

## 2021-22 JRA Freshman Academy & MCHS Lunch Menu -- Main Line

Apples & Oranges offered daily

Variety of Milk & Juice offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sloppy Joe</p> <p><u>served with veg &amp; fruit choice</u> Roasted Red Potatoes Garden Side Salad Slaw Applesauce</p>	<p>Crispito</p> <p><u>served with veg &amp; fruit choice</u> Broccoli, Cauliflower, &amp; Carrots Steamed Corn Refried Beans Salsa Pineapple</p>	<p>Baked Chicken Leg &amp; Gravy with Biscuit</p> <p><u>served with veg &amp; fruit choice</u> Mashed Potatoes Garden Side Salad Baked Apples</p>	<p>General Tso Chicken Rice Bowl Dinner Roll</p> <p><u>served with veg &amp; fruit choice</u> Broccoli &amp; Cheese Sauce Mixed Berries</p> <p>Cookie</p>	<p>Cheesy Breadsticks &amp; Marinaara</p> <p><u>served with veg &amp; fruit choice</u> Green Beans Fresh Baby Carrots Garden Side Salad Banana or Peaches</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Penne Alfredo Garlic Knot</p> <p><u>served with veg &amp; fruit choice</u> Glazed Carrots Garden Side Salad Mixed Berries</p>	<p>Tyson Chicken Nuggets</p> <p><u>served with veg &amp; fruit choice</u> Green Peas Lettuce, Tomato, Pickle Cup Pineapple</p> <p>Extra Choice: Mac &amp; Cheese</p>	<p>Soft Taco or Walking Taco</p> <p><u>served with veg &amp; fruit choice</u> Steamed Corn Refried Beans Salsa Applesauce</p>	<p>French Bread Pizza &amp; Marinara</p> <p><u>served with veg &amp; fruit choice</u> Green Beans Garden Side Salad Pears</p> <p>Cookie</p>	<p>Smokin' Jax Chicken Queso &amp; Chips</p> <p><u>served with veg &amp; fruit choice</u> Fresh Baby Carrots Mexican Rice Lettuce Cup Salsa Peaches or Banana</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Domino's Pizza</p> <p><u>served with veg &amp; fruit choice</u> Glazed Carrots Garden Side Salad Mixed Berries</p>	<p>Chicken Tenders &amp; Gravy Cornbread Poppers</p> <p><u>served with veg &amp; fruit choice</u> Mashed Potatoes Green Peas Pineapple</p>	<p>Pasta Bake Garlic Knot</p> <p><u>served with veg &amp; fruit choice</u> Green Beans Garden Side Salad Applesauce</p>	<p>Mandarin Chicken Rice Bowl Dinner Roll</p> <p><u>served with veg &amp; fruit choice</u> Broccoli &amp; Cheese Sauce Pinto Beans Pears Cookie</p>	<p>BBQ Chicken Flatbread Pizza</p> <p><u>served with veg &amp; fruit choice</u> Steamed Corn Fresh Baby Carrots Garden Side Salad Banana or Peaches</p>
		<p><b>CHILI MENU:</b> (Wednesday's Oct thru March)</p> <p>Chili Hot Dog Crackers</p> <p><u>served with veg &amp; fruit choice</u> Baked Potato Garden Side Salad Applesauce</p>		

**2021-22 JRA Freshman Academy & MCHS Lunch Menu -- Boxed Meals**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Salad Box:</b>	Ham & Cheese	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Shredded Cheese
<b>Club Sub Sandwich Box:</b>	Turkey, Ham & Cheese		Turkey, Ham & Cheese		Turkey, Ham & Cheese
<b>Sandwich:</b>	Dill Chicken	Hamburger	Regular Chicken	Hamburger	Dill Chicken
	OR	OR	OR	OR	OR
	Spicy Chicken	Cheeseburger	Spicy Chicken	Cheeseburger	Spicy Chicken
<b>Served Daily:</b>	<b>PBJ Box</b>	<b>PBJ Box</b>	<b>PBJ Box</b>	<b>PBJ Box</b>	<b>PBJ Box</b>
	<b>Yogurt Box</b>	<b>Yogurt Box</b>	<b>Yogurt Box</b>	<b>Yogurt Box</b>	<b>Yogurt Box</b>
	<b>Hummus Box</b>	<b>Hummus Box</b>	<b>Hummus Box</b>	<b>Hummus Box</b>	<b>Hummus Box</b>
Salads: All salad boxes served with crackers and ranch plus choice of fruit and 1/2 pint milk or juice					
Subs: All sub boxes served with lettuce, tomato, pickle and chips plus choice of fruit and 1/2 pint milk or juice					
Sandwiches: All sandwiches served with choice of pickle, lettuce & tomato plus choice of fruit and 1/2 pint milk or juice					
Daily Boxes: All PBJ, Yogurt and Hummus boxes served with mozz string cheese, baby carrots and chips plus choice of fruit and 1/2 pint milk or juice					