



Week V Monday, January 2, 2023 Treadey, January 3, 2023 Croissant w Non Dairy Spread (2 term) Chees Size (1 term) Chees	nuary 2023 Cornerstone Elementary PreK-8 Breakfast Menu									
Broadfast Cheere Strick (1 them) Croissant w/ Non Dairy Spread Cheerio Cereal Boul (1 them) Cleans Strick (1 th			Meal Pattern : NSLP	Meal: Breakfast		: K-8	Age Group			
Cleam Clea	y 6, 2023	Friday, January 6, 2	Thursday, January 5, 2023	Wednesday, January 4, 2023	Tuesday, January 3, 2023	Monday, January 2, 2023	Week V			
These littins must Libble and the content of the co	gurt (2 Items)	Granola Bites w/ Yogurt		Cheerios Cereal Bowl (1 Item)	,		Breakfast			
Secretary Choice Milk & Second Fruit DVS (1) Choice				Cheese Stick (1 Item)		Cheese Stick (1 Item)				
Item each Item							meet USDA			
Week VI Monday, January 19, 2023 Tuesday, January 10, 2023 Wednesday, January 11, 2023 Turnsday, January 12, 2023 Friday, January 12, 2023 Turnsday, January 12, 2023 Friday, January 13, 2023 Turnsday, January 14, 2023 Friday, January 18, 2023 Turnsday, January 18, 2023 Turnsday, January 18, 2023 Turnsday, January 19, 2023 Friday, January 19, 2023 Friday, January 19, 2023 Friday, January 19, 2023 Friday, January 19, 2023 Turnsday, January 19, 2023 Friday, January 19	Fruit OVS (2 item each	Choice Milk & Second Fruit C			1	,				
Mutitigrain Cheerios Cereal Bowl (1 (1 tem) Cheese Stick (1 tem) Applesauce (1 tem) 100% 4.23 or Fruit Juice (1 tem) 100% 4.	Chef's Choice may be offered									
Cheese Stick (1 fterm) Cheese Stick (1 fterm) Cheese Stick (1 fterm) Choice Milk & Second Fruit OVS (1 Ch	y 13, 2023	Friday, January 13, 2	Thursday, January 12, 2023	Wednesday, January 11, 2023	Tuesday, January 10, 2023	Monday, January 9, 2023	Week VI			
Three Rems and State (I Item)	gurt (2 Items)	Granola Bites w/ Yogurt		Rice Chex Cereal Bowl (1 Item)			Breakfast			
most ISDA Pegularemits (Die idem mil Choice Milk & Second Fruit DVS (1) Choice Milk &				Cheese Stick (1 Item)		Cheese Stick (1 Item)				
Dee Full Item each Item	•			,	` '	,	meet USDA			
Week II Monday, January 16, 2023 Truesday, January 17, 2023 Wednesday, January 18, 2023 Truesday, January 19, 2023 Friday, January 20, 2023 Friday	Fruit OVS (2 item each				· · · · · · · · · · · · · · · · · · ·	,				
Breakfast Rice Chex Cereal Bowl (1 Item) Croissant w/ Non Dairy Spread (2 Items) Cheese Stick (1 Item) Cheese Stick (1 Item)	Chef's Choice may be offered									
Cheese Stick (1 Item) Chee	y 20, 2023	Friday, January 20, 2	Thursday, January 19, 2023	Wednesday, January 18, 2023	Tuesday, January 17, 2023	Monday, January 16, 2023	Week I			
Three items met USDA Requirements (Doe item must) De fruit) Week II	ogurt (2 Items)	Granola Bites w/ Yogurt		Cheerios Cereal Bowl (1 Item)			Breakfast			
Meek II Monday, January 23, 2023 Tuesday, January 24, 2023 Tuesday, January 24, 2023 Thursday, January 26, 2023 Thursday				Cheese Stick (1 Item)		Cheese Stick (1 Item)				
Choice Milk & Second Fruit OVS	ruit Juice (1 item	100% 4.23 oz Fruit Ju	Applesauce (1 item)	100% 4.23 oz Fruit Juice (1 item)	Banana (1 item)	100% 4.23 oz Fruit Juice (1 item)	meet USDA			
Week II Monday, January 23, 2023 Tuesday, January 24, 2023 Wednesday, January 25, 2023 Thursday, January 26, 2023 Friday, January 26, 2023 Friday, January 27, 2023 Friday, January 28, 2023 Friday, January 30, 202 Friday, January 30, 202 Friday, January 30, 202 Friday, January 30, 2023 Friday, January 31, 2023 Chef's Choice Milk & Second Fruit OVS (1 item each) Friday, January 30, 2023 Friday, January 31, 2023 Friday,	Fruit OVS (2 item each	Choice Milk & Second Fruit C	i i	F	1	,	(One item must			
