

Spring

NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

4/29-5/03

Monday Tuesday Wednesday Thursday Friday



The Main Menu

Pasta of the Day & Pizza Oven

Green Wave Grill

The Sandwich Board

Garden Greens & More

All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

Waffle Bar w/Assorted Toppings  
Sausage Patties

Walking Taco

Spicy Chicken Patty on Whole Grain Bun

Baked Chicken Nuggets w/Whole Grain Dinner Roll  
Roasted Zucchini Squash

Bosco Sticks w/Marinara Sauce  
Pizzeria Style Pizza (Plain or Pepperoni)

Hamburger or Cheeseburger on Whole Grain Bun  
Oven Baked Potato Wedges

Celebrate Cinco De Mayo!  
Build Your Own Frito Burrito  
Fiesta Black Beans  
Cheese + Sour Cream  
Guacamole  
Apple Churro

Pasta  
Pizza

Chicken Parm Panini

BOARS HEAD  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Breakfast AND Lunch are FREE for ALL Students in ALL schools up until June 2024!

Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Turkey BLT Wrap  
Chicken Caesar Salad



# Spring

## NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

5/06-5/10



Monday


Tuesday


Wednesday


Thursday

Friday

### The Main Menu

Cheese Quesadilla w/Salsa + Sour Cream  
  
Refried Beans

Sizzler  




Wild Mike's Pizza Bites  
  
Caesar Salad


Baked Chicken Tenders  
Garlic Breadstick  
**Roasted Local Sweet Potatoes!** 

Mashed Potato Bowl w/Whole Grain Dinner Roll


### Pasta of the Day & Pizza Oven

Macaroni + Cheese w/Whole Grain Dinner Roll  
or  
Stuffed Crust Pizza

Smoothie w/Hot Pretzel  
 or   
Pizzeria Style Pizza (Plain or Pepperoni)

Walking Taco  
or  
Garlic French Bread Pizza  


Bosco Sticks w/Marinara Sauce  
or  
Buffalo Chicken Pizza


Pasta  
 or  
Pizza

### Green Wave Grill

Hamburger or Cheeseburger on Whole Grain Bun


Grilled Chicken Club  


Spicy Chicken Patty on Whole Grain Bun

Rice Bowl  


Bacon Cheddar Burger on Whole Grain Bun  
Oven Baked Fries

### The Sandwich Board

**BOARS HEAD**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives  


All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

### Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Chicken Caesar Wrap  
Southwest Salad

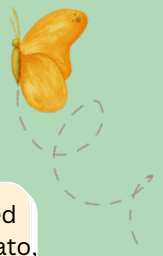


# Spring

## NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

5/13-5/17



Monday

Tuesday

Wednesday

Thursday

Friday

### The Main Menu

Asian Chicken  
Brown Rice  
Broccoli Florets

Mini Chicken Sliders  
Steamed Edamame

Asian Dumplings  
Stir Fry Vegetables  
Egg Roll

**Early Dismissal!**  
Chicken Dipping Sandwich on Whole Grain Bun  
Oven Baked Fries

Tacos w/ Seasoned Beef, Lettuce, Tomato, Shredded Cheddar, Salsa + Sour Cream  
Black Bean + Corn Salad

### Pasta of the Day & Pizza Oven

Pasta w/Meatballs + Sauce  
or  
Personal Pizza

Smoothie w/Hot Pretzel  
or  
Pizzeria Style Pizza (Plain or Pepperoni)

Walking Taco  
or  
Stuffed Crust Pizza

Bosco Sticks w/Marinara Sauce  
or  
Pizzeria Style Pizza (Plain or Pepperoni)

Pasta  
or  
Pizza

### Green Wave Grill

Grilled Cheese w/Cup of Soup

Hamburger or Cheeseburger on Whole Grain Bun  
Oven Baked Sweet Potato Fries

Spicy Chicken Patty on Whole Grain Bun

Egg, Sausage + Cheese Croissant Sandwich  
Baked Potato Puffs

Rodeo Burger  
Oven Baked Fries

### The Sandwich Board

**BOARS HEAD**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

### Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Kicken Chicken Wrap  
Chicken Caesar Salad

Spring

NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

5/20-5/24



Monday


Tuesday

Wednesday

Thursday

Friday



The Main Menu

Baked Mozzarella Sticks w/Marinara Sauce  
 Baby Spinach Salad

French Toast Sticks  
Sausage Patties  
Baked Oven Potatoes


Chicken Nachos  



Mashed Potato Bowl w/Buttermilk Biscuit

Hot Dog Bar w/Oven Baked Fries  
 Strawberry Shortcake Popcorn  



Pasta of the Day & Pizza Oven

Macaroni + Cheese w/Whole Grain Dinner Roll  
or  
French Bread Pizza

Smoothie w/Hot Pretzel  
 or  
Buffalo Chicken Pizza

Walking Taco  
or   
Personal Pizza

Bosco Sticks w/Marinara Sauce  
or  
Pizzeria Style Pizza (Plain or Pepperoni)

Pasta  
or   
Pizza

Green Wave Grill

Ham + Cheese Panini  



Warm Asian Wrap

Spicy Chicken Patty on Whole Grain Bun

Chicken Parm Panin  


Flatbread Grilled Cheese

The Sandwich Board

**BOARS HEAD**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives  


All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Chicken Caesar Wrap  
Spinach + Strawberry Salad



Spring

NEW MILFORD HIGH SCHOOL LUNCH MENU

MAY 2024

5/27-5/31



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

Pasta of the Day & Pizza Oven


Green Wave Grill

The Sandwich Board



Garden Greens & More




No School

Pizza  
Crunchers  
  
Caesar Salad

Smoothie w/Hot Pretzel  
or  
Pizzeria Style Pizza (Plain or Pepperoni)

 Hamburger or Cheeseburger on Whole Grain Bun  
Oven Baked Fries 

Burrito Bowl  


Walking Taco  
or  
Garlic French Bread Pizza

Spicy Chicken Patty on Whole Grain Bun

Sizzler  


Bosco Sticks w/Marinara Sauce  
or  
Pizzeria Style Pizza (Plain or Pepperoni)

 Rice Bowl


Chicken Slider  
Diced Carrots

Pasta  
or  
Pizza

Grilled Chicken Club  


**BOARS HEAD**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives 

All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!

 Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Southwest Wrap  
Chicken Caesar Salad

