

BREAKFAST

LUNCH

NOVEMBER 2021 LAGUNA



Your cafeteria is managed by
Canteen of Central New Mexico

Monday

Tuesday

Wednesday

Thursday

Friday

OATMEAL & TOAST 1
*MACARONI AND BEEF
CASSEROLE
GREEN BEANS
SIDEKICKS
DINNER ROLL*

POP TART 2
*GRILLED CHEESE SANDWICH
CHICKEN NOODLE SOUP
CARROT STICKS
PEACHES*

PANCAKES 3
*PIZZA
CORN
APRICOTS*

**COLD CEREAL
YOGURT** 4
*BEEF TACOS
PINTO BEANS
APPLESAUCE
SPANISH RICE*

CHERRY FRUDEL 5
*EGG ROLLS
BROCCOLI
MIXED FRUIT*

WAFFLE MINI EGGO BITES 8
*TERIYAKI CHICKEN BOWL
CAPRI BLEND VEGETABLES
PINEAPPLE CHUNKS
BROWN RICE*

CINNI MINIS 9
*HOT DOG ON A BUN
BAKED BEANS
PEACHES
SUN CHIPS*

**BISCUIT & SAUSAGE
SANDWICH** 10
*BEAN & CHEESE BURRITO
TATER TOTS &
CARROT STICKS
APPLESAUCE*

11

**CREAM OF WHEAT
TOAST** 12
*MAC & CHEESE
GREEN BEANS
FRESH FRUIT
GOLDFISH CRACKERS*

BISCUITS & GRAVY 15
*FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
FRESH FRUIT*

**COLD CEREAL
STRING CHEESE** 16
*CORN DOG
MIXED VEGETABLES
APPLESAUCE
LMS THANKSGIVING DINNER*

**BAGEL
CREAM CHEESE** 17
*PIZZA
CARROTS
PEACHES*

PANCAKES 18
*CHICKEN TAQUITOS
PINTO BEANS
APRICOTS*

**COLD CEREAL
STRING CHEESE** 19
*CORN DOG
BROCCOLI
APPLESAUCE
LES THANKSGIVING DINNER*

**YOGURT
GRAHAM CRACKERS** 22
*CHEESEBURGER
FRENCH FRIES
APRICOTS*

MUFFINS, ASSORTED 23
*TOSTADA
MIXED VEGETABLES
PEARS
SPANISH RICE*

24



26

**COLD CEREAL
STRING CHEESE** 29
*FRITO PIE
CORN
MIXED FRUIT
TORTILLA*

BREAKFAST BOSCO STICKS 30
*HAM AND CHEESE WRAP
BROCCOLI
FRESH FRUIT*

DAILY BREAKFAST SERVED WITH 1 CUP OF FRESH FRUIT

All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily.

DUE TO COVID-19: YOUR SCHOOL MAY NOT HAVE A SALAD BAR

