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PRESS RELEASE

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Houston County School District Offers Parent Seminar on Mental Health, Addiction, and Vaping

HOUSTON COUNTY, GA – The Houston County School District will host a parent training session on November 21 at 5 pm at Veterans High School on mental health, addiction, and vaping. The session will be led by Dr. Amanda Giordano, Associate Professor, Department of Counseling and Human Development Services, for the University of Georgia.

Parents and guardians will learn about substance use among youth, with an emphasis on vaping, cannabis, alcohol, and nonprescription stimulant use. Additional information on addictive behaviors among youth, with an emphasis on gaming, social media, and self-injury will also be shared.

"The mental health and well-being of our students is a top priority," said Dr. Dana Wiggins, Assistant Superintendent for Student Services for the Houston County School District. "Being able to share and discuss the ways our students are impacted by the decisions they make is very important to us. By partnering with our parents and guardians on topics such as this, we are able to make them more aware of the dangers and consequences of addictive behaviors and how it effects their overall health."

Veterans High School is located at 340 Piney Grove Road in Kathleen. For additional information regarding the session, contact Bonnie Brown, <u>bonnie.brown@hcbe.net</u> or at (478) 929-7818.

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