

MARCH Breakfast Menu 2024

Health-e Pro 

MON

TUE

WED

THU

FRI

				1 Breakfast Bun Mixed Fruit Applesauce Milk
4 Brekkie Bar Dragon Punch Mixed Fruit Milk	5 Breakfast Cheese Bagel Pears Apple Juice Milk	6 2 Hour Late Start Cooks Choice Fruit Juice Milk	7 Long John Sausage Peaches Apple Juice Milk	8 Apple filled Donut Banana Fruit Punch Milk
11 NO SCHOOL Parent/Teacher Conference	12 Nutrigrain Bar Yogurt Blueberries Strawberries Milk	13 Sausage Gravy/Biscuit Sliced Peaches Applesauce Milk	14 Breakfast Sausage Pizza Pears Orange Juice Milk	15 Mini Waffles Strawberry Cup Grape Juice Milk
18 Apple Frudel Dragon Punch Mixed Fruit Milk	19 French Toast Applesauce Fresh Orange Milk	20 Ham/English Muffin Pineapple Fruit Punch Milk	21 Mini Pancake Wraps Apple Juice Strawberries Milk	22 Cereal Blueberries Banana Milk
25 Benefit Bar Dragon Punch Mixed Fruit Milk	26 Breakfast Pizza Pineapple Grape Juice Milk	27 Sausage/Cheese Biscuit Applesauce Fruit Punch Juice Milk	28 Apple filled Donut Banana Fruit Punch Milk	29 NO SCHOOL

ANNOUNCEMENTS

March 6th -2 Hour Late Start
March 11th-Parent Teacher
Conference

March 29-NO SCHOOL

Breakfast requirements

Students must select at least 3 food items
Fruit/Vegetable at least ½ cup- required
Grains OR Meat/Meat Alternate OR Milk + }
Students must select at least 3 food items

A food component is one of the required
food groups (fruit/vegetable, grains, meat/
meat alternate and milk). A food item is a
specific food offered. Some menu items
may be planned to count as two items. For
example, a large muffin may count as two
grain items. Another example, breakfast
pizza may count as a grain and a
meat/meat alternate.

MEAL PRICES

Students receive
Free Breakfast

This institution is an equal
opportunity provider.

MARCH Lunch Menus 2024

Health-e Pro 

MON

TUE

WED

THU

FRI

				1 K-6Mac & Cheese 7-12 Fish Nuggets Cole Slaw Garden Salad Apple Slices Pears Bread Milk
4 Cheeseburger/Bun Garden Salad French Fries, Peaches Watermelon Chips Milk	5 Sloppy Joe/Bun Garden Salad, Pickle Baked Beans Strawberries Apple Slices Milk	6 National Frozen Food Day! Seasoned chicken Wrap Shredded cheese Garden Salad Tomato Pineapple Frozen Mango Cup Milk	7 Chicken Alfredo Garden Salad Broccoli Dinner Roll Pears Mixed Fruit Milk	8 Pizza Cruncher Garden Salad Green Peppers Marinara Sauce Grapes Mandarin Oranges Milk
11 NO SCHOOL	12 PK-2 Popcorn Chicken 3-12-Sweet & Sour Chicken Rice Pilaf Garden Salad Stir Fry Vegetables Applesauce Mandarin Oranges Milk	13 Beef Taco/Cheese Garden Salad Tomato Refried Beans Grapes Pears Milk	14 National Potato Chip Day! BBQ Pulled Pork/Bun Garden Salad Baked Beans Coleslaw Watermelon, Peaches Potato Chips Milk	15 French Bread Pizza Garden Salad Marinara Sauce Corn Applesauce Pears Milk
18 WG Breaded Chicken Pattie/Bun Garden Salad Tomato Slice Baked Beans Peaches, Kiwi, Milk	19 Creamed Chicken/Biscuit Garden Salad Peas Apple Slices Pineapple Milk	20 PK-2-Hot Ham & Cheese/Bun 3-12-Italian Sub Garden Salad Fresh carrots Mandarin Oranges Strawberries Milk	21 Breaded Pork Chop Garden Salad Mashed Potatoes Mixed Vegetable Mixed Fruit Grapes Buttered Bread Milk Apple Dessert	22 Pizza Cruncher Garden Salad Green Beans Marinara Sauce Apple Pears Milk
25 PK-2-Chicken Fillet 3-12-Mandarin Orange Chicken Rice Pilaf Garden Salad Stir Fry Veggies, Cucumber Applesauce, Peaches Milk	26 Beef Nachos/Chips Refried Beans Garden Salad Salsa Mixed Fruit Apple Slices Milk	27 Corn Dogs Garden Salad Scallop Potatoes Baked Beans Frozen Mango Cup Pears Milk	28 Ham or Turkey/Sub Garden Salad Tomato Applesauce Peaches Milk Pumpkin Mousse	29 NO SCHOOL

ANNOUNCEMENTS

March 6th-2 hour Late Start
March 11th & 29th No School
Lunch Requirements Students
must select at least 3 food
items

Fruit/Vegetable Required
Grains
Meat/Meat Alternate
Milk

Students must select at least 3
food components

MENU SUBJECT TO CHANGE
This institution is an equal
opportunity provider.

MEAL INFORMATION & PRICES

School Lunches-Free
Served Daily
Grades 7-12-Offered:
Salad Bar
Chef Salad
Parfait

Cold Sandwich

All items include Fruit ,Vegetable,
Grain & Milk

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opportunity provider.