

# March

## ELEMENTARY MENU

Spring Is On Its Way!



### SPRING INTO ACTION WITH EXERCISE!

Exercise is not only fun, it is also good for your body, mind, and overall well-being. Kids who exercise on a regular basis often do better in school, sleep more soundly, and are stronger. Exercise also relieves stress and helps promote good behavior.

### RISE and SHINE!

Start the day off right with a healthy breakfast!  
**National School Breakfast week is March 6-10, so come join us!**

Milk and an Uncrustable Grab N' Go will be offered with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
February 27 Lasagna with Breadstick or Choice of Pizza Seasoned Vegetables Garden Salad Fruit Cup	February 28 Tacos or Crisпитos Pinto Beans Spanish Rice Homemade Salsa Lettuce & Tomato Oranges Smiles	1 Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Seasoned Green Beans Cinnamon Apple Sauce	2 Stuffed Baked Potatoes or Hot Dog Choice of Chips Carrot Dippers Steamed Broccoli Frozen Fruit Treat	3 Cheese Burger or BBQ Sub Basket with Fries Lettuce, Pickles, & Tomatoes Fresh Baked Cookie Fresh Fruit
6 Chicken Alfredo with Garlic Bread or Choice of Pizza Glazed Carrots Seasoned Vegetables Fruit Dessert	7 Totchos or Crisпитos Pinto Beans Garden Fresh Salad Spanish Rice Homemade Salsa Fruit Cup	8 Meatloaf or Chicken Strips w/ Hot Roll Mashed Potatoes Seasoned Green Beans Berries & Cream	9 Asian Bowl with Fried Rice or Popcorn Chicken Steamed Broccoli Oriental Blend Vegetables Fruit Salad	10 Chicken Sandwich or Cheese Burger Basket with Fries Lettuce, Pickles, & Tomatoes Fresh Baked Cookie Fresh Fruit
13 Spaghetti with Meat Sauce & Garlic Toast or Choice of Pizza Steamed Baby Carrots Garden Fresh Salad Fruit Cup	14 Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa Fresh Apples	15 Country Bowl or Country Bucket Hot Roll Steamed Broccoli Fruit Cup	16 Corn Dog or Crispy Chicken Wrap with Chips Cucumber Nachos Seasoned Corn Frozen Fruit Treat	17 Chicken Sandwich or BBQ Sub Basket with Fries Lettuce & Tomatoes Fresh Baked Cookie Fresh Fruit



# SPRING BREAK IS HERE!

27 Chicken Spaghetti with Breadsticks or Choice of Pizza Seasoned Vegetables Fresh Salad Strawberries and Cream	28 Tacos or Crisпитos Lettuce & Tomatoes Pinto Beans Spanish Rice Homemade Salsa Pineapple	29 Boneless Wings or Steak Fingers Hot Roll Mashed Potatoes Seasoned Green Beans Colorful Pears	30 Hot Dog with Chips or Beefy Cheesy Mac with Texas Toast Seasoned Corn Carrot Dippers Fruit Cup	31 Cheese Burger or Chicken Sandwich Basket with Fries Lettuce, Pickles, & Tomatoes Fresh Baked Cookie Fresh Fruit
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## Breakfast

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week of 2/27 & 3/13 & 3/27	Waffles	Breakfast Pizza	Bacon & Eggs w/ Toast	Breakfast Taco	Ham & Cheese Croissant
Week of 3/6 & 3/20	Breakfast Sweet Roll	Pancake Wrap	Eggs & Sausage w/ Toast	Muffins w/ Yogurt	Biscuits & Gravy