OCTOBER 2022

Milk offered daily 1% white and chocolate

Pottsville Elementary and Middle Grades

	Monday	Tuesday	Wednesday	Thursday	Friday
	Ham & cheese Sub Or Hot dog Cucumbers & tomatoes Broccoli florets w/ranch Doritos Applesauce	Soft taco Or Toasted ham & cheese Lettuce/tomato/salsa Pinto beans Tropical fruit	Cheeseburger Mac w/breadstick Or Corn dog Baby carrots Seasoned corn Chilled pears	Pork roast/gravy Or Salisbury steak Mashed potatoes Hot roll Green beans Peaches	Hamburger Or Chicken sandwich French fries Lettuce/tomato Fresh fruit
	Popcorn chicken w/orange sauce, rice Or Chicken Ranch Wrap Green peas Baby carrots Mandarin oranges	Chicken Alfredo w/pasta Garlic bread Tossed salad Steamed broccoli Fresh apples Or Cereal Fun Lunch	Grilled cheese And tomato Soup Or Chef salad Cucumber coins Applesauce	Soft chicken taco Or Beef burrito Lettuce/tomato/salsa Pinto beans Pineapple tidbits	Stuffed crust pizza Or Mini corn dogs Mixed vegetables Celery sticks w/ranch Peaches
	Dutch Waffle & chicken sticks 7 Or Hot ham & cheese Tater wedges Green beans Mixed fruit	Beefy Nachos Or Hot dog Pinto beans, salsa Baby carrots w/ranch Pineapple tidbits	Pizza Rippers Or Sunbutter & jelly sandwich Broccoli florets Sweet red pepper strips Peaches	Chicken Fajita Or Chicken sandwich Lettuce/tomato/salsa Seasoned corn Orange wedges Chocolate chip cookie	Flex Day No School
	Corn dog Or Chicken Ranch Wrap Baked beans Baby carrots Applesauce Tiger Paw Grahams	Chicken nuggets Mashed potatoes Hot roll Green beans Peaches Or Cereal Fun Lunch	Macho Nachos Or Chicken sandwich Pinto beans Lettuce/tomato/salsa Pineapple tidbits	Spaghetti w/meat sauce Garlic bread Or Sunbutter & jelly sandwich Seasoned carrots Celery sticks Orange wedges	Pepperoni pizza stick Or Chef salad Broccoli florets Tossed salad Fresh banana
)-	Chicken sandwich Or Ham & cheese sandwich Baby carrots w/ranch Corn on the cob Frozen fruit juice cup Candy Corn cookie				