



Freer ISD Health Services  
905 S. Norton, Freer, TX 78357  
361-394-6025, Ext 2132

April 11, 2025

Dear Parent/Guardian,

Our school has partnered with **Youth Equipped to Succeed** (YES) to provide information on relationships and sexual health. Through these programs, students are provided research-based information on how to achieve optimal health and are encouraged to focus on their dreams and goals. Please join us for the **Parent Presentation** to preview what the students will see and receive tools and strategies for communication with your child.

**Parent Program**

**Location: Freer High School**

**Date: April 30th**

**Time: 5 pm**

**The student program will be presented on: May 2nd**

**Youth Equipped to Succeed** believes strongly in connecting students to positive messages and healthy relationships that will help them navigate cultural pressures. Through their programming, students of all ages, backgrounds and circumstances are equipped with the knowledge, attitudes and skills they need in order to achieve more healthy and successful futures.

***Youth Equipped to Succeed mission:***

*Growing value and vision in youth by combating isolation and imparting hope*

Our students will be participating in **Aim for Success** which focuses on the health benefits of waiting for sexual activity. Topics included are teen pregnancy, sexually transmitted diseases, and emotional hurts. Students in 6<sup>th</sup>-12<sup>th</sup> grade also receive information on contraception and establishing their own boundaries.

To view an outline of the program content, please visit the **Youth Equipped to Succeed** website at:  
<https://justsayyes.org/program-outlines/>

---