



Nadaburg Unified School District Breakfast and Lunch Menu



July

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cinnamon Pop-Tart Breakfast Kit, Apple, Milk Chicken Tenders Sweet Potato Fries Fruit and Vegetable Bar Choice of White or Chocolate Milk	2 Banana Choc Chunk Bar, Apple, Juice, Milk Walking Tacos Fruit and Vegetable Bar Choice of White or Chocolate Milk	3 Breakfast Pizza, Applesauce, Juice, Milk Chili Dog Tater gems Fruit and Vegetable Bar Choice of White or Chocolate Milk	4  No School	5 Oatmeal Round Bar, Crackers, Applesauce, Juice, Milk Turkey Lunchable Fruit, Vegetable and White Milk
8 Apple Frudel, Applesauce, Juice, Milk Mc Ribb Sandwich Potato Wedges Fruit and Vegetable Bar Choice of White or Chocolate Milk	9 Oatmeal Choc Chip Benefit Bar, Applesauce, Juice, Milk Cheeseburger Tater gems Fruit and Vegetable Bar Choice of White or Chocolate Milk	10 French Toast, Applesauce, Juice, Milk Chicken Nuggets Sweet Potato Fries Fruit and Vegetable Bar Choice of White or Chocolate Milk	11 Cinnamon Bagelful, Applesauce, Juice, Milk Pepperoni Pizza Romaine Lettuce Fruit and Vegetable Bar Choice of White or Chocolate Milk	12 Banana Bread, Applesauce, Juice, Milk Grilled Cheese Sandwich Fruit and Vegetable Choice of White or Chocolate Milk
15 Cocoa Puffs cereal kit, Apple, Milk Bean and cheese Burrito /Churro Corn & Salsa Fruit and Vegetable Bar Choice of White or Chocolate Milk	16 Mini Powdered Sugar Donuts, Apple, Milk Orange Chicken California Blend, Rice, Dinner Roll Fruit and Vegetable Bar Choice of White or Chocolate Milk	17 Pancakes Wrap, Applesauce, Juice, Milk Chicken Tender Sweet Potato Fries Fruit and Vegetable Bar Choice of White or Chocolate Milk	18 Chocolate Chip Muffin, Applesauce, Juice, Milk Corn Dog Tater gems Fruit and Vegetable Bar Choice of White or Chocolate Milk	19 Cinnamon Bun, Applesauce, Juice, Milk Croissant Sandwich Chips Fruit and Vegetable Bar Choice of White or Chocolate Milk
22 Cheerios Cereal Bar Kit, Apple, Milk Teriyaki Wonderbites Sweet Potato Fries Fruit and Vegetable Bar Choice of White or Chocolate Milk	23 Cinnamon Toast Crunch Bar, Apple, Milk Popcorn Chicken Potato Wedges Fruit and Vegetable Bar Choice of White or Chocolate Milk	24 Blueberry Pancake, Applesauce, Juice, Milk Mac N Chesse Broccoli Fruit and Vegetable Bar Choice of White or Chocolate Milk	25 Mini Chocolate Donuts, Apple, Milk Garlic Cheese Bread Romaine Lettuce Fruit and Vegetable Bar Choice of White or Chocolate Milk	26 Trix Cereal Kit, Apple, Milk Pizza Lunchable Fruit and Vegetable Choice of White or Chocolate Milk
29 French Toast Benefit Bar, Applesauce, Juice, Milk Tacos Fruit and Vegetable Bar Choice of White or Chocolate Milk	30 Oatmeal Choc. Chip Bar, Applesauce, Juice, Milk Chicken Quesadilla Broccoli Fruit and Vegetable Bar Choice of White or Chocolate Milk	31 Pancake Sandwich, Applesauce, Juice, Milk Chicken Nuggets Potato Wedges Fruit and Vegetable Bar Choice of White or Chocolate Milk	1	2

Menu items subject to change due to product availability



Free meals to all children 18 years and younger.

Peanut butter may be an option on the menu
Please notify staff if your child(ren) has a food allergy