

Behaviors of Concern

- School avoidance/refusal
- Difficulty making friends or frequent complaints of bullying
- Frequent school disciplinary actions or truancy
- Frequent physical complaints
- Failing grades or frustration in completing school work
- Change in sleep/eating habits, behavior, or interests

Please call with any questions and for enrollment information

Dawn Brendle, PhD, LBS
(724) 846-1050 ext. 330

**HELPING CHILDREN
BECOME SUCCESSFUL IN
LIFE**

Staff Qualifications

- Primary therapists are Licensed Behavior Specialists or Licensed Professional Counselors
- All staff have extensive experience in the treatment of childhood mental health issues
- All staff are experienced in addressing the concerns of children and their families with a comprehensive team approach that includes the child, family, school and community
- Psychiatrist provides complete clinical oversight and additional evaluation upon referral

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WESTERN PA PSYCH CARE
724-728-8411
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POSITIVE STEPS
**School-Based Behavioral
Health Program
(SBBH)**

John Johnson MD
Medical Director

Heather Fernandez, LPC
Clinical Director

WESTERN PA PSYCH CARE
***A Joint Commission Accredited Behavioral
Healthcare Organization***

SERVICES

Individual and Family Therapy

During sessions the therapist will be emphasizing psycho-education, cognitive behavioral interventions, parent training in behavior modification strategies, community resources and care coordination, brief family therapy, and motivational enhancement strategies.

Consultation with School Staff

Therapists will conduct ongoing consultations with the child's teachers, paraprofessionals, and school administration to address the child's behavioral, social, or emotional concerns.

Assessment/Evaluation

Each child referred for services will receive a comprehensive assessment to determine the direction and scope of treatment needs. Therapists will gather information from the child, his/her family, and school staff/administration to develop a thorough treatment plan.

During the Summer

Individual therapy sessions can be continued throughout the summer according to the child's needs.



CARE

At WPPC, we are committed to providing the highest quality mental health care to children, adults, and families in Western Pennsylvania. We believe that each person who seeks treatment services deserves to be treated with concern, thoughtfulness, and attentiveness. Treatment is provided in a manner that respects the inherent value of every person. We strive to improve the quality of life for children, adults, and families, and in so doing, the communities of Western Pennsylvania.



REFERRAL INFORMATION

Referral Sources

A child can be referred by

- Parents/Legal Guardians
- Administration
- Counselors or Pediatricians
- School Staff
- Student (14 years old or older)

Referral Reasons

Common Childhood Diagnoses

- ADHD
- Anxiety
- Oppositional-Defiant Disorder
- Depression

Other Areas of Concern

- Truancy
- Decision-making
- Social skills
- Bullying
- Anger/frustration with school work
- Separation anxiety
- Family changes/dynamics