MAY 2022

Student Breakfast – Free until 6/30/22 Adult Breakfast - \$2.30

Rappahannock County Elementary School

Monday

Sausage Biscuit
Bagel & String Cheese
Cereal & Grahams
Fresh Fruit
Juice & Milk

Sausage Biscuit
Egg & Cheese Burrito
Cereal & Grahams
Fresh Fruit
Juice & Milk

Sausage Biscuit
Bagel & String Cheese
Cereal & Grahams
Fresh Fruit
Juice & Milk

Sausage Biscuit
Egg & Cheese Burrito
Cereal & Grahams
Fresh Fruit
Juice & Milk

Summer Break!

Tuesday

French Toast Sticks

Muffin & String Cheese

Cereal Bar

Fresh Fruit

Juice & Milk

French Toast Sticks

Muffin & String Cheese

Cereal Bar

Fresh Fruit

Juice & Milk

MINIMA

French Toast Sticks

Muffin & String Cheese

Cereal Bar

Fresh Fruit

Juice & Milk

(Early Release – 12:00) **24**

Muffin & String Cheese Cereal & Grahams Fresh Fruit Juice & Milk Wednesday

Sausage Gravy & Biscuit4
Cinnamon Toast Crunch Bar
Fruit & Yogurt Parfait
Fresh Fruit
Juice & Milk

Sausage Gravy & Biscuit
Cinnamon Toast Crunch Bar
Fruit & Yogurt Parfait
Fresh Fruit
Juice & Milk

Sausage Gravy & Biscuit 8
Cinnamon Toast Crunch Bar
Fruit & Yogurt Parfait
Fresh Fruit
Juice & Milk

(Early Release – 12:00) 2

Muffin & Yogurt
Cereal & Grahams
Fresh Fruit
Juice & Milk

Thursday

Waffles Muffin & Yogurt Cereal Bar Fresh Fruit Juice & Milk

Pancakes Muffin & Yogurt Cereal Bar Fresh Fruit Juice & Milk

Waffles Muffin & Yogurt Cereal Bar Fresh Fruit Juice & Milk

(Early Release – 12:00) 26
(Last Day of School)
Cereal & Grahams
Fresh Fruit
Juice & Milk

Friday

Breakfast Pizza Glazed Doughnut Cereal & Grahams Fresh Fruit Juice & Milk

Breakfast Pizza Glazed Doughnut Cereal & Grahams Fresh Fruit Juice & Milk

Breakfast Pizza
Glazed Doughnut
Cereal & Grahams
Fresh Fruit
Juice & Milk

Teacher Work Day

30

Summer Break!





MAY 2022

Student Lunch – Free until 6/30/22 Adult Lunch - \$3.50

Rappahannock County Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Nuggets & Roll **PB&J Sandwich** Chef Salad, Baked Potato Carrots & Oven Fries Fresh Fruit & Milk

Corn Dog **PB&J Sandwich** Chef Salad, Baked Potato Fresh Fruit & Milk

JAIIINHA I

Chicken Patty PB&J Sandwich Chef Salad, Baked Potato Fresh Fruit & Milk

Cheeseburger **PB&J Sandwich** Chef Salad, Baked Potato Baked Beans & Mashed PotatoesGreen Beans & Sweet Potatoes Roasted Broccoli & Potato Wedges Sweet Peas & Tater Tots Fresh Fruit & Milk

Cheese Pizza **PB&J Sandwich** Chef Salad, Baked Potato Fresh Fruit & Milk

Chicken Tenders & Rolls PB&I Sandwich Chef Salad, Baked Potato Carrots & Oven Fries Fresh Fruit & Milk

Taco Tuesday PB&I Sandwich Chef Salad, Baked Potato Corn & Black Beans Fresh Fruit & Milk

Meatball Sub PB&I Sandwich Chef Salad, Baked Potato Green Beans & Potato Wedges Fresh Fruit & Milk

Pancakes & Sausage Patty **PB&J Sandwich** Chef Salad, Baked Potato Carrots & Hash Brown Fresh Fruizzt & Milk

French Bread Pizza PB&I Sandwich Chef Salad, Baked Potato Broccoli & Tater Tots Fresh Fruit & Milk

Chicken Nuggets & Roll 6 PB&I Sandwich Chef Salad, Baked Potato Carrots & Oven Fries Fresh Fruit & Milk

Soft Taco PB&J Sandwich Chef Salad, Baked Potato Corn & Black Beans Fresh Fruit & Milk

Quesadilla PB&I Sandwich Chef Salad, Baked Potato Green Beans & Potato Wedges Fresh Fruit & Milk

Personal Pizza PB&J Sandwich Chef Salad, Baked Potato Roasted Broccoli & Tater Tots Fresh Fruit & Milk

(Early Release –12:00)

(Last Day of School)

Carrots & Chips

Fresh Fruit, Cookies & Milk

Field Day Bagged Lunch-PB&J Sandwich Carrots & Chips Fresh Fruit, Cookies & Milk

Chicken Tenders & Roll PB&J Sandwich No Salads or Baked Potatoes Carrots & Oven Fries Fresh Fruit & Milk

(Early Release – 12:00) 24 Bagged Lunch-Turkey & Cheese Sandwich Carrots & Chips Fresh Fruit, Cookies & Milk

(Early Release - 12:00) Bagged Lunch-

Ham & Cheese Sandwich Carrots & Chips Fresh Fruit, Cookies & Milk

Bagged Lunch-**Teacher Work Day Grilled Cheese Sandwich**

Summer Break!

Summer Break!

This menu is subject to change due to availability.

For more information on which menu items may contain allergens, please contact the cafeteria manager. Apply for Free or Reduced meals at: www.lunchapplication.com.

Register and create an account for your child at www.K12PaymentCenter.com to add money and view their purchases. "This institution is an equal opportunity provider."