

# August 2024 Stark County Junior/Senior High School Menu

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| <p><b>A Plant-Base Option is offered everyday at Lunch</b></p> <p><b>Breakfast is served everyday after 7:30</b></p> <p>a1 % White, Strawberry, Chocolate Milk are offered at all Meals</p> <p>Menu is Subject to Change</p> <p>Ranch, French, Ketchup, Mustard, BBQ Sauce are offered at Lunch.</p> | <p>Breakfast is offer vs serve each child must take 3 or 4 items offered and 1 must be ½ cup of fruit or juice.</p> <p>Lunch is also offer vs serve each child must take 3 out of 5 items offered and 1 must be ½ cup of fruit or veggies</p>                                 | <p><b>Cereal- Marsh matey 22 gm, Cinnamon Toasters 24gm, Honey Graham 22 gm</b></p> <p><b>Juice- Apple 13 gm, Fruit Punch 14 gm, Orange Juice 13 gm, Grape 19 gm</b></p>  | <p>15 Thursday<br/>WG Cereal, WG Donut, Fruit, Juice</p> <p><b>WG Bun 28 gm Hamburger, 3 gm Cheese Slice 1 gm Quesadilla, Salad, Yogurt Meal, Deli Sandwich Green Beans 4 gm Rosy Applesauce 22 gm Fresh Fruit and Veggies</b></p> | <p>16 Friday<br/>WG Cereal, WG Waffle 12 gm Sausage 1 gm Syrup, 20 gm Fruit, Juice</p> <p><b>WG Tortillas 42 gm , Taco Meat, Shredded Cheese 2 gm Salad, Deli Sandwich, Yogurt Meal, Corn 14 gm, Pineapple, 17 gm, Jello with Whip Topping 17 gm Fresh Fruit and Veggies</b></p>  |
| <p>19 Monday<br/>WG Cereal, WG Poptart 75 gm, Fruit, Juice</p> <p><b>WG Bun 22 gm Hot Dog 1 gm or Chili Dog 5 gm WG Pepperoni Panini, Deli Sandwich, Salad, Yogurt Meal, Oven Fries, Mandarin Oranges 17 gm, Fresh Fruit and Veggies</b></p>   | <p>20 Tuesday<br/>WG Cereal, Pigs in a Blanket 30 gm, Syrup, 20 gm Fruit, Juice,</p> <p><b>Turkey Roll Up (WG Tortilla 42 gm, Deli Turkey Meat 4 gm , Cheese 4 gm ) Yogurt Meal, Salad, Deli Sandwich Carrots 6 gm, Cinnamon Applesauce 26 gm Fresh Fruit and Veggies</b></p> | <p>21 Wednesday<br/>WG Cereal, WG Bagel 38 gm , Cream Cheese 1 gm, Fruit, Juice</p> <p><b>WB Bun 28 gm WG Chicken Patty 16 gm, Strawberry Smoothie Meal, Salad, Deli Sandwich, Yogurt Meal, Broccoli w/Cheese 10 gm, Peaches 14 gm, Fresh Fruit and Veggies</b></p> | <p>22 Thursday<br/>WG Cereal, WG Breakfast Bar 47 gm, Fruit, Juice</p> <p><b>WG Bun 28 gm Fish Patty 16 gm, Quesadilla, Salad, Yogurt Meal, Deli Sandwich Romaine, 1.5 gm, Tropical Fruit 22 gm Fresh Fruit, and Veggies</b></p>   | <p>23 Friday<br/>WG Cereal, WG Toast 14 gm Egg Patty 1 gm, Sausage 1 gm Fruit, Juice</p> <p><b>Rebel Nachos (Taco Meat, Queso Blanco 6 gm, , WG Tortilla Chips 36 gm), Salad, Deli Sandwich, Salad or Yogurt Meal Refried Beans 24 gm Salsa 8 gm, Pears 16 gm, WG Raspberry Churro 28 gm, Fresh Fruit and Veggies</b></p> |

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| <p>26 Monday<br/>WG Cereal, WG French Toast Sticks, <b>57 gm</b>, Syrup, <b>20 gm</b> Juice, Fruit</p> <p><b>WG Corn Dogs 60 gm</b> <b>WG Pepperoni Panini, Salad, Deli Sandwich or Yogurt Meal</b>, Sweet Potato Fries <b>23 gm</b>, Mixed Fruit <b>17 gm</b>, Fresh Fruit and Veggies</p> | <p>27 Tuesday<br/>WG Cereal, WG Breakfast Pizza <b>44 gm</b>, Fruit, Juice</p> <p><b>WG Bun, 22 gm</b> <b>Meatballs with sauce 5 gm</b> and cheese <b>3 gm</b> <b>Yogurt Meal, Salad or Deli Sandwich</b>, Green Beans <b>4 gm</b>, Peaches <b>14 gm</b> Fresh Fruit and Veggies</p> | <p>28 Wednesday<br/>WG Pancake Bites <b>37 gm</b> Syrup <b>20 gm</b>, WG Cereal, Fruit, Juice</p> <p><b>WG Bun 28 gm</b> <b>Hot Ham &amp; Cheese 12 gm</b>, <b>Strawberry Smoothie Meal, Salad, Deli Sandwich or Yogurt Meal</b>, Romaine <b>1.5 gm</b>, Pears <b>16 gm</b>, Fresh Fruit and Veggie</p> | <p>29 Thursday<br/>WG Cereal, Cinnamon Roll <b>42 gm</b> Fruit, Juice</p> <p><b>WG Bun 28 gm</b> <b>Pulled Pork, Quesadilla, Salad, Yogurt Meal, Deli Sandwich</b>, Oven Fries with Queso Blanco <b>6gm</b> Rosy Applesauce <b>22 gm</b>, Fresh Fruit and Veggies</p> | <p>30 Friday<br/>WG Cereal, Biscuit <b>26 gm</b> Sausage &amp; Gravy <b>8 gm</b>, Fruit, Juice</p> <p><b>WG Chili Crisпитos 69 gm</b>, <b>S Deli Sandwich, Yogurt Meal</b>, Refried Beans <b>24 gm</b>, Salsa <b>8gm</b> Pineapple <b>17 gm</b>, Fresh Fruit and Veggies, WG Cookie <b>17 gm</b></p> |
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