



# February 2023

THATCHER LUNCH JDPS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Spaghetti**  
Green Beans  
fruit

**Roasted Chicken**  
Peas  
fruit

**Breakfast**  
Tater Totes  
Cheesy Eggs  
fruit

**Chicken Patty Sandwich**  
Fry  
fruit

**Hot Dog**  
Mixed Vegetables  
fruit

**Club Sandwich**  
Celery Sticks  
fruit

**Corn Dog**  
Pea & Carrot  
fruit

**Nachos**  
Chessy Beans  
Fruit

**Cheeseburger**  
Broccoli  
Fruit

**Spaghetti**  
Carrots  
Fruit



**Corn Dog Broccoli**  
Fruit

**Chicken nuggets**  
Tater Tots  
Fruit

**Pizza**  
FF  
Fruit

**Bean Burrito**  
Rice  
Fruit

**Chicken Tacos**  
Corn  
Fruit

## NUTRITION BAR



Choose from a variety of fresh fruits or vegetables.  
½ cup fruit option and milk included with your meal and offered daily.

For questions and comments, please email the Food Service Director at [faye.rodriquez@k12byelior.com](mailto:faye.rodriquez@k12byelior.com) or call 928-322-9681



BeWell Healthy Choice

K-12 BY ELIOR



Vegetarian (Ovo-Lacto)



Local



Fresh Picks

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