

Counselor's Corner

Miss Martin, Oro Grande Classical Academy

August 2022

Upcoming Events

Open House

Thursday,
August 4th

K - 5:30 p.m.

1-6 - 6 p.m.

Health Fair

August 6th

Aquatic Center

Students First Day

August 8th

Early Release is on

Thursdays at 1 p.m.

Reminders

The best way to contact me is via email:

Susan.Martin@lhusd.org

You can reach me by phone by calling the Oro Grande Office at 928-505-6080 and asking for extension 3616.

Welcome to the 2022-2023 School Year!

I hope your summer was restful and enjoyable. I am looking forward to starting this year off with lots of energy and a solution-focused approach.

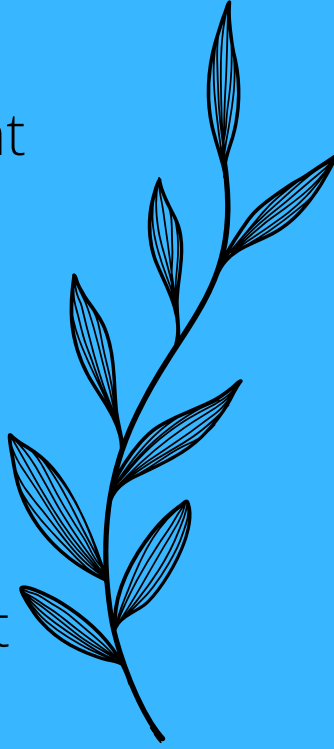
Please remember that I am a resource at OGCA for students and families. If you need assistance or have questions, don't hesitate to reach out to me. Students will meet me through lessons that I will provide in the classrooms. We will be learning the Toolbox Curriculum which includes tools to help us manage emotions and relate to others in a positive manner. With parent permission, students may see me individually or be part of a small group. I will also be available to students and parents to help make everyone's school experience a positive one.



Meet the School Counselor

All About Me

I am a 28 year resident of Lake Havasu City. I have taught different levels of students, worked at the local colleges and provided counseling in different settings. I was so excited when elementary counselors were added to the Lake Havasu schools. I enjoy learning from our students every day!



My Favorites

Subject: Math

Food: Dark Chocolate

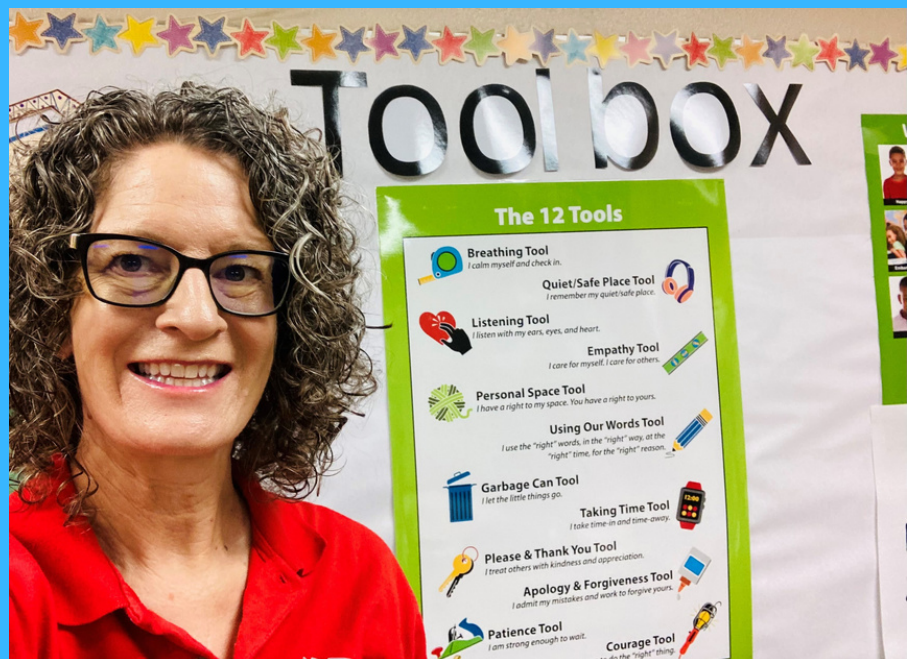
Drink: Water

Hobby: Crocheting

Place: The Beach

Contact me:

Susan.Martin@lhusd.org
928-505-6080. ext. 3616



The 12 Tools

Tools for Learning • Tools for Life



Breathing Tool

I calm myself and check in.

Quiet/Safe Place Tool

I remember my quiet/safe place.

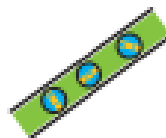


Listening Tool

I listen with my ears, eyes, and heart.

Empathy Tool

I care for myself. I care for others.



Personal Space Tool

I have a right to my space. You have a right to yours.

Using Our Words Tool

I use the "right" words, in the "right" way, at the "right" time, for the "right" reason.



Garbage Can Tool

I let the little things go.

Taking Time Tool

I take time-in and time-away.



Please & Thank You Tool

I treat others with kindness and appreciation.

Apology & Forgiveness Tool

I admit my mistakes and work to forgive yours.



Patience Tool

I am strong enough to wait.

Courage Tool

I have the courage to do the "right" thing.



TOOLBOX PROJECT™

TOOLS FOR LEARNING • TOOLS FOR LIFE