Breakfast (1 Item) Cheese Stick (1 Item) Cheese Stick (1 Item) Choice Milk & Second Fruit OVS (1 item each) Cheese Stick (1 Item) Choice Milk & Second Fruit OVS (1 item each) Cheese Stick (1 Item) Choice Milk & Second Fruit OVS (1 item each) Cheese Stick (1 Item) Choice Milk & Second Fruit OVS (1 item each) Cheese Stick (1 Item) Choice Milk & Second Fruit OVS (1 item each) Choice Milk & Second Fruit OVS (1 item each) Choice Milk & Second Fruit OVS (1 item each) Choice Milk & Second Fruit OVS (1 item each) Choice Milk & Second Fruit OVS (1 item each) Cheese Stick (1 Item) Choice Milk & Second Fruit OVS (1 item each) Choice Milk & Second Frui				Chef's Choice may be offered						
Cheese Stick (1 Item) Choice Milk & Second Fruit OVS (1 item each) Choice Milk & Second Fruit OVS (1 item) Choice Milk & Second Fruit OVS	y 27, 2023	Friday, January 27, 2	Thursday, January 26, 2023	Wednesday, January 25, 2023	Tuesday, January 24, 2023	Monday, January 23, 2023	Week II			
Three items meet USDA Requirements (One item must be fruit) Week III Breakfast Rice Chex Cereal Bowl (1 Item) Cheese Stick (1 Item) Cheese Stick (1 Item) Mapplesauce (1 item) 100% 4.23 oz Fruit Juice (1 item) 100% 4.23	ogurt (2 Items)	Granola Bites w/ Yogurt		Rice Chex Cereal Bowl (1 Item)			Breakfast			
Meek III Monday, January 30, 2023 Tuesday, January 31, 2023 Cheese Stick (1 Item) Cheese Stick (1 Item) Cheese Stick (1 Item) Choice Milk & Second Fruit DVS (1 Item) Choice Milk & Se				Cheese Stick (1 Item)		Cheese Stick (1 Item)				
(One item must be fruit) Choice Milk & Second Fruit OVS (1 Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice may be offered Chef's Choice may be offered Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Second Fruit OVS (1 Item each) Chef's Choice Milk & Sec	ruit Juice (1 item	100% 4.23 oz Fruit Ju	Applesauce (1 item)	100% 4.23 oz Fruit Juice (1 item)	Banana (1 item)	100% 4.23 oz Fruit Juice (1 item)	meet USDA			
Week III Monday, January 30, 2023 Tuesday, January 31, 2023 Chef Spotlight - Shawn Mueller, Procurement Manager Breakfast (1 Item) Croissant w/ Non Dairy Spread (2 Items) Heart and Soul Warming Winter Food Growing up, this meal was made religiously in our home. Tater Tot hotdish is a simple,	Fruit OVS (2 item each	Choice Milk & Second Fruit C	•	F	The state of the s	,	(One item must			
Breakfast Rice Chex Cereal Bowl (1 Item) Cheese Stick (1 Item) Croissant w/ Non Dairy Spread (2 Items) Heart and Soul Warming Winter Food Growing up, this meal was made religiously in our home. Tater Tot hotdish is a simple,		Chef's Choice may be offered								
Breakfast Rice Chex Cereal Bowl (1 Item) Cheese Stick (1 Item) Croissant w/ Non Dairy Spread (2 Items) Heart and Soul Warming Winter Food Growing up, this meal was made religiously in our home. Tater Tot hotdish is a simple,	Chef Spotlight - Shawn Mueller, Procurement Manager				Tuesday, January 31, 2023	Monday, January 30, 2023	Week III			
onesse stating				Croissant w/ Non Dairy Spread	Rice Chex Cereal Bowl					
pond or for any other fun winter activity.	Growing up, this meal was made religiously in our home. Tater Tot hotdish is a simple, yet delicious meal. It is great right out of the oven, or when reheated before or after you go out skating on the pond or for any other fun winter activity.					Three items				
Three items 100% 4.23 oz Fruit Juice (1 item) Banana (1 item) Warm up this winter with some Hotdish.		Warm up this winter with some Hotdish.			Banana (1 item)	100% 4.23 oz Fruit Juice (1 item)	meet USDA Requirements			
(One item must be fruit) Choice Milk & Second Fruit OVS (1 item each) item each) item each)Shawn Mueller			Choice Milk & Second Fruit OVS (1 Choice Milk & Second Fruit OVS (1							
Chef's Choice may be offered 'Tater Tot Hotdish' recipe is on Page 2		2	ater Tot Hotdish' recipe is on Page	די	may be offered	Chef's Choice				

