# **AUGUST 2022**

#### MARION COUNTY SCHOOL DISTRICT

### Monday

Breakfast- Pancake on a Stick or Cereal, Fruit, Milk

Chicken Salad Sandwich, Mashed Potatoes, Baked Beans, Fruit, Milk

Breakfast- Pancake on a Stick or Cereal, Fruit, Milk

Lunch- Corn Dogs or Fruit & Yogurt Plate, French Fries, Black-eyed Peas, Fruit, Milk

Breakfast- Pancake on a Stick or Cereal, Fruit, Milk

Lunch- Beef Sticks or Chicken Salad Sandwich, Cheesy Potatoes, Baked Beans, Fruit, Milk

Breakfast- Pancake on a Stick or Cereal, Fruit, Milk

Lunch- BBQ Meatball Sub or Fruit & Yogurt Plate, French Fries, Field Peas, Fruit, Milk

Breakfast- Pancake on a Stick 29 or Cereal, Fruit, Milk

Lunch- Chicken Quesadilla or Chicken Salad Sandwich, Fiesta Rice, Whole Kernel Corn, Fruit, Milk

#### **Tuesday**

Breakfast- Sausage Biscuit or Cereal, Fruit, Milk

Lunch- Cheesy Chicken & Rice or Chef Salad, English Peas, Steamed Carrots, Roll, Fruit, Milk

Breakfast- Sausage Biscuit or Cereal, Fruit, Milk

Lunch- Beefy Nacho Grande or Chef Salad, Whole Kernel Corn, Side Salad, Fruit, Milk

Breakfast- Sausage Biscuit or Cereal, Fruit, Milk

Lunch- Red Beans & Rice with Sausage or Chef Salad, Southern Greens, Mexican Cornbread, Fruit, Milk

Breakfast- Sausage Biscuit or Cereal, Fruit, Milk

Lunch- Beef-a-Roni or Chef Salad, Green Beans, Sweet Potato Patty, Texas Toast, Fruit, Milk

Breakfast- Sausage Biscuit or Cereal, Fruit, Milk

Lunch- Baked Ham or Chef Salad, Macaroni & Cheese, Southern Greens, Mexican Cornbread, Fruit, Milk

## Wednesday

Breakfast- Yogurt & Fruit
Parfaits or PopTarts, Fruit, Milk

Lunch- Pizza or BBQ Pulled Pork Sandwich, French Fries, Broccoli & Cheese, Fruit, Milk

Breakfast- Yogurt & Fruit
Parfaits or PopTarts, Fruit, Milk

Lunch- Cheeseburger or Chicken Wrap, Sweet Potato Waffle Fries, Broccoli & Dip, Fruit, Milk

Breakfast- Yogurt & Fruit
Parfaits or PopTarts, Fruit, Milk

Lunch- Hot Dogs with Chili or Chicken Sandwich, French Fries, Carrots & Dip, Fruit, Milk

Breakfast- Yogurt & Fruit
Parfaits or PopTarts, Fruit, Milk

Lunch- Fish Sandwich or Steak Fingers, Baked Beans, Side Salad, Fruit, Milk

Breakfast- Yogurt & Fruit
Parfaits or PopTarts, Fruit, Milk

Lunch- Stuffed Crust Pizza or Hamburger, French Fries, Green Beans, Fruit, Milk

#### **Thursday**

Breakfast- Grits & Sausage or Cereal, Fruit, Milk

Lunch- Spaghetti & Meat Sauce or Chef Salad, Green Beans, Texas Toast, Fruit, Milk

Breakfast- Grits & Sausage or Cereal, Fruit, Milk

Lunch- Chicken Spaghetti or Chef Salad, English Peas, Yam Patties, Rolls, Fruit, Milk

Breakfast- Grits & Sausage or Cereal, Fruit, Milk

Lunch- Sliced Turkey Roast or Chef Salad, Mashed Potatoes & Gravy, English Peas, Rolls, Fruit, Milk

Breakfast- Grits & Sausage or Cereal, Fruit, Milk

Lunch- Loaded Baked Potato or Chef Salad, Broccoli & Cheese, Whole Kernel Corn, Fruit, Milk

#### Friday

Breakfast- Chicken Biscuit or Cereal, Fruit, Milk

Lunch- Soft Beef Taco or Chicken Sandwich, Tater Tots, Whole Kernel Corn, Fruit, Milk

Breakfast- Chicken Biscuit or Cereal, Fruit, Milk

Lunch- Mexican Pizza or American Sub Sandwich, Tater Tots, Green Beans, Fruit, Milk

Breakfast- Chicken Biscuit or Cereal, Fruit, Milk

Lunch- Eggs, Hashbrowns, Sausage, Toast, Hot Cinnamon Apples, Fruit, Milk

Breakfast- Chicken Biscuit or Cereal, Fruit, Milk

Lunch- Chicken Dumplings or McRib Sandwich, English Peas, Steamed Carrots, Fruit, Milk



