

# October 2023

## Vista Grande School Lunch Menu



	Monday	Tuesday	Wednesda	Thursday	Friday	
	2 Chicken Fried Rice Broccoli, Clementine, Milk	3 Spaghetti with Beef Marinara, Salad, Apple, Milk	4 Chicken, Bean, and Rice Burrito, Salad, Pear, Milk	5 Beef and Bean Tacos, Calabacitas, Grapes, Milk	6 Teriyaki Chicken Cabbage Slaw, Rice, Apple, Milk	
	9 No School	10 Beef Chile Bowl, Cheese, Lettuce, Rice, Fruit, Milk	11 Chicken Enchiladas, Calabacitas, Fruit, Milk	12 Ham and Cheese Sandwich, Salad, Fruit, Milk	13 Pizza, Salad, Fresh Fruit, Milk	
	16 Spaghetti and Marinara, Salad, Fruit, Milk	17 BBQ Chicken Cole Slaw, Rice, Fresh Fruit, Milk	18 Chicken Alfredo, Broccoli, Fruit, Milk	19 Red Chile Enchiladas Sweet Corn, Fruit, Milk	20 Hamburger, Baked Beans Veggie Slices Fruit, Milk	
	23 Chicken Fried Rice, Broccoli, Apple, Milk	24 Sesame Noodle Chicken, Carrots, Fruit, Milk	25 Turkey/Cheese Sandwich, Salad Orange Slices, Milk	26 Bean and Cheese Tacos, Calabacitas, Fruit, Milk	27 Teriyaki Chicken Cabbage Slaw, Rice, Fruit, Milk	
	30 Chicken Tacos, Salad, Fresh Fruit	31 Beef Chile Bowl, Cheese, Lettuce, Rice, Fruit, Milk				