

Furlow Charter School Wellness Committee
Minutes
February 25, 2026
4:00 PM

The Wellness committee met on Wednesday February 25, 2026.

Attendees: Rasheena Henry, Stephanie Duff, Jamal White, and Roxanne Gatian.

Last meeting Follow- up:

Ideas to educate and Create Pallet

1. Morning announcements- Vitamins and Veggie Slogans
2. Different food options- Smoothies, Omelets, boiled eggs, avocado, and Nachos
3. I-board- adding different vegetable and fruit videos or songs on the Iboard during lunch.
4. Food in a different language
5. Smoothie Day

Notes:

Incorporating more fresh proteins to the menu

Action Steps:

1. Make announcements of the Lunch Menu and Breakfast Menu every morning
2. Poster/ Cartoon for educating parents on encouraging healthy food habits in kids for Falcon Update.

Next Meeting Agenda

1. Egg Day
2. Community fair/ Maybe a walk
3. Comic book/graphic novels