

School Health Advisory Council

Agenda

December 2, 2021

4:15 PM to 5:15 PM

- I. Welcome and introductions
- II. Our mission is to implement a coordinated school health program to prevent Obesity, Cardiovascular Disease, and Type II Diabetes in students through a combined effort of the school district and community.
- III. Read and approve minutes from the May 26, 2021, meeting.
- IV. Reports from each Committee:
 - Nutrition
 - Physical Education
 - Health Services
 - Healthy School Environment
 - Health Education
 - Counselors
 - Family and Community involvement
 - Health Promotion for Staff
- V. New SHAC requirements: to include Human Sexuality Curriculum, Dating Violence and Human Trafficking.
- VI. Jackie Millington from the Coastal Bend Wellness Foundation will be discussing "Making Proud Choices"
- VII. Kathleen Flowers-Madrigal from the San Patricio County Department of Public Health will be discussing, "Freedom from Smoking", the Diabetes support group and Texercise.
- VIII. Laura D. Lopez from Coastal Plains will be discussing, "Youth Mental Health First Aid"
- IX. Adjourn