

# JANUARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 Spaghetti & Meat Sauce Green Beans with Potatoes Whole Kernel Corn Fruit Slushes Whole Wheat Garlic Toast Low Fat Milk Chicken Tenders Salad	4 Hamburger Steak w/ Gravy Mashed Potatoes Cheesy Broccoli Fresh Pears Yeast Roll Banana Berry Blend Low Fat Milk Chef Salad	5 Meat Lovers Pizza Corn on the Cob Fresh Pears Fruited Gelatin Chef Salad Low Fat Milk
8 Buffalo Hot Wings Crinkle Cut Fries Baked Beans Tropical Fruit Chef Salad Sugar Cookie Low Fat Milk	9 Chicken Spaghetti Herbed Broccoli Italian Sliced Carrots Grilled Chicken Salad Yeast Roll Fruit Slushes Low Fat Milk	10 Grilled Cheese Sandwich Vegetable Beef Soup Fruited Gelatin Chicken Salad Salad Low Fat Milk	11 Salisbury Steak W/Gravy Steamed Rice Southern Mustard Greens Cornbread Tuna Salad Salad Fresh Apples Low Fat Milk	12 BBQ Pork Sandwich Crinkle Cut Fries Confetti Coleslaw Mandarin Fruit Cup Chocolate Chip Cookie Chef Salad Low Fat Milk
15  No School  MLK Day	16 Mandarin Chicken Baked Potato with Margarine Cheesy Broccoli Applesauce in a Bag Yeast Roll Garden Salad W/Dressing Low Fat Milk	17 Hamburger Steak w/ Gravy Mashed Potatoes Peas and Carrots Fruit Slushes Yeast Roll Garden Salad W/Dressing Low Fat Milk	18 Barbecue Chicken Baked Beans Green Beans with Potatoes Fresh Fruit Cup Chicken Salad Salad Yeast Roll Low Fat Milk	19 Buffalo Hot Wings Baked Ranch Fries Broccoli Salad w/ Grapes Cheesy Breadsticks Tropical Fruit Chocolate Chip Cookie Low Fat Milk
22 John Wayne Casserole Green Beans with Potatoes Whole Kernel Corn Chilled Pear Halves Chef Salad Low Fat Milk	23 Philly Cheese Steak Sandwich Crinkle Cut Fries Classic Coleslaw Fresh Oranges Chocolate Chip Cookie Grilled Chicken Salad Low Fat Milk	24 Chicken Tenders and Waffles Green Beans with Potatoes Fresh Apples Steamed Carrots Chicken Salad Salad Fat Free Milk	25 Lemon Pepper Chicken Steamed Rice Peas and Carrots Fresh Fruit Cup Yeast Roll Fruited Gelatin Grilled Chicken Salad Low Fat Milk	26 Bacon Cheeseburger Seasoned Potato Wedges Baby Carrots w/ Dressing Fruit Slushes Fresh Oranges Tuna Salad Salad Low Fat Milk
29 Breaded Pork Chop Au Gratin Potatoes Pinto Beans Fresh Fruit Cup Cornbread Fruited Gelatin Marinated Tomato and Cucumber Salad Low Fat Milk	30 Hot Dogs Baked Beans Seasoned Potato Wedges Fresh Oranges Fruit Slushes Grilled Chicken Salad Low Fat Milk	31 Taco Salad with Chips Whole Kernel Corn Garden Salad W/Dressing Fresh Apples Mandarin Fruit Cup Grilled Chicken Salad Low Fat Milk		<b>We are an equal opportunity provider.</b>

# JANUARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 Sausage Patty Crispy Toast Hot Grits Fresh Bananas Low Fat Milk Assorted Jellies	4 Cinnamon Chex Cereal Cinnamon Rolls Bacon Strips Fresh Pears Low Fat Milk	5 Bacon, Egg, and Cheese Biscuit Rice Treat Bar Assorted Fruit Juices Assorted Jellies Low Fat Milk
8 Chicken Patty & Biscuit Scrambled Egg Patty Hashbrown Potatoes Fresh Fruit Cup Low Fat Milk Assorted Jellies	9 French Toast Sticks Sausage Patty Fresh Strawberries Assorted Fruit Juices Low Fat Milk Pancake Syrup	10 Sausage Patty Crispy Toast Hot Grits Scrambled Eggs Fresh Bananas Assorted Fruit Juices Low Fat Milk	11 Rice Krispie Bars Frosted Flakes Fresh Grapes Breakfast Chicken Patty Low Fat Milk	12 Sausage & Pancake on a Stick Hashbrown Potatoes Fresh Oranges Applesauce Low Fat Milk Pancake Syrup
15  No School  MLK Day	16 Sausage Patty Belgium Waffles Choice of Strawberry & Raspberry Yogurts Chilled Peaches Low Fat Milk Pancake Syrup	17 Assorted Cold Cereals Strawberry Toaster Pastry Fresh Pears Bacon Strips Low Fat Milk	18 Sausage and Biscuit Hot Grits Scrambled Eggs Assorted Fruit Juices Low Fat Milk Assorted Jellies	19 French Toast Sticks Chilled Peaches Flavored Raisins Breakfast Chicken Patty Low Fat Milk Pancake Syrup
22 Bacon Strips Cinnamon Toaster Pastry Scrambled Eggs Assorted Fruit Juices Applesauce in a Bag Low Fat Milk	23 Ham Slice Hot Grits Tropical Fruit Assorted Fruit Juices Low Fat Milk Assorted Jellies	24 Sausage and Biscuit Hot Grits Scrambled Eggs Fresh Strawberries Assorted Fruit Juices Low Fat Milk Assorted Jellies	25 Assorted Muffin Loaves Assorted Cold Cereals Breakfast Chicken Patty Assorted Fruit Juices Fresh Fruit Cup Low Fat Milk	26 Sausage & Pancake on a Stick Fresh Grapes Strawberry Yogurt Low Fat Milk Pancake Syrup
29 Pancake Sausage Patty Hashbrown Potatoes Tropical Fruit Assorted Fruit Juices Low Fat Milk Pancake Syrup	30 Breakfast Sausage Pizza Fruit Flavor Cereal Bar Applesauce in a Bag Tropical Fruit Low Fat Milk	31 Sausage and Biscuit Hot Grits Scrambled Eggs Fresh Oranges Assorted Fruit Juices Low Fat Milk		<b>We are an equal opportunity provider.</b>