^{*} Skim and 1% milk choices offered daily.
* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.





Tater Tot Hotdish Recipe Serves 4-6 Ingredients: Steps: •Preheat oven to 400 degrees. •1 bag Tater Tots- 32oz •Grease your casserole dish. •1 pound Lean Ground Beef (or Chicken/Turkey) •Brown ground beef, onion over medium heat and drain the fat. •1 Onion •While your beef is cooking, mix together Soup, Sour cream, Milk, Garlic and 0.5 cup of •2 cups mixed vegetables •10.5 ounces Cream of Mushroom Soup the cheese. Once your beef is browned, pour into the greased casserole and add the soup mixture on top. Layer the tater tots on top of the beef and soup mix. •0.5 cup sour cream •0.5 cup milk •0.5 teaspoon garlic •Sprinkle the rest of the Cheddar Cheese. ·Salt and Pepper to taste •Cook covered for 30 minutes, remove foil and cook an additional 15-20 minutes until ·2.5 cups Cheddar cheese shredded

February 2023 Menu (Subject to Change)

Week III			Wednesday, February 1, 2023	Thursday, February 2, 2023	Friday, February 3, 2023
Breakfast			Cheerios Cereal Bowl (1 Item)	Sliced Bagel w/Cream Cheese (2 Items)	Granola Bites w/ Yogurt (2 Items)
			Cheese Stick (1 Item)		
Three items meet USDA Requirements			100% 4.23 oz Fruit Juice (1 item)	Applesauce (1 item)	100% 4.23 oz Fruit Juice (1 item)
(One item must be fruit)			Choice Milk & Second Fruit OVS (1 item each)	i '	Choice Milk & Second Fruit OVS (1 item each)
				Chef's Choice may be offered	
Week IV	Monday, February 6, 2023	Tuesday, February 7, 2023	Wednesday, February 8, 2023	Thursday, February 9, 2023	Friday, February 10, 2023
Breakfast	Multigrain Cheerios Cereal Bowl (1 Item)	Croissant w/ Non Dairy Spread (2 Items)	Rice Chex Cereal Bowl (1 Item)	Sliced Bagel w/Cream Cheese (2 Items)	Granola Bites w/ Yogurt (2 Items)
	Cheese Stick (1 Item)		Cheese Stick (1 Item)		
Three items meet USDA Requirements	100% 4.23 oz Fruit Juice (1 item)	Banana (1 item)	100% 4.23 oz Fruit Juice (1 item)	Applesauce (1 item)	100% 4.23 oz Fruit Juice (1 item)
	•	'	•	i '	Choice Milk & Second Fruit OVS (1
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be fruit)	item each)	item each)	item cacity	item coon,	

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