

MENU

K-12 BREAKFAST

AUGUST

03		04	05	06	07
Cereal, Variety Graham Snacks Fruit Milk					Cereal, Variety Graham Snacks, Choc Fruit Milk
10	11	12	13	14	
Cereal, Variety Graham Snacks Fruit Milk	Breakfast Burrito Fruit Juice Fruit Milk	Mini French Toast Fruit Juice Fruit Milk	Breakfast Bar Graham Snacks Fruit Juice Fruit Milk	Mini Maple Pancakes Fruit Milk	
17	18	19	20	21	
Cereal, Variety Graham Snacks Fruit Milk	Cinn. Toast Crunch Bar Fruit Juice Fruit Milk	Pop Tart, Variety Graham Snacks Fruit Juice Fruit Milk	Muffin, Variety Fruit Juice Fruit Milk	Sausage & Biscuit Graham Snacks Fruit Milk	
24	25	26	27	28	
Cereal, Variety Graham Snacks Fruit Milk	Muffin, Variety Strawberry Gogurt Fruit Juice/ Fruit Graham Snacks Milk	Mini Maple Waffles Fruit Juice Fruit Milk	Breakfast Bar Graham Snacks Fruit Juice Fruit Milk	Egg & Cheese Sandwich Graham Snacks Fruit Milk	
31	00	00	00	00	00
Cereal, Variety Graham Snacks Fruit Milk					

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to change based
on availability.



MENU

AUGUST

Pre-K Breakfast

03		04	05	06	07
Cereal, Variety Fruit White Milk					Cereal, Variety Fruit White Milk
10	11	12	13	14	
Cereal, Variety Fruit White Milk	Egg & Cheese Sandwich Fruit White Milk	Animal Crackers Fruit White Milk	Cereal, Variety Fruit White Milk	Sausage & Biscuit Fruit White Milk	
17	18	19	20	21	
Cereal, Variety Fruit White Milk	Egg & Cheese Sandwich Fruit White Milk	Animal Crackers Fruit White Milk	Cereal, Variety Fruit White Milk	Sausage & Biscuit Fruit White Milk	
24	25	26	27	28	
Cereal, Variety Fruit White Milk	Egg & Cheese Sandwich Fruit White Milk	Animal Crackers Fruit White Milk	Cereal, Variety Fruit White Milk	Sausage & Biscuit Fruit White Milk	
31	00	00	00	00	00
Cereal, Variety Fruit White Milk					

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MENU

AUGUST

K-8 w Alternate

00	00	00	00	07
Fajita Chicken Wrap Rice Pilaf Lettuce Black Beans Fruit Milk Alternate: Pizza	Cheeseburger Baked Beans Sweet Potato Fries Lettuce & Tomato Fruit Milk Alternate: Grilled Ham & Cheese	Spaghetti w/ Meat Sauce Green Beans Sliced Carrots Salad w/ dressing Garlic Bread/ Fruit Milk Alternate: Hotdog	Cheesy Pizza French Fries Corn Fruit Salsa Milk Alternate: Crispito	Crispito Salad w/ Dressing Pinto Beans Salsa Fruit Milk Alternate: Grilled Cheese
10	11	12	13	14
Steak Nuggets Salad w/ dressing Whole Kernel Corn Dinner Roll Fruit Milk Alternate: Pizza	Cheesy Bread Salad w/ Dressing Green Beans Fruit Milk Alternate: Cheeseburger	Country Steak w/ Gravy Creamed Potatoes Lima Beans Salad w/ Dressing Dinner Roll/ Fruit Milk Alternate: Pizza Pocket	Pizza Crunchers Green Beans Roasted Potatoes Salsa/ Marinara cup Fruit Milk Alternate: Crispito	Hot Wings Roasted Potatoes Salad w/ Dressing Breadcrumb Fruit Milk Alternate: Grilled Cheese
17	18	19	20	21
Pizza Calzone English Peas Broccoli & Cheese Marinara Cup/Salsa Fruit Milk Alternate: Crispito	Pulled Pork BBQ Baked Beans Baked Potato w/ Toppings Dinner Roll Fruit Milk Alternate: Pizza Pocket	Salisbury Steak & Gravy Creamed Potatoes Sliced Carrots Dinner Roll Fruit/ Salsa Milk Alternate: Quesadilla	Pizza Crunchers Green Beans Roasted Potatoes Salsa/ Marinara cup Fruit Milk Alternate: Crispito	Beef Nachos Salad w/ Dressing Corn, Variety Carrot Sticks w/ Ranch Fruit Milk Alternate: Corn dog
24	25	26	27	28
Sweet & Sour Chicken Fried Rice Stir Fry Vegetables Salad w/ Dressing Fruit Milk Alternate: Corn dog	Sweet & Sour Chicken Fried Rice Stir Fry Vegetables Salad w/ Dressing Fruit Milk Alternate: Corn dog	Sliced Squash Green Beans Fruit Milk Alternate: Pizza	Chicken Sandwich Crinkle Cut Fries Salad w/ Dressing Broccoli & Cheese Carrot Sticks w/ Ranch Fruit Milk Alternate: Grilled Cheese	Chicken Sandwich Crinkle Cut Fries Salad w/ Dressing Broccoli & Cheese Carrot Sticks w/ Ranch Fruit Milk Alternate: Grilled Cheese
31	00	00	00	00



