

# South Shore Educational Collaborative

75 Abington Street  
Hingham, MA 02043  
www.ssec.org



Phone: 781-201-4557  
Fax: 339-201-4750  
E-mail: [info@ssec.org](mailto:info@ssec.org)

## HEALTH SERVICES STANDING ORDERS

Student: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent/Guardian: Please check off any medications you would like your student to receive as needed at school. Sign form and return to the nursing office. Thank you, SSEC Nursing Department.

- ☐ Neosporin or bacitracin ointment to be used after cleansing wounds and abrasions.
- ☐ Caladryl lotion for relief of itching due to poison ivy, oak, sumac or insect bites.
- ☐ Hydrocortisone 1% for minor skin irritations.
- ☐ Zinc oxide diaper cream for skin irritation.
- ☐ Petroleum jelly for skin irritation
- ☐ Cough drops / throat lozenges as per package direction
- ☐ Benadryl 25 mg. Every 4-6 hours for allergic reaction; not to exceed 50 mg.
- ☐ Insect repellent with DEET (applied prior to outdoor activities where insects may be present).
- ☐ Ibuprofen 200 mg 1-2 tabs every 4-6 hours for headache, pain relief or fever
- ☐ Children's Ibuprofen oral suspension 100mg per 5 ml as directed for weight and age for headache, pain relief, fever
- ☐ Tylenol 325 mg 1-2 tabs every 4-6 hour for headache, pain relief or fever
- ☐ Children's Tylenol / Mapap liquid 160 mg per 5 ml as directed for weight and age for headache, pain relief or fever.
- ☐ Tums 1-2 tablets for indigestion
- ☐ Visine eye drops in the affected eye every 4-6 hours as needed for minor irritation.
- ☐ Instant Hand sanitizer with at least 60% alcohol when soap and water are not available per CDC & MDPH guidance.
- ☐ Sunscreen with 50 SPF (applied prior to beach trips and prolonged sun exposure).

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

SSEC School Physician  Date: July 1, 2022

The South Shore Educational Collaborative serves Braintree, Cohasset, Hingham, Hull, Marshfield, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth and Whitman Hanson R.S.D.