### MIDLAND HIGH SCHOOL DAILY ANNOUNCEMENTS FRIDAY SEPTEMBER 13, 2024

# PLEDGE OF ALLEGIANCE

### **ANNOUNCEMENTS**

Mark your calendars, Victory Day is September 16th at 4:00 pm. Come show your support, we would love a big crowd to cheer them on!

Attention freshmen, class of 2028! **There will be a banner making meeting TODAY in Mr. Wontorcik's room (room 336) right after school until 3:45!!!** We will be creating a banner for the freshmen class to display during homecoming. Everyone is welcome and encouraged to come and join us!

Attention all sophomores: Come to room 361 after school to work on our Homecoming banner! Bring a friend!

Students! We have a bunch of opportunities for you to hear directly from representatives from various colleges in the next week and a half! Sign up in the counseling office to hear all the information you would need to know about these colleges! Tuesday during 2nd hour is Delta College, during 3rd hour is Hope College, during 5th hour is Michigan Tech and during 6th hour is Grand Valley. Then on Thursday is Saginaw Valley during 2nd hour and Lake Superior State University during 5th hour. Get an edge up on your options by getting the info!

Chemic families seeking extra support for the holidays have the opportunity to sign up for programs aimed at providing coats, boots, and gifts for students in need. If your family could benefit from these programs, please visit the Counselling Center for a copy of the applications.

• Sharing Tree applications are due September 30th.

Please contact Mrs. Kirkman at kirkmanam@midlandps.org or 989-923-5091 if you have any questions.

GSA is hosting our first meeting on Tuesday, September 17th, at 2:45 in room 340! Join us for light snacks, stickers, and information about our school's GSA. We will be hosting weekly meetings in room 340. Keep an eye out for the GSA schedule posters that detail our activities and feel free to drop in or send Ms. Francisco an email at franciscoam@midlandps.org. See you soon!

Calling all yarn enthusiasts and crochet-curious crafters! Crochet Club provides a space to learn crochet, try new patterns and swap ideas, try out new yarns and techniques, and enjoy the craft in a relaxed environment. All levels are welcome! We meet on Thursdays at 2:30 pm in room 340 and each week will feature a small workshop or new technique highlight. Crafters are encouraged to bring their own hooks and yarn, but supplies are provided. See Ms. Francisco or email her at franciscoam@midlandps.org if you have questions. Come join us on Thursday, September 19th, for our first-ever meeting! We will cover some crochet basics and plan beginning projects. Yarn, hooks, and light snacks will be provided.

# **POSITIVE THINKING**

# **Mind Shift**

We all have negative thoughts sometimes, even when we're working toward positive thinking. When negative thoughts creep in, try this strategy to shift your thinking and feel more positive.

- 1. Write down your negative thoughts. It could be something like, *nobody really likes me*.
- 2. Notice where in your body you hold your negative thoughts. Some teens are prone to getting stomach aches or headaches when they are feeling negative.

### MIDLAND HIGH SCHOOL DAILY ANNOUNCEMENTS FRIDAY SEPTEMBER 13, 2024

- 3. On a scale of 0 to 5, rate how uncomfortable or upset this thought makes you feel.
- 4. Write down a more positive thought. It might be because *I have two really great friends, and we have fun together.*
- 5. On a scale of 0 to 5, rate how the positive thought makes you feel.
- 6. Write down three reasons the positive thought is true.
- 7. Read the reasons aloud and repeat the positive thoughts.

## SPORTS ACTION

Last night your Chemics JV football team tied Bay City Western 14-14. Your Chemics played tough and fast all night. Leading the way for your Chemics was the offensive line consisting of Zane Fath, Jared Glass, Hunter Vols, Ben Blasy, Ethan Troup, and Brent Blackhurst. The Chemics were paced as well by the defensive line Consisting of Bear Hurtubise, Kaden Lewis, and Tanner Brawt. Your Chemics are now 1-1-1 on the season. Their next game will be next Thursday at Bay City Central.

Midland Freshmen volleyball defeated the Chargers of Flint Powers 3-0 on Thursday night in their first home game. The Chemics battled during game 1 and came away victorious with a score of 27-25. During Game 2, the Chemics took charge and won with a score of 25–16. Midland finished the night with a 15-13 victory in game 3. The team heads to Grand Blanc tomorrow for a tournament and their next home game is Tuesday vs. Heritage.

Midland JV volleyball swept the Chargers of Flint Powers 3-0 on Thursday night. The Chemics started off strong winning game 1, 25-16. Game 2 was back and forth with the Chemics prevailing 25-18. Midland finished the night with a 15-4 victory in game 3. Midland's next game is Tuesday at home vs. Heritage. The Chemics are now 9-3-3, 2-0 SVL.

Midland Varsity Volleyball defeated Powers Catholic 3-0 in their home league opener on Thursday September 12th. The Chemics won in three sets, 25-17, 25-13, 25-23. Nicole Giardina led the team on offense with 16 kills, 4 digs while teammates Brooke Russell added 6 kills with no hitting errors, 3 digs, Avery Stewart had 9 kills and Emmalea TerBurgh chipped in 4 kills. Payton Palmer led the offense with 28 assists, 12 digs, 3 kills. Brigid O'Malley had 15 digs, 5 assists and Rhyannah Nunamaker added 7 digs. Varsity 1-1 in SVL with overall record 7-4. Chemic Volleyball will next play in a tough match at home vs. Saginaw Heritage on Tuesday September 17th at 7pm. Please come cheer us on.

The Chemics rebounded from Tuesday's lost with an 8-0 victory over the hosts of Bay City Central. Scores are....1S Finn O'Donnell won 6-3, 6-2, 2S Caleb Katzinger won 7-5, 5-7, 6-1, 3S Aiden Rovoll won 6-3, 6-0, 4S Gavin Russell won 6-0, 6-1, 1D Tristan Deal and Bennett Smith won 6-4, 6-3, 2D Nathaniel Wenzell and Brady Vannest won 6-0, 6-1, 3D Reave Smith and Zach Webb won 6-0, 6-0, 4D Andrew Witt and Wyatt Shaffner won 6-2, 6-1. The Chemics improved to 3-3-1 (3-1 SVL). They host the Linda Heinrich Quad on Saturday.

Last night in a dual meet the girls swim team defeated Lapeer (146-32)

First Place finishers were: Jenna Seybert Maddie Huschke Izzy Christiansen Sarah Graham

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Avery Miller Lainey Ringgold MaLi Powell Beth Martin Tempe Toombs Jaelynn Alvarez Sydney Lipschitz Kierstien Weiss

Swimming personal bests were: Ruby Collins Elliott Dixon Megan Frame Harmony Kickbusch Natasha Kuchnicki Xinying Lee Claire Martin

### **SPORTS ACTIVITIES**

**Friday:** Varsity Football @ Bay City Western 7pm

#### Saturday:

Cross Country @ Holly Festival of Races 9<sup>th</sup> Volleyball @ Grand Blanc 8:30am Varsity Tennis @ Linda Heinrich Quad 9am