

## **OCTOBER 2024**

Hadley- Luzerne Jr-Sr High School

**Every STUDENT gets 1st meal for free!!!** 

Extras, snacks and drinks can be purchased by using cash, or off the student's accounts.

Linqconnect.com

## Monday **Tuesday** Wednesday **Thursday** Friday Soup N' Sandwich **Loaded Fries Corn Dogs** Dipper Day Offered Daily: Waffle Fries Grilled Cheese Corn Dog Cheese filled Breadsticks \*Peanut Butter & Jelly Powerpacks Buffalo Chicken or Cheese Sauce **Sweet Potato Fries Tomato Soup** Marinara Sauce \*Pizza Powerpacks **Goldfish Crackers** WW Dinner Rolls **Baked Beans** Roasted Cauliflower \*Wraps/Sandwiches Mixed Vegetables **Honey Roasted Carrots** Zesty Green Beans **Cherry Tomatoes** \*Salads Sliced Cucumbers **Baby Carrots Chicken Patty Walking Tacos Pizza Crunchers Chicken Club** Seasoned Ground Beef Chicken Patty Cheese and Sauce filled Grilled Chicken on Texas Toast ½ Day on WG Bun **Doritos** Pizza Crunchers Bacon, Lettuce, & Cheese To Go Lunch Tater Tots Lettuce, Tomato, Cheese **Roasted Carrots Sweet Potato Fries** Available Peas Sour Cream, Salsa WW Garlic Parmesan Rolls Broccoli Salad **Baby Carrots** Black Beans & Corn Cherry Tomatoes Nugs Cheeseburgers **Hot Turkey Sandwich** Pizza Day Chicken Nuggets Cheeseburgers on a WW Bun Oven Roasted Turkey Cheese, Pepperoni, NO **Sweet Potato Fries** Bacon, Lettuce, Tomatoes on Texas Toast w/ Gravy Assorted Pizza **SCHOOL** Melba Sauce Tater Tots Oven Baked Fries Mixed Vegetables Dinner Roll Side Salad **Baked Beans** Roasted Broccoli Sliced Cucumbers **Red Pepper Strips Baby Carrots** Chicken Tenders **Brunch for Lunch Chicken Parm** Stromboli **Fajitas** Chicken Tenders French Toast Sticks Breaded Chicken w/ Sauce Seasoned Chicken w/ Peppers & Homemade Cheese, Pepperoni, w/ Dipping Sauce Sausage Links Over Penne Onions on a WG Tortilla and Assorted Specialty Stromboli **Onion Rings Hash Browns Garlic Bread** Refried Beans with Sauce WW Dinner Roll **Honey Carrots Green Beans** Corn **Tossed Salad** Sliced Cucumbers **NYS Grape Juice Red Pepper Strips Cherry Tomatoes Mozzarella Sticks Chicken Wraps** Mac 'n' Cheese Dippin' Day Chicken, Bacon, and Ranch or Macaroni and Cheese Mozzarella Sticks Buffalo Chicken Dip Buffalo Chicken Marinara Sauce WW Dinner Roll WG Tortilla Chips on a WG Tortilla Steamed Corn Garlic Bread Roasted Broccoli Oven Baked Fries Peas **Red Pepper Strips** Carrots & Celery Sliced Cucumbers **Cherry Tomatoes** Apple Crisp Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2112 ext 3117, or email scheffco@hlcs.org.