

# Covington County Schools

# K-8 LUNCH Menu---OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> MOZZARELLA CHEESE STICKS Potato Wedges Broccoli & Cheese Pineapple Chunks Marinara Sauce Milk	<b>3</b> BAKED CHICKEN TENDERS Baked Sweet Potato Turnips Sliced Peaches Sweet Corn Hushuppies Honey Mustard Milk	<b>4</b> MOZZARELLA PIZZA CRUNCHERS Lima Beans Romaine Salad w/Ranch Bananas Milk	<b>5</b> CHICKEN SPAGHETTI Green Beans California Mixed Veggies Apples Roll Milk	<b>6</b> TACO SALAD Refried Beans Whole Kernel Corn Sliced Pears Milk
<b>9</b> <b>FALL HOLIDAY NO SCHOOL</b>	<b>10</b> HOT WINGS Roasted Baby Potatoes English Peas Mandarin Oranges Roll Milk	<b>11</b> STUFFED CRUST PEPPERONI PIZZA Whole Kernel Corn Romaine Salad w/Ranch Apples Milk	<b>12</b> CHICKEN ALFREDO Wheat Penne Pasta California Mixed Veggies Green Beans Mixed Fruit Breadstick Milk	<b>13</b> HOT DOG Baked Beans Coleslaw Bananas Cool Ranch Doritos Milk
<b>16</b> CHEESE PIZZA Green Beans Whole Kernel Corn Pineapple Chunks Garden Salsa Sunchips Milk	<b>17</b> BBQ PORK SANDWICH Macaroni & Cheese Steamed Broccoli Orange Halves Milk	<b>18</b> <b>VIRTUAL LEARNING DAY</b>	<b>19</b> RANCH BAKED CHICKEN Baked Sweet Potato Blackeye Peas Peach Cobbler Roll Milk	<b>20</b> TOASTED TURKEY/CHEESE SUB Potato Wedges Lima Beans Apples Milk
<b>23</b> CHICKEN BITES Creamed Potatoes Steamed Carrots Sliced Pears Honey Mustard Roll Milk	<b>24</b> CRISPFLA CHICKEN SANDWICH Lettuce & Tomato Coleslaw Broccoli & Cheese Apples Milk	<b>25</b> FRENCH BREAD PEPPERONI PIZZA Whole Kernel Corn Romaine Salad w/Ranch Bananas Milk	<b>26</b> MINI CORN DOGS English Peas Sweet Potato Fries Mandarin Oranges Milk	<b>27</b> HAMBURGER Lettuce & Tomato Baked Beans Potato Salad Mixed Fruit Milk
<b>30</b> CRISPTTO W/CHEESE Refried Beans Whole Kernel Corn Sliced Peaches Salsa Milk	<b>31</b> SANTA FE SOUP/GRILLED CHEESE SANDWICH Romaine Salad w/Ranch Baby Carrots Bananas Frozen Raspberry Yogurt Milk			<b>A variety of condiments and milk are offered daily.</b>

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