Amite County High School

December 2022 Breakfast Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | Dec - 1  Sausage and Biscuit  Assorted Jellies  OR  Cereal  Fruit Juice  Fruit  Milk | Dec - 2  Pancakes / syrup  OR  Cereal  Cereal bar  Fruit Juice  Fruit  Milk |
| Dec - 5  Bagel w/ Sausage & Gravy  OR  Cereal  Cereal bar  Fruit Juice  Fruit  Milk | Dec - 6  Sausage and Biscuit  Assorted Jellies  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fruit  Milk | Dec - 7  Breakfast Bread  OR  Cereal  Crackers, fish shape  Yogurt  Fruit Juice  Fruit  Milk | Dec - 8  Sausage and Biscuit  Assorted Jellies  OR  Cereals  Strawberry Yogurt Mix  Fruit Juice  Fruit  Milk | Dec - 9  Apple Frudel  OR  Cereals  Cereal bar  Fruit Juice  Fruit  Milk |
| Dec - 12  Breakfast pastry  OR  Cereal  Cereal bar  Fruit Juice  Fruit  Milk | Dec - 13  Sausage and Biscuit  Assorted Jellies  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fruit  Milk | Dec - 14  Breakfast Bread  OR  Cereal  Crackers, fish shape  Yogurt  Fruit Juice  Fruit  Milk | Dec - 15  Sausage and Biscuit  Assorted Jellies  OR  Cereal  Strawberry Yogurt Mix  Fruit Juice  Fruit  Milk | Dec - 16  Cinnamon Rolls  OR  Cereal  Cereal bar  Fruit Juice  Fruit  Milk |

For Breakfast we will offer a serving of Grain, Fruit, Fruit Juice, Milk, and meat/meat alternative. Each participating student may pick up all items offered, they must pick up Fruit or Fruit Juice and 2 other items.

\*Milk served daily: fat-free chocolate and low-fat white milk\*

\*\*Menu subject to change due to unforeseen circumstances\*\*

\*\*\*This institution is an Equal Opportunity Provider \*\*\*

