Amite County High School

 December 2022 Breakfast Menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | Dec - 1Sausage and BiscuitAssorted JelliesORCerealFruit JuiceFruitMilk | Dec - 2Pancakes / syrupORCerealCereal barFruit JuiceFruitMilk |
| Dec - 5Bagel w/ Sausage & GravyORCerealCereal barFruit JuiceFruitMilk | Dec - 6Sausage and BiscuitAssorted JelliesORCerealBlueberry Cookie BitesFruit JuiceFruitMilk | Dec - 7Breakfast BreadORCerealCrackers, fish shapeYogurtFruit JuiceFruitMilk | Dec - 8Sausage and BiscuitAssorted JelliesORCerealsStrawberry Yogurt MixFruit JuiceFruitMilk | Dec - 9Apple FrudelORCerealsCereal barFruit JuiceFruitMilk |
| Dec - 12Breakfast pastryORCerealCereal barFruit JuiceFruitMilk | Dec - 13Sausage and BiscuitAssorted JelliesORCerealBlueberry Cookie BitesFruit JuiceFruitMilk | Dec - 14Breakfast BreadORCerealCrackers, fish shapeYogurtFruit JuiceFruitMilk | Dec - 15Sausage and BiscuitAssorted JelliesORCerealStrawberry Yogurt MixFruit JuiceFruitMilk | Dec - 16Cinnamon RollsORCerealCereal barFruit JuiceFruitMilk |

For Breakfast we will offer a serving of Grain, Fruit, Fruit Juice, Milk, and meat/meat alternative. Each participating student may pick up all items offered, they must pick up Fruit or Fruit Juice and 2 other items.

\*Milk served daily: fat-free chocolate and low-fat white milk\*

\*\*Menu subject to change due to unforeseen circumstances\*\*

\*\*\*This institution is an Equal Opportunity Provider \*\*\*

