

# Coffee Co. School Wellness Policy Year End Assessment

## School: Westside Elementary SY: 2023-2024

Date Reviewed: 5/30/24 SFA Reviewer Sign Off: \_\_\_\_\_

<b>Nutrition Education Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Notes:</b>
1. School will educate all students about healthy eating habits.	Completed	Nutrition education was included in the Health curriculum by the PE teacher and integrated into other instruction by classroom teachers.
2. Nutrition education will include developmentally appropriate, culturally relevant, and participatory activities.	Completed	Students participated in field trips, cooking demonstrations or lessons, and kitchen tours. Students attended field trips to the Georgia Agirama Center in Tifton, GA, General Coffee State Park in Douglas, GA, and Pre-K/Kdg Ag Day sponsored by the FFA program. Imagine Me! girls attended cooking lessons at Saving Grace Ministries church.
<b>Nutrition Promotion Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Notes:</b>
1. School will incorporate local and/or regional products into the school meal program.	Completed	Student meals featured locally and regionally grown Georgia Products: blueberries, satsumas, and other items.
2. School will host field trips to an agricultural center.	Completed	Students attended field trips to the Georgia Agirama Center in Tifton, GA, General Coffee State Park in Douglas, GA and Pre-K/Kdg Ag Day sponsored by the FFA program.
<b>Physical Activity Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Notes:</b>
1. School will offer at least 15 minutes of recess on all or most days during the year.	Completed	Teacher daily schedules included a minimum of 15 minutes for recess every day. In cases of inclement weather, indoor recess was provided.
2. School will provide physical education for all students in grades K-5 at least 90 minutes per week throughout the school year.	Completed	Teacher daily schedules included 45 minutes of physical education daily.

<b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Notes:</b>
1. School will promote and plan field day activities for students in grades K-5.	Completed	Students in grades K-5 participated in field day activities planned by the PE department.
2. School will promote Jump Rope for Heart fundraiser.	Completed	PE department collected money for Jump Rope for Heart fundraiser and allowed time for students to jump during the school day.

<b>KEY</b>	
<b>Completed</b>	select if you have met this goal at all schools
<b>Partially Completed</b>	select if one or more schools has met this goal
<b>In Progress</b>	select if you are working on the goal, but none of the schools have met the goal
<b>Not Completed</b>	select if you have not begun working on this goal