## November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Warm muffin or cereal	2 Breakfast pizza or cereal	3 Sausage biscuit or cereal
		Breakfast for lunch Scrambled eggs and sausage, gravy, hashbrowns, tomatoes, baked apples, juice and milk choice	1)Grilled cheese sandwich 2)Cheese bites Homemade chili, corn, fresh vegies, fruit and milk choice	1)Cheeseburger 2)Hot dog w/chili French fries, baked beans, fresh vegies, fruit and milk choice
6 Donut holes or cereal	7 Chicken biscuit or cereal	8 Yogurt w/granola por cereal	9 Dutch waffle or cereal	10 Sausage biscuit or cereal
1)Hamburger steak w/gravy 2)Baked Ham Sister Schubert roll, mashed potatoes, peas, fruit and milk choice	1)Cheesy Breadsticks 2)Pizza Green beans, fresh vegies, fruit, cookie, and milk choice	1)Popcorn chicken 2)Baked Spaghetti Garlic toast, steamed broccoli, baby potatoes, fruit, and milk choice	1)Grilled cheese sandwich 2)Cheese bites Chicken noodle soup Fresh vegies, fruit and milk choice	1)Fish sticks 2)Corn dog nuggets Hushpuppies, macaroni and cheese, pinto beans, fruit and milk choice
13 Warm breakfast bread or cereal	14 Chicken biscuit or cereal	15 Pancakes or cereal	16 Breakfast pizza or cereal	17 Sausage biscuit or cereal
1)Cheeseburger macaroni 2)Popcorn chicken Corn, baby potatoes, fruit and milk choice	1)Orange chicken 2)Teriyaki beef Sweet carrots, steamed broccoli, fried rice, fruit and milk choice	1)Turkey w/dressing 2)Baked Ham Mashed potatoes, peas, sweet potato casserole, roll, dessert, juice and milk choice	1)Grilled cheese sandwich 2)Quesadilla Tortilla soup, tortilla chips, fresh vegies, cookie, fruit and milk choice	POT LUCK LUNCH TODAY
THANKSGIVING BREAK, ENJOY!	21	22	23	24
27 French toast sticks or cereal	28 Chicken biscuit or cereal	29 Warm muffin or cereal	30 Breakfast pizza or cereal	
1)Popcorn chicken 2)Beef bites w/gravy Roll, mashed potatoes, peas, fruit and milk choice	1)BBQ chicken sandwich 2)Pizza Green beans, sweet potato fries, fresh veggies, fruit and milk choice	Breakfast for lunch Scrambled eggs and sausage, gravy, biscuit, baked apples, hashbrowns, juice and milk choice	1)Grilled cheese sandwich 2)Cheese bites Home made chili, corn, fresh vegies, fruit and milk choice	

## **NEWS**

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEGETABLE AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL.

MEALS ARE SUBJECTTO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY.