**Health Course Syllabus**

VETERANS HIGH SCHOOL

**Instructors:** J.Nash, J. Strohmeyer, B.Horton, T. Kinsler, S. Zanders **Rooms:** 2301, 2302, 2212, 1303

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**Course Description:**

This course is designed to emphasize the development of appropriate health habits and the necessity to continue such habits throughout life. Students will be advised of current health issues and updated information as it relates to their health and well-being.

**Text:**

*Essential Health High School Curriculum*, Human Relations Media (2010).

\*This is an online curriculum that follows the required GPS standards for Health.

**\*Health Education follows the eight GPS performance standards listed on the following website:**

 **www.georgiastandards.org**

**Materials:**

 -1” or 2” 3 ring binder with pockets (dividers are optional) or large capacity folder

 -Loose leaf notebook paper

 -Pencil/Pen

**Class Rules:**

1. **RESPECT OTHERS!** Show respect for all classmates and the course instructor.
2. Follow all normal accepted behavior policies set forth by the classroom teacher, VHS, and Houston County located in your student handbook.
3. **BE ON TIME TO CLASS!** The school tardy policy in the student handbook will be followed.
4. Bring required materials to classroom.
5. Stay in your seat at all times unless given permission to be out of your seat.
6. NO FOOD or DRINK in the classroom; but instructors will allow water bottles with caps/lids.

**Major Assessments 45%**

**\*Chapter Test Grades**

 -test grades include all written tests over the chapters covered in the text, approximately six to

 nine tests this semester.

**Minor Assessments 20%**

**\*Notebook Check \*\*We will have some notes sheets for credit/points**

-student’s notebook will possibly be used as extra credit at the end of semester. KEEP ALL graded assignments that your Instructor hands back to you!

**Daily Work 15%.**

**\*\*We will have many notes assignments in this category**

**\*Class activities/notes/occasional quizzes/participation/effort**

-students are expected to actively participate in classroom activities by bringing materials to class and actively participating in discussions and will be graded accordingly. We will have a significant amount of notes. Students are expected to keep these in their notebooks after the instructor stamps/grades them.

**Final Exam 20%**

-This course includes a cumulative exam at the end of the semester. The final exam is worth 20% of the semester grade.

-It is the student’s responsibility to make arrangements and/or complete all work within 5 days of his/her return to school. Your teacher has discretion as to when the student must make up tests. Some or all of our textbook material will be available on Canvas. The main focus is TURNING EVERYTHING IN…COMPLETED! Your follow-through in turning in assignments is important.

**Google Classroom/Canvas**

To encourage blended learning, online assignments will be posted weekly through Google Classroom. At least one Google Classroom assignment per week will be graded and entered in Infinite Campus. Students should be familiar with how to navigate the online platform, communicate with their teacher, and submit assignments on time.  If there are technology limitations, please notify the teacher. FYI…You may begin to see another app called “Canvas” in your dashboard soon. Canvas is replacing Google Classroom in the 2024-25 school year.

**Cyberbullying:** As defined by Dictionary.com, “the act of harassing someone online by sending or posting mean messages.” *Please keep in mind that the Edmodo communication system is designed to work as an extension of the classroom; therefore, anything done on the site through the access of a school course group code will be treated the same as if it were said aloud in the classroom. Inappropriate comments or use of the site can result in disciplinary action.*

***All students are issued a district-provided chrome book for instructional purposes, student engagement, and student learning. Chrome book use is at the direction and discretion of the classroom teacher.***

**\*\*I have read and understand all of these objectives, requirements, and expectations set forth by the Health & PE Dept @ VHS for the 2024-25 Health Classes.**

**Student’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent's Name (Please Print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\*\*Must be signed by Parent/Guardian and returned to your Coach/Instructor no later than Thursday,**

**AUG 15, 2024.**

\*Instructor only needs this sheet back….please keep the syllabus sheets attached to this! Thx.