

Spring

NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

4/29-5/03

Monday Tuesday Wednesday Thursday Friday

The Main Menu

Pasta of the Day
& Pizza Oven

Green Wave Grill

The Sandwich Board

Garden Greens
& More

**All meals are served
with our Rainbow
Fruit & Veggie Tray
and choice of 1% white
milk, nonfat chocolate,
nonfat strawberry, or
skim milk!**



Waffle Bar
w/Assorted
Toppings

Sausage Patties

Baked Chicken
Nuggets w/Whole
Grain Dinner Roll

Roasted Zucchini
Squash

**Celebrate Cinco De
Mayo!
Build Your Own Frito
Burrito**
Fiesta Black Beans
Cheese + Sour Cream
Guacamole
Apple Churro



Pasta
w/Meatballs
+ Sauce



Bosco Sticks
w/Marinara Sauce



Pizzeria Style Pizza
(Plain or Pepperoni)

Pasta



or
Pizza

Spicy Chicken
Patty on Whole
Grain Bun



Hamburger or
Cheeseburger on
Whole Grain Bun

Oven Baked Potato
Wedges



Chicken Parm
Panini

BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana
Peppers, Onions, Olives



**Breakfast AND Lunch are FREE
for ALL Students in ALL
schools up until June 2024!**



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Turkey BLT Wrap
Chicken Caesar Salad

Spring

NEW MILFORD HIGH SCHOOL LUNCH MENU


MAY 2024

5/06-5/10




The Main Menu


Monday

Cheese Quesadilla
w/Salsa + Sour
Cream

Refried Beans

Tuesday

Sizzler


Wednesday

Wild Mike's
Pizza Bites

Caesar Salad

Thursday

Baked Chicken
Tenders
Garlic Breadstick
Roasted Local  Sweet Potatoes!

Friday



Mashed Potato
Bowl w/Whole
Grain Dinner
Roll

Pasta of the Day & Pizza Oven

Macaroni + Cheese
w/Whole Grain
Dinner Roll


or

Stuffed Crust Pizza

Smoothie w/Hot
Pretzel
 or 
Pizzeria Style Pizza
(Plain or Pepperoni)

Walking Taco


or

Garlic French Bread
Pizza


Bosco Sticks
w/Marinara Sauce

or

Buffalo Chicken
Pizza

Pasta
 or


Pizza

Green Wave Grill

Hamburger or
Cheeseburger
on Whole Grain
Bun

Grilled Chicken
Club



Spicy Chicken
Patty on Whole
Grain Bun

Rice Bowl


Bacon Cheddar
Burger on Whole
Grain Bun

Oven Baked Fries

The Sandwich Board

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana
Peppers, Onions, Olives


All meals are served with our Rainbow
Fruit & Veggie Tray and choice of 1%
white milk, nonfat chocolate, nonfat
strawberry, or skim milk!

Garden Greens & More



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Chicken Caesar Wrap
Southwest Salad



Spring

NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

5/13-5/17



The Main Menu

Monday

Asian Chicken
Brown Rice
Broccoli Florets

Tuesday

Mini Chicken
Sliders
Steamed
Edamame

Wednesday

Asian Dumplings
Stir Fry Vegetables
Egg Roll

Thursday

Early Dismissal!
Chicken Dipping
Sandwich on
Whole Grain Bun
Oven Baked Fries

Friday

Tacos w/ Seasoned
Beef, Lettuce, Tomato,
Shredded Cheddar,
Salsa + Sour Cream
Black Bean + Corn
Salad



Pasta of the Day & Pizza Oven

Pasta w/Meatballs
+ Sauce
or
Personal Pizza



Smoothie w/Hot
Pretzel
or
Pizzeria Style Pizza
(Plain or Pepperoni)

Walking Taco
or
Stuffed Crust
Pizza

Bosco Sticks
w/Marinara Sauce
or
Pizzeria Style Pizza
(Plain or Pepperoni)



Pasta
or
Pizza

Green Wave Grill

Grilled Cheese
w/Cup of
Soup



Hamburger or
Cheeseburger on
Whole Grain Bun
Oven Baked Sweet
Potato Fries



Spicy Chicken
Patty on Whole
Grain Bun



Egg, Sausage +
Cheese Croissant
Sandwich
Baked Potato Puffs

Rodeo Burger
Oven Baked
Fries



The Sandwich Board

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana
Peppers, Onions, Olives



All meals are served with our Rainbow
Fruit & Veggie Tray and choice of 1%
white milk, nonfat chocolate, nonfat
strawberry, or skim milk!

Garden Greens & More



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Kicken Chicken Wrap
Chicken Caesar Salad



Spring


NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

5/20-5/24



The Main Menu

Baked Mozzarella Sticks w/Marinara Sauce

Baby Spinach Salad

French Toast Sticks
Sausage Patties
Baked Oven Potatoes

Chicken Nachos


Mashed Potato Bowl w/Buttermilk Biscuit


Hot Dog Bar w/Oven Baked Fries


Strawberry Shortcake Popcorn




Pasta of the Day & Pizza Oven

Macaroni + Cheese w/Whole Grain Dinner Roll
or
French Bread Pizza

Smoothie w/Hot Pretzel
 or
Buffalo Chicken Pizza

Walking Taco
or 
Personal Pizza

Bosco Sticks w/Marinara Sauce
or
Pizzeria Style Pizza (Plain or Pepperoni)

Pasta
or

Pizza

Green Wave Grill

Ham + Cheese Panini



Warm Asian Wrap

Spicy Chicken Patty on Whole Grain Bun

Chicken Parm Panin


Flatbread Grilled Cheese

The Sandwich Board

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives


All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

Garden Greens & More



Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Chicken Caesar Wrap
Spinach + Strawberry Salad



Spring

NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

5/27-5/31



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

Pasta of the Day & Pizza Oven

Green Wave Grill

The Sandwich Board

Garden Greens & More



No School



Pizza
Crunchers

Caesar Salad

Smoothie w/Hot
Pretzel

or

Pizzeria Style Pizza
(Plain or Pepperoni)



Hamburger or
Cheeseburger on
Whole Grain Bun

Oven Baked Fries



Burrito Bowl



Walking Taco

or

Garlic French
Bread Pizza

Spicy Chicken
Patty on Whole
Grain Bun

Sizzler



Bosco Sticks
w/Marinara Sauce

or

Pizzeria Style Pizza
(Plain or Pepperoni)



Rice Bowl

Chicken Slider

Diced Carrots

Pasta

or

Pizza

Grilled Chicken
Club



BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana
Peppers, Onions, Olives



All meals are served with our Rainbow
Fruit & Veggie Tray and choice of 1%
white milk, nonfat chocolate, nonfat
strawberry, or skim milk!



Large or Small Chef Salad

Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Southwest Wrap

Chicken Caesar Salad

