



SHIPPENSBURG AREA SCHOOL DISTRICT

317 N. Morris Street, Shippensburg PA 17257

717.530.2700 www.shipk12.org

Ms. Sarah Fanus
Director of Athletics

Dear Parent/Guardian,

If you are receiving this letter, it is because your son or daughter will be playing a sport this upcoming season/year. Over the past several years, the Athletic department has worked to make sure all student athletes have been given the baseline concussion test, or ImPACT Test every other year. ImPACT was developed by the University of Pittsburgh Medical Center to assess the baseline level of cognitive, memory, and reaction time abilities, as well as reassess the same abilities following a concussion to determine the severity of symptoms and determine if and when return to play is possible. This system is currently used by countless colleges and universities throughout the United States and abroad.

We are requiring that student athletes in the 7th, 9th, and 11th grades complete the baseline concussion test. In addition, any student athlete who has NOT previously completed the ImPACT test is required to do so before participation in sports no matter what grade they are going into. If you play multiple sports, you only need to take this test once during the school year. The easiest way for your son or daughter to complete this test is to do so at home. This allows your child to complete the test at his/her own pace without interruptions from other students. To ensure your child has the best experience during the test, please follow these guidelines:

- The test must be taken on a computer that has an external mouse.
- Test should be taken in a quiet room with minimal distractions.
- During the test, we ask that parents be available to help their child with the demographic and medical history questions. After these sections, please allow your child to complete the actual test without any help.
- There will be directions for how to complete all sections. Please have your child read all directions so they are aware of what is expected within each section.

To begin the Baseline Concussion Test, please follow these instructions:

- Type the following URL into the address bar of any Internet Browser on either a Mac or PC (We recommend using Google Chrome): <https://www.impacttestonline.com/testing>
- In the middle of the screen there is a blank text box labeled "Customer Code". Please enter the Shippensburg customer code: 7189499421. Click on Validate and then Launch Baseline Test.
- A new window will open in which the test will be taken (if it does not open, make sure pop-up windows are not blocked in your browser setting). Click on your preferred language.
- Answer the questions and follow the instructions as they appear. If you have not had a concussion before, you can skip/leave blank the concussion questions.

After your test, your screen will show a confirmation page. A report of your results will automatically be saved into the encrypted ImPACT database for your Athletic Trainer to refer to, if necessary.

If you do not have a computer with a mouse or access to the internet at home, the test can be administered at the school. Please contact the Athletic Office to schedule your test.

If you have any questions, concerns, or comments, please contact the Athletic Office 717-530-2700.

Thank you,

Shippensburg Area School District Athletic Department