

# MONDAY

# TUESDAY

# WEDNESDAY

# THURSDAY

# FRIDAY

# Sept

FEED YOUR  
CREATIVITY



## Announcements:

MENU SUBJECT TO  
CHANGE

CEREAL, MILK, FRUIT  
AND JUICE SERVED WITH  
BREAKFAST

FRUIT AND MILK SERVED  
WITH LUNCH

REMEMBER TO TAKE  
THREE ITEMS ONE OF  
THEM NEEDS TO BE A  
FRUIT OR VEGETABLE

HOLIDAY  
NO SCHOOL

CINNAMON ROLLS  
HAMBURGERS  
FRENCH FRIES  
BEANS  
LETT/TOM

MUFFINS  
CHICKEN BURGERS  
TATOR TOTS  
BEANS  
LETT/TOM

BISCUITS AND SAUSAGE  
PULLED PORK SANDWICH  
BAKED BEANS  
FRENCH FRIES

MUFFINS  
CORNDOGS  
BAKED BEANS  
CELERY  
TEDDY GRAHAMS

BREAKFAST TACOS  
PIZZA  
CARROTS  
BROCCOLI  
TEDDY GRAHAMS

BREAKFAST TACOS  
ENCHILADAS  
REFRIED BEANS  
CORN  
CHIPS/SALSA

BREAKFAST TACOS  
TAQUITOS  
REFRIED BEANS  
CORN  
CHIPS/SALSA

MUFFINS  
STEAK FINGERS  
MASHED POTATOES  
GREEN BEANS  
ROLLS

BREAKFAST TACOS  
CHICKEN NUGGETS  
MASHED POTATOES  
GREEN BEANS  
ROLLS

DONUTS  
POPCORN CHICKEN  
SALAD  
CUCUMBERS  
ROLLS

YOGURT  
BAKED POTATOE W/  
BBQ  
GREEN BEANS  
ROLLS

DONUTS  
CHICKEN NUGGETS  
MASHED POTATOES  
GREEN BEANS  
ROLLS

EGGS SAUSAGE BISCUITS  
SPAGHETTI  
SALAD  
BROCCOLI  
BREADSTICKS

EGGS SAUSAGE BISCUITS  
TACOS  
REFRIED BEANS  
LETT/TOM  
CHIPS/ SALSA

EGGS SAUSAGE BISCUITS  
RAVIOLI  
CORN  
FRESH VEGETABLE SALAD  
GARLIC BREAD

EGGS SAUSAGE BISCUITS  
PIZZA  
BROCCOLI  
CARROTS  
TEDDY GRAHAMS

EGGS SAUSAGE BISCUITS  
HOT DOGS  
BROCCOLI  
CARROTS  
CHIPS

FRENCH TOAST STICKS  
DELI COMBO SANDWICH  
FRESH SPINACH SALAD  
CARROTS  
CHIPS

CHERRY STRUDEL  
HAM AND CHEESE  
SANDWICH  
CARROTS  
BROCCOLI  
CHIPS

HONEYBUNS  
CHICKEN CAESAR WRAP  
SPINACH SALAD  
CELERY  
CHIPS

OATMEAL  
MEATBALLS & GRAVY W/  
RICE  
MIXED VEGETABLES  
FRESH SPINACH SALAD  
ROLLS



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
Nutrition Assistance Programs



Updated 1/1/2021  
www.SquareMeals.org

# FEED YOUR CREATIVITY September

WEEK OF: \_\_\_\_\_

ANNOUNCEMENTS:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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CREATIVITY

# September

## TODAY'S MENU:

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LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

1

2

3

6

7

8

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10

13

14

15

16

17

20

21

22

23

24

27

28

29

30

# Sept

ALIMENTA TU  
CREATIVIDAD



## Anuncios:



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ALIMENTA TU  
CREATIVIDAD

# Septiembre

SEMANA DE: \_\_\_\_\_

ANUNCIOS:

LUNES

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ALIMENTA TU  
CREATIVIDAD

# Septiembre

MENÚ DEL DÍA:

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