



Menu Name : Cornerstone Elementary PreK-8 Breakfast Menu					
Grade Level / Age Group : K-8 Grades		Meal Pattern : NSLP		Meal : Breakfast	
MARCH - 2025					
Celebrate National School Breakfast Week –MARCH 3–7!					
Don't miss out! Try school breakfast!					
Monday, March 3, 2025		Tuesday, March 4, 2025		Friday, March 7, 2025	
Hot Meals	Rice Chex Cereal Bowl (1 Item)	Granola Bites w/ Yogurt (2 Items)	Cheerios Cereal Bowl (1 Item)	STAFF Professional Development Days NO SCHOOL for CHILDREN	
	Cheese Stick (1 Item)		Hard Boiled Egg (1 Item)		
	100% 4.23 oz Fruit Juice (1 item)	Applesauce (1 item)	100% 4.23 oz Fruit Juice (1 item)		
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>					
Monday, March 10, 2025		Tuesday, March 11, 2025		Friday, March 14, 2025	
Hot Meals	Rice Chex Cereal Bowl (1 Item)	Granola Bites w/ Yogurt (2 Items)	Multigrain Cheerios Cereal Bowl (1 Item)	Sliced Bagel w/Cream Cheese (2 Items)	Granola Bites w/ Yogurt (2 Items)
	Cheese Stick (1 Item)		Hard Boiled Egg (1 Item)		
	100% 4.23 oz Fruit Juice (1 item)	Applesauce (1 item)	100% 4.23 oz Fruit Juice (1 item)	Banana (1 item)	100% 4.23 oz Fruit Juice (1 item)
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>					
Monday, March 17, 2025		Tuesday, March 18, 2025		Friday, March 21, 2025	
Hot Meals	Rice Chex Cereal Bowl (1 Item)	Granola Bites w/ Yogurt (2 Items)	Cheerios Cereal Bowl (1 Item)	Sliced Bagel w/Cream Cheese (2 Items)	Granola Bites w/ Yogurt (2 Items)
	Cheese Stick (1 Item)		Hard Boiled Egg (1 Item)		
	100% 4.23 oz Fruit Juice (1 item)	Applesauce (1 item)	100% 4.23 oz Fruit Juice (1 item)	Banana (1 item)	100% 4.23 oz Fruit Juice (1 item)
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>					
Monday, March 24, 2025		Tuesday, March 25, 2025		Friday, March 28, 2025	
Hot Meals	Rice Chex Cereal Bowl (1 Item)	Granola Bites w/ Yogurt (2 Items)	Multigrain Cheerios Cereal Bowl (1 Item)	Parent/Teacher Conferences NO SCHOOL for CHILDREN	
	Cheese Stick (1 Item)		Hard Boiled Egg (1 Item)		
	100% 4.23 oz Fruit Juice (1 item)	Applesauce (1 item)	100% 4.23 oz Fruit Juice (1 item)		
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>					
Monday, March 31, 2025		Nutritional Standards for Our Meals			
Hot Meals	SPRING BREAK Begins NO SCHOOL	We get a lot of questions about the nutritional quality of our meals. Schools like ours that participate in federal meal programs are required to meet specific nutritional standards at both breakfast and lunch.			
		Our menus must:			
		<ul style="list-style-type: none"> • Provide a variety of fruits & veggies each week to provide varied nutrients. • Serve bread, pastas, rice, pizza dough, wraps, etc., comprised of at least 51% healthy whole grains. • Provide 1% or fat-free milk. • Stay below calorie, sodium and saturated fat limits. • Eliminate all trans fats. 			
<i>We welcome your feedback and ideas for our menus!</i>					

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.