

Brimfield CUSD #309 Health Course Scope & Sequence

Grade Level: 7th Grade Health

Class: Physical Education

Instructors: Ms. Sampier & Mr. Trotter

Supplemental Text - ETR Health Smart

<u>Unit/Topic of Instruction</u>	<u>Priority Standards</u>	<u>Activities, Reading, Labs, and/or Assignments</u>	<u>Assessment Type (Formal, Informal, Observation, Paper/Pencil, etc...)</u>	<u>Approximate Time Frame</u>
Nutrition and Physical Activity	20.A.3a 20.A.3b 22.A.3b 23.B.3a 23.C.3a	<i>Journal Entry Class Discussion Class Discussion Notes Definition of Vocab Terms Partner Food Label Challenge Fast Food Challenge Filling my plate group activity What i know about nutrients</i>	<i>Class Observation Class Discussion Summary Worksheets</i>	3 Weeks
Violence & Injury Prevention	22.A.3b 22.A.3c 23.B.3a 23.C.3a 24.A.3a 24.A.3b 24.A.3c 2A 2A.3a 2A.3b 2B 2B.3a 2B.3b 3A 3A.3b	<i>Journal Entry Class Discussion Class Discussion Notes Definition of Vocab Terms</i>	<i>Class Observation Class Discussion Summary Worksheets</i>	3 Weeks

Emotional & Mental Health	22.A.3a 22.A.3b 23.C.3a 24.A.3b 24.A.3c 3A.3b	<i>Journal entry</i> <i>Class discussion</i> <i>Group discussion</i> <i>Student workbook</i>	<i>Class Observation</i> <i>Class participation</i> <i>Dear Gabby letter</i> <i>Summary worksheets</i>	2 Weeks
Abstinence, Puberty, & Personal Health	22.A.3a 22.A.3b 23.B.3a 23.C.3a	Hult Center Presentation Powerpoint presentation Videos	Class Observation Class Discussion	1 Week
HIV, STD, & Pregnancy Prevention	22.A.3a 22.A.3b	Hult Center Presentation Powerpoint presentation Videos	Class Observation Class Discussion	1 Week
Tobacco, Alcohol, & Other Drug Prevention	22.A.3a 22.A.3b 23.B.3a 3A.3b	<i>Journal questions</i> <i>Class discussion</i> <i>Group discussion</i> <i>Scenario roleplay</i>	Class Observation What i know packet Dear friend letter Design and write a pamphlet	1 Week