SCHOOL

★ FOR OUR ★



VETERANS DAY

ASSEMBLY

We invite the families of all veterans and active military in our community for a gathering in honor of their brave service.

NOV
11
2025

ST. ANNE'S
COMMUNITY
CENTER

TUESDAY
10:00
A.M.

PLEASE SUBMIT THIS FORM AND A DIGITAL PICTURE OF YOUR VETERAN TO
MRS. ESTOCK AT LESTOCK@STANNEBETHLEHEM.ORG
PLEASE INCLUDE YOUR VETERAN'S NAME, BRANCH OF SERVICE, AS WELL AS
THE STUDENTS HE OR SHE HAS A RELATIONSHIP WITH AT ST. ANNE, NO
LATER THAN FRIDAY, NOVEMBER 7TH.



VETERAN'S NAME _____

STUDENT'S NAME _____

RELATIONSHIP _____



POST HALLOWEEN CANDY COLLECTION

Support our Troops – One Treat at a Time!

We are collecting extra and unwanted candy
for Support the Troops, Inc.

Your donations will help send smiles to
service members around the world.



Collection Dates

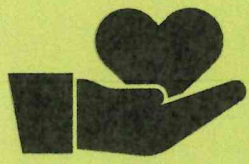
Monday, November 3 - Tuesday, November 11

Drop off candy to the bag outside your classroom
and make a difference! 🇺🇸

Questions?

st.annes.bethlehem.psa@gmail.com





Empathy

School COUNSELOR'S NEWSLETTER



NOVEMBER
2025

Parent Tips & Resources

Why Empathy Matters?

- Improves **social skills**
- **Reduces risk** of emotional and behavioral problems.
- Strengthens **family bonds** and connection, particularly during difficult moments.
- Helps develop internal **motivations for kindness** rather than relying on rewards and punishments

Model Empathy

- **Practice Empathy with Your Child:** you might say, "I see you're really disappointed that the game was canceled. It's okay to feel sad about that."
- **Show Empathy for Others:** Let your children see you expressing concern and kindness towards family, friends, and even strangers.
- **Discuss Your Own Feelings and Empathy:** When you feel an emotion, label it and explain how you reached an understanding of someone else's perspective. After being cut off in traffic, you might say, "I felt angry when that car cut me off, but I tried to think that maybe they are having an emergency."
- **Volunteer Together:** Expose your children to different life experiences helping people in your community.

"Without empathy,
humanity fades"

— Desmond Tutu

Lessons of the Month

I will be visiting the classrooms and focusing on lessons and activities to promote kindness, gratitude and empathy in grades 4th, 7th and 8th.

***Classroom lessons will now be listed here instead of an extra flyer being sent home prior.

Upcoming Dates

- 9th- Tongue Twister Day
- 11th- Veteran's Day
- 13th- World Kindness Day
- 14th - National Pickle Day
- 22nd- Family Volunteer Day

Contact Info

Carissa Young

Email: cyoung@ciu20.org

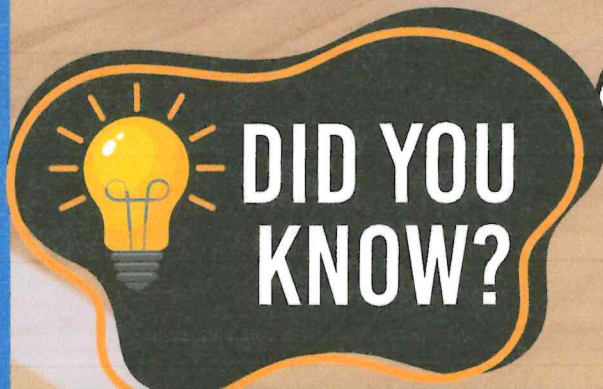
Phone: 484-545-3191



WE WANT YOU TO GET YOUR CLEARANCES!

CYO NEEDS VOLUNTEERS FOR THE UPCOMING BASKETBALL SEASON!

**Volunteers are VITAL to St. Anne CYO's success!
ALL volunteers MUST have clearances!!**



DID YOU KNOW?

When parents volunteer, it can naturally help foster trust, communication, and stronger relationships with their child's school community.

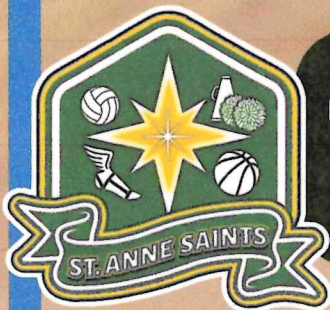
Visit **StAnneBethlehemCYO.com** to get started TODAY!

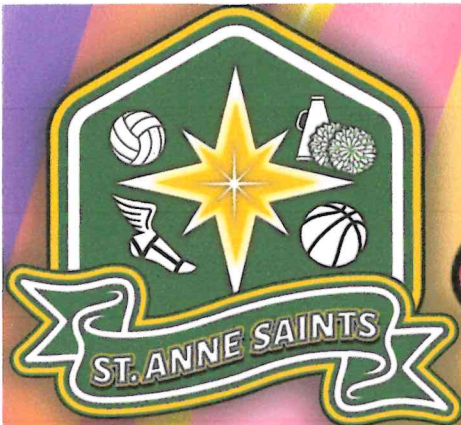


Recent studies have shown that students whose parents volunteer at their school tend to have better school attendance and behavior, get better grades, and even demonstrate better social skills.

