

## OCTOBER 2022



North Lake Elementary School

Monday		Wednesday	Thursday	Friday
Oven Roasted Chicken PBJ Sandwich Cheesy Broccoli Mashed Potatoes Dinner Roll Fruit // Milk	Hamburger/Cheeseburger 1 Meat or Grilled Cheese Sandwich French Fries Baked Beans Carrot Dippers Fruit // Milk	Spaghetti w/Meat Sauce Yogurt Bag Potato Bites Garden Salad Dinner Roll Fruit // Milk	Macaroni & Cheetos Chef Salad Green Beans Sweet Potato Fries Fruit // Milk	Pizza Bento Box Pinto Beans Buttered Corn Fruit // Milk Cookie
Fall Break	Fall Break	Fall Break 12	Fall Break 13	Fall Break 14
Salisbury Steak w/Gravy Turkey Sandwich Mashed Potatoes Green Beans Dinner Roll Fruit // Milk	Chicken Fajita Chef Salad Waffle Potatoes Garden Salad // Salsa Tostitos // Cookie Fruit // Milk	Mexican Pasta Bake Yogurt Bag Breadstick Carrot Dippers Pinto Beans // Buttered Corn Fruit // Milk	Chicken Nuggets Bento Box Green Peas Mashed Potatoes Dinner Roll Fruit // Milk	Fish Fillet PBJ Sandwich Curly Fries Cheesy Broccoli Garlic Cheese Biscuit Fruit // Milk
Oven Roasted Chicken Chef Salad Corn Nuggets Baked Beans Dinner Roll Fruit // Milk	Chicken Tenders Turkey Sandwich Mashed Potatoes Turnip Greens // Pinto Beans Garlic Cheese Biscuit Fruit // Milk	Walking Taco PBJ Sandwich Sweet Potato Fries Lettuce/Tomato Cup Salsa Tostitos // Fruit // Milk	Bento Box Popcorn Chicken Baked Potato // Green Beans Steamed Rice // Dinner Roll Fortune Cookie Fruit // Milk	Pizza Fish Fillet Buttered Corn Potato Smiles Garlic Cheese Biscuit Cookie // Fruit // Milk
Mesquite Glazed Chicken PBJ Sandwich Mashed Potatoes Green Beans Dinner Roll EEK Fruit Cup // Milk	yırsable ay gra ;	include conents	s—n ative;	

The nationwide supply chain issue continues to impact the meal programs with shortages, cancelled orders, and limited availability of products.

Every effort will be made to follow the published menu, however, last minute changes may be necessary.

This institution is an equal opportunity provider.