

K-12 Comprehensive School Counseling Program

Comprehensive School Counseling Framework

Clatskanie School District's K-12 Comprehensive School Counseling Program (CSCP) is a student-centered, data-driven and culturally responsive program that serves as an integral part of the total educational program in each of our schools. The CSCP is a coordinated program which assists every student in acquiring the knowledge, skills and attitudes needed to become effective students, responsible citizens, productive workers and lifelong learners.

The district's Comprehensive School Counseling Program is aligned with OAR 581-022-2060 which states, "Each school district shall provide a coordinated comprehensive school counseling program to support the academic, career, social/emotional, and community involvement development of each and every student" and Oregon's Framework for Comprehensive School Counseling. Additionally, Clatskanie School Counselors align their work with the American School Counselor Association's Ethical Standards for School Counselors and Mindsets and Behaviors for Student Success.

Program Philosophy

The role of school counselors is to support each student so they have the safety, security and confidence to pursue their lifelong goals. Clatskanie students are afforded the latitude to define what post high school success looks like for them and school counselors are there to equip them with the support and decision making skills necessary to achieve that success. School counselors also help each student develop lifelong abilities to learn, work and live through partnerships between home, school, and the community.

As School Counselors, we believe All Students:

- Have the capacity and agency to define what success is.
- Can contribute positively to the community.
- Have a wide variety of strengths that enhance their learning and life experiences.
- Are unique individuals who deserve to be valued and respected.
- Can make growth through supported effort.
- Are lifelong learners.

School counselors in Clatskanie support student academic, career, and social emotional health, well-being and development through:

- Equity
- Advocacy
- Education, Prevention and Intervention
- Innovation
- Engagement
- Collaboration

Delivery Model

The comprehensive school counseling program consists of kindergarten through grade 12 curriculum that is developmentally appropriate, preventative in nature and proactive. The curriculum is comprehensive in content, scope and sequence, focusing on student development in four domains: academic, career, personal/social and community involvement. The development of skills and knowledge in these areas contributes to and supports all students' success in meeting performance standards. Data from these efforts are regularly analyzed to determine curriculum and program effectiveness as well as to inform future programmatic protocols.

Counseling, guidance and instructional activities are designed to achieve student growth in alignment with district goals. These activities are developmentally appropriate and take into consideration the student's year in school, current achievement level, individual characteristics and career objectives. Each school counseling program is responsive to all students and their families. School counseling programs use disaggregated data to evaluate the effectiveness of programs and promote equity in opportunities, outcomes, supports, and services.

School Counselors support ALL students through *direct* and *indirect* student services:

- Direct student services include delivering school counseling core curriculum, individual academic planning and advising, short-term counseling, intervention planning and crisis response.
- Indirect student services are ones that are provided on a student's behalf which
 may include referrals for additional assistance, consultation and collaboration
 with teachers, parents, other educators and community organizations.

K-12 COMPREHENSIVE SCHOOL COUNSELING ACTIVITIES IN CLATSKANIE	
Themes	Activities
COLLEGE & CAREER READINESS • Exploring strengths & interests	TARGETED GROUPS/INTERVENTIONS
 College and career exploration and planning Successful grade-level & post-secondary 	ONE-ON-ONE SUPPORT
transitions Financial aid & scholarships	CLASSROOM LESSONS & SUPPORT
Developing soft skills/job skills Forecasting/course planning Education Plan & Profile	CONSULTATION W/ STAFF & COMMUNITY PARTNERS
SOCIAL SKILLS/SOCIAL AWARENESS	FAMILY ENGAGEMENT & CONSULTATION
 Friendship/relationship skills Bullying and violence prevention 	SCHOOL CLIMATE
 Conflict resolution/restorative practices Decision-making & goal-setting 	TEAM FACILITATION & SUPPORT (Leadership, Attendance, PBIS, MTSS, Equity, SPED, 504)
SELF AWARENESS and SELF-MANAGEMENT Identifying and communicating emotions & needs Emotional regulation skills Mindfulness Suicide prevention & mental health wellness Grief/loss Trauma-informed practices Social Emotional Learning	RESPONSIVE SERVICES & CRISIS RESPONSE (Suicide Risk Assessment, Behavior Safety Assessment)
SCHOOL ENGAGEMENT & LEARNING STRATEGIES • Study skills & organization • Executive functioning skills • Self-motivation • Addressing barriers to attendance & academic success • Student leadership and engagement in clubs/sports/ activities/etc.	
RESOURCE NAVIGATION/SERVICE COORDINATION & REFERRALS • Mental health, drug, and alcohol service providers • Basic needs assistance • Community resources • Educational options • Credit recovery & academic support options	

Counseling Staff Assignments

Clatskanie School District will maintain licensed staff and promote effective counseling and advising practices consistent with the district's expected comprehensive school counseling program outcomes. The program is under the supervision of the principal and led by licensed professionals with the involvement of teachers, families, and community resources to assist students in their academic, personal/social, and career development. A coordinated comprehensive school counseling program may be designed, delivered, or otherwise implemented by:

- A. A person who is licensed by the Teacher Standards and Practices Commission as a school counselor;
- B. A person who is licensed by the Teacher Standards and Practices Commission as a school social worker; or
- C. A team consisting of a combination of staff who include one or more professionals licensed by the Teacher Standards and Practices Commission and the members of the team who have professional training or experience in the following areas:
 - a. Oregon's Framework for Comprehensive School Counseling Programs
 - b. Counseling methodologies
 - c. Social-emotional learning
 - d. Mental and behavioral health supports
 - e. Trauma-sensitive practices
 - f. Culturally responsive and sustaining practices
 - g. Curriculum, instruction and assessment
 - h. Career development

Annual School Counseling Plan

Each school will <u>annually review</u> their school counseling program to ensure that they provide a comprehensive counseling program, based upon the Oregon Department of Education's Framework for Comprehensive School Counseling Programs which:

- Identifies staff responsibilities to plan, design and deliver a comprehensive school counseling program that meets the unique needs of their students and community;
- 2. Aligns with the district's school improvement plans;
- 3. Assigns counseling responsibilities to the appropriate personnel;
- Expects all school staff to participate in implementing the comprehensive school counseling program; and
- 5. Assists each student in grades 7-12 to develop, and annually review, an educational plan in which students establish their education, career and life goals, identify learning goals and connect them to activities that will help them achieve their goals).

The Annual School Counseling Plan will be embedded in the School Improvement Plan for each building.