Volunteering models the values of teamwork and community engagement.

Volunteering can help children feel more valued and supported in the school environment which can have a positive impact on a child's self-esteem, motivation, and school engagement.





SNACK STAND CO-COORDINATOR WANTED!

St. Anne CYO is looking for a volunteer to be our Snack Stand CO-COORDINATOR for the upcoming basketball season, along with our current Snack Stand Coordinator, Andrea Goshen.

Duties include assisting with the following:

- **Creating and monitoring SignUpGenius for volunteer and food donations.**
- **Monitoring snack stand inventory and adjusting the SignUp Genius as needed.**
- **Coordinating volunteer coverage**
- **Opening/Closing the snack stand**

**REGISTRATION
DISCOUNTS FOR
FILLING THE ROLE!!**

**Email Andrea Goshen
andreamgoshen@gmail.com
with interest!**



2025/2026 WINTER SPORTS REGISTRATION



**OPEN TO ALL STUDENTS,
GRADES 3 - 8 , AT ST. ANNE
SCHOOL OR ST. ANNE CCD**



 **PRACTICES BEGIN IN NOVEMBER,
DEPENDING ON COACHING**

 **ALL SCHEDULES ARE TBD**

 **REGISTRATION ENDS 11/15!**

**ALL STUDENTS PLAYING
LITTLE HAWKS OR LITTLE
CRUSADERS BASKETBALL
MUST ALSO PLAY CYO
BASKETBALL, PER DIOCESAN
RULES**

**COACHES NEEDED!
NO EXPERIENCE
NECESSARY!**

QUESTIONS? EMAIL:
adrienne.apgar@gmail.com

BASKETBALL

BASKETBALL



BASKETBALL

BASKETBALL

SCAN HERE

**AS A REMINDER, ALL COACHES AND
VOLUNTEERS (INCLUDING SNACK
STAND) MUST HAVE CLEARANCES!**

**DON'T WAIT - BEGIN YOUR
CLEARANCE PROCESS NOW TO
PARTICIPATE THIS WINTER!**

**PLEASE EMAIL MRS. BRIDA
(ebrida@stannebethlehem.org)
WITH CLEARANCE QUESTIONS!**



2025/2026 WINTER SPORTS REGISTRATION



**OPEN TO ALL STUDENTS,
GRADES 1 - 8 , AT ST. ANNE
SCHOOL OR ST. ANNE CCD**



PRACTICES BEGIN EARLY DECEMBER



ALL SCHEDULES ARE TBD



SQUAD WILL BE CAPPED AT 40!



**REGISTRATION ENDS 11/15 or ONCE ROSTER
REACHES 40**



QUESTIONS? EMAIL

COACH BEHN: jbehn121@gmail.com

SCAN

CHEER

CHEER



CHEER

CHEER

AS A REMINDER, ALL COACHES AND VOLUNTEERS (INCLUDING SNACK STAND) MUST HAVE CLEARANCES!

DON'T WAIT - BEGIN YOUR CLEARANCE PROCESS NOW TO PARTICIPATE THIS WINTER!

**PLEASE EMAIL MRS. BRIDA
(ebrita@stannebethlehem.org)
WITH CLEARANCE QUESTIONS!**



NOTRE DAME

JUNIOR HIGH

BASEBALL



WINTER WORKOUTS FOR 7TH & 8TH GRADERS

Get ready for the spring season!

Join our winter training sessions to build your skills, improve your swing, and prepare for a great season with Notre Dame Baseball!

WHEN: Every Sunday in February
12:45 PM - 2:45 PM

WHERE: Test Your Metal
3601 Sullivan Trail
Easton, PA 18040

COST: \$175 (includes all sessions)
Due by November 7

Payment accepted via Venmo to: @anna-cherry-83

Limited spots available! Secure your spot today
and get ready to take your game to the next level.

RETURN TO THE HARDWOOD

CYO Girls' Basketball Clinic at Notre Dame High School

Hosted by the Notre Dame High School Girls' Basketball
Team and Coaching Staff

OBJECTIVE:

Get ready for the start of the 2025-2026 season!

Participants will run the same drills our High School team uses
to sharpen fundamental basketball skills;
including ball handling, shooting and defense

WHO:

Girls in 3rd - 6th grade who attend:

Holy Family, OLPH, ICS, St. Anne, St. Jane's, & SSPJ



WHEN:

Saturday, November, 8th

- Main Gym
- 10:00AM - 12:30 PM

COST:

\$25.00

- Checks payable to Notre Dame High School/Memo Girls CYO Clinic

REGISTER OR HAVE QUESTIONS:

Contact Josh Kopp, Head Girls' Basketball Coach
jkopp@ndcrusaders.org