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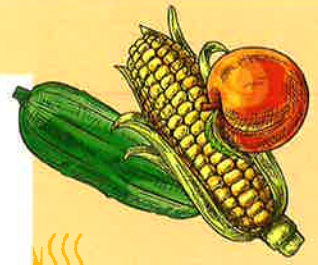
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MENU

AUGUST

9-12 Highschool Menu

00	00	00	00	07
Fajita Chicken Wrap Rice Pilaf Lettuce Black Beans Fruit Milk Alternate: Pizza	Cheeseburger Baked Beans Sweet Potato Fries Lettuce & Tomato Fruit Milk Alternate: Grilled Ham & Cheese	Spaghetti w/ Meat Sauce Green Beans Sliced Carrots Salad w/ dressing Garlic Bread/ Fruit Milk Alternate: Hotdog	Cheesy Pizza French Fries Corn Fruit/ Pudding Cup Salsa Milk Alternate: Crispito	Crispito Salad w/ Dressing Pinto Beans Salsa Fruit Milk Alternate: Grilled Cheese
10	11	12	13	14
Steady Chicken Nuggets Salad w/ dressing Whole Kernel Corn Dinner Roll Fruit Milk Alternate: Pizza	Cheesy Bread Salad w/ Dressing Green Beans Marinara Cup/ Pudding Cup Fruit Milk Alternate: Cheeseburger	Country Steak w/ Gravy Creamed Potatoes Lima Beans Salad w/ Dressing Dinner Roll/ Fruit Milk Alternate: Pizza Pocket	Pizza Crunchers Green Beans Roasted Potatoes Salsa Fruit Milk Alternate: Crispito	Hot Wings Roasted Potatoes Salad w/ Dressing Breadcrumb/ Animal Crackers Fruit Milk Alternate: Grilled Cheese
17	18	19	20	21
Pizza Calzone English Peas Broccoli & Cheese Marinara Cup/Salsa Fruit Milk Alternate: Crispito	Pulled Pork BBQ Baked Beans Baked Potato w/ Toppings Dinner Roll Fruit Milk Alternate: Pizza Pocket	Salisbury Steak & Gravy Creamed Potatoes Sliced Carrots Dinner Roll Fruit/ Salsa Milk Alternate: Quesadilla	Pizza Crunchers Green Beans Roasted Potatoes Salsa Fruit Milk Alternate: Crispito	Beef Nachos Salad w/ Dressing Corn, Variety Carrot Sticks w/ Ranch Fruit Milk Alternate: Corn dog
24	25	26	27	28
Sweet & Sour Chicken Fried Rice Stir Fry Vegetables Salad w/ Dressing Fruit Milk Alternate: Corn dog	Bites			Chicken Sandwich Crispy Cut Fries Salad w/ Dressing Broccoli & Cheese Fruit Milk Alternate: Grilled Cheese
31	00	00	00	